



KOKOMO SCHOOL CORPORATION  
Creating a Better World Through Education

***NO COST to eligible health plan participants.***

# Heart Scans and Vascular Screenings

## HEART SCANS

A brief CT scan measures the amount of calcium in the lining of the coronary arteries. Larger amounts of calcium signal a greater presence of plaque overall, which can help predict the likelihood of a cardiovascular event such as a heart attack.

If you are a **male 40 years or older** or a **female 50 years or older** and have high blood pressure, are diabetic, obese, have high or borderline cholesterol, are a smoker, and/or have a family history of heart disease, then you may be a qualified candidate for a heart scan at **no cost**.

We do NOT recommend a heart scan if you have known heart disease, heart stents, are under the care of a cardiologist or do not meet the age requirements.

You will receive a copy of the initial report at the time of your scan. A physician will interpret your scan and the final report will be placed in your medical record, also available through MyChart. (To sign up for MyChart, go to [eCommunity.com/MyChart](https://eCommunity.com/MyChart) and click the MyChart How to Guide button.)

Your primary care physician will be able to see the report if they are part of Community Health Network. If you have questions after your scan, please contact your primary care physician for assistance.

## HEART SCAN LOCATIONS

Community Howard Imaging Center,  
Kokomo

Community Heart and Vascular Hospital  
Community Hospitals Anderson,  
East and South

Community Imaging Center County Line  
Community Imaging Center East  
Community Imaging Center Noblesville

To schedule go to [eCommunity.com/heartscan](https://eCommunity.com/heartscan) or call **317.355.4680** or toll-free 877.298.8177

Provide your health plan group number (**W12844**) and indicate you are a Kokomo School Corp. health plan member when scheduling and at appointment.

*Health plan members who participated in 2023 are eligible for any scan or screening that was not completed.*

***Get Started Today!*** Heart scan and vascular screening appointments are available at your convenience: **March 1, 2024 through May 31, 2024.**

# VASCULAR SCREENINGS

To help you get a more comprehensive view of your overall heart health, three (3) additional types of cardiovascular screenings are available for eligible participants at **no cost**.

Vascular screening is suggested for **adults over age 45** with other risk factors for vascular disease, including diabetes, smoking, hypertension, abnormal cholesterol profiles, and/or family history.

- **ABI Screening** is a quick, painless and accurate test that will provide early detection of symptoms of peripheral arterial disease (PAD). It compares the blood pressure in your ankle with the blood pressure in your arm, which produces an ankle brachial index (ABI).
- **Carotid Screening** is an ultrasound of the carotid arteries on both sides of the neck. It checks for plaque build-up (narrowing) in the arteries, which could eventually lead to a stroke.
- **Abdominal Aortic Aneurysm (AAA) Screening** is an ultrasound images of the aorta in the abdomen. It checks for weakened and bulging areas in the lower part of the aorta, the major blood vessel that supplies blood to the body.

## LOCATIONS

Community Howard Imaging Center, Kokomo  
Community Heart and Vascular Hospital  
Community Hospital Anderson  
Community Hospital East  
Community Hospital South

To schedule at Kokomo/Howard, please call **765.776.8000**.

To schedule a vascular screening at all locations except Howard/Kokomo, please call **317.355.7215**

Provide your health plan group number (**W12844**) and indicate you are a Kokomo School Corp. health plan member when scheduling and at appointment.

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