

Free Outpatient Diabetes Education 2024

This course is helpful if you are newly diagnosed or want a refresher on what to do if you are diabetic. Learn how to manage your diabetes through medication, exercise, nutrition and monitoring.

Free In-person & Online Diabetes Education and Support is here for you!

Our online courses, will allow you to see the instructor, ask questions, and see presentation.

You can join from a smart phone(no visual capability), tablet and/or computer device

The Community IT will assist with any technical questions you may have regarding the connection at

317-355-2273

IN-PERSON

Community Hospital East 1500 North Ritter PRIIDE Conference Center

January 16 and 18	1-3:30pm
February 13 and 15	1-3:30pm
March 12 and 14	1-3:30pm
April 9 and 11	1-3:30pm
May 7	12:30-4:30pm
June 25	12:30-4:30pm
July 25	12:30-4:30pm
August 27	12:30-4:30pm
September 10 and 12	1-3:30pm
October 8 and 10	1-3:30pm
December 5	12:30-4:30pm

Community Heart and Vascular Hospital 8075 North Shadeland Avenue Basement Conference Room A & B

January 23 and 25	1-3:30pm
February 20 and 22	5:30-8pm
March 19 and 21	1-3:30pm
April 16 and 18	1-3:30pm
May 14 and 16	5:30-8pm
June 18 and 20	5:30-8pm
September 17 and 19	1-3:30pm
October 15 and 17	1-3:30pm

Community Hospital South 1402 East County Line Education Center

May 9	12:30-4:30pm
November 7	12:30-4:30pm

Interested in our South location give us a call for more in-person options
Exact room locations may be adjusted to accommodate class needs.

VIRTUAL

JANUARY

Tuesdays in January	11:00am-12:00pm
9, 16, 23, 30	

FEBRUARY

Tuesdays in February	11:00am-12:00pm
6, 13, 20, 27	

MARCH

Tuesdays in March	5:00pm-6:00pm
5, 12, 19, 26	

APRIL

Tuesdays in April	11:00am-12:00pm
9,16,23,30	

MAY

Tuesdays in May	11:00-12:00pm
7, 14, 21, 28	

JUNE

Tuesdays in June	11:00am-12:00pm
4, 11, 18, 25	

JULY

Tuesdays in July	11:00am-12:00pm
9, 16, 23, 30	

AUGUST

Tuesdays in August	11:00-12:00pm
6, 13, 20, 27	

SEPTEMBER

Tuesdays in Sept.	5:00pm-6:00pm
3, 10, 17, 24	

OCTOBER

Tuesdays in October8,	11:00am-12:00pm
15, 22, 29	

NOVEMBER

Tuesdays in November	11:00am-12:00pm
5, 12, 19, 26	

DECEMBER

Tuesdays in December	5:30-7:30pm
December 10 and 17	

Contact us to sign up!

Call: **317-626-2452** or **765-776-8888**
Email: diabetesclass@ecommunity.com