

# **Young Adult Social and Support Group**

No matter what life throws at you, everything is made easier with support from others who can truly relate to what you're going through. That's why young adult cancer patients are finding a strong sense of belonging through Community Health Network's Young Adult Social and Support group (YASS). Whether virtually or in-person, the YASS group is there through the highs and lows, the good and the bad. Join members monthly and be surrounded by love, support, and friendship to help you along your journey.

## WHO:

Young adults (ages 20-39) who have been diagnosed with cancer, and their caregivers

## **WHAT:**

Monthly Support Meetings, Yoga, Social Events, and more

## WHEN:

Every third Tuesday of the month, 6:00 pm

#### **WHERE:**

Anywhere with a secure Internet connection

**More Information:** Email Community Health Network Oncology Genetic Counselor Cara Yobbi, MS, CGC, LGC at cyobbi@ecommunity.com

Whether for yourself or a loved one, nobody should have to fight cancer alone.

