



Community Benefit Report

IRS 990 Schedule H Supplemental Information

Fiscal Year 2019

**Part V, Section C Supplemental Information for Part V, Section B
Lines 5, 6a, 6b of Part V, Section B**

Line 6a.

In 2018, Community Health Network (CHNw) conducted a Community Health Needs Assessment (CHNA). The CHNA was conducted with more than one hospital. It included Community Hospital South, Community Hospital East, Community Hospital North, Community Hospital Anderson, and Community Howard Regional Health.

Line 5 and 6b.

The hospitals took into account input from persons who represent the broader needs of the community served by the hospital facility, including those with special knowledge of or expertise in public health. The CHNA also included organizations other than hospitals.

The four major hospital systems (Ascension/St. Vincent's, Indiana University Health, Franciscan Health, and CHNw), referred to as the Indianapolis Hospital Collaborative, jointly contracted with the University of Evansville and the Indiana University Center for Survey Research (CSR) to design and conduct a broad community survey in 2018.

CHNw worked with The Polis Center (Polis) at Indiana University/Purdue University Indianapolis (IUPUI). Polis builds capacity, creates actionable information, and develops knowledge platforms and place-based solutions that lead to healthier and more resilient communities. Polis CHNA contributors included: Karen Comer, Co-PI, MLA, Director of Collaborative Research and Health Geoinformatics; Jay Colbert, MS, Senior Research Analyst; Kelly Davila, MS, Senior Research Analyst; Stephanie Anair, BS, Research Assistant and John White, BS, Research Assistant

CHNw worked with Indiana University Fairbanks School of Public Health (FSPH). FSPH focuses on research and service in public health and health care systems and conducts high quality program evaluation and applied research on methods for understanding and addressing community health issues. FSPH CHNA contributors included Valerie Yeager, Co-PI, DrPH, Associate Professor, Department of Health Policy and Management, Cynthia Stone, DrPH, RN, Professor, Department of Health Policy and Management, Katy Hilts, MPH, Program Coordinator, IU Center for Health Policy.

The CHNA includes data from SAVI. A program of Polis at IUPUI, SAVI is one of the nation's first and largest community information systems. SAVI empowers nonprofits, governments, and citizens with the community information they need by bringing together numerous data sources to power SAVI tools and research. Communities use this information to plan, secure, and target resources as well as to advocate on the behalf of vulnerable populations.

An online survey of CHNw health providers was conducted in April 2018 to collect CHNw provider perceptions about what populations were at greatest social/health care disadvantage and which community circumstances affecting population health were most urgent. Any clinician that interacts with patients was invited to participate in the provider survey. The survey was designed by Polis and the Fairbanks School of Public Health (FSPH) in partnership with CHNw and implemented using Qualtrics, an online survey service.

Focus groups with community stakeholder organizations were held in all the regions: South region, East region, North region, Anderson region and Howard region. A variety of organizations were included such

as school systems, social service entities, healthcare organizations, state and local governmental departments, law enforcement, churches, public health groups, local businesses, and local economic and health improvement groups.

A focus group with community stakeholder organizations from the South region (Community Hospital South) was conducted by FSPH on April 25, 2018. The following community stakeholder organizations participated:

- Greenwood School Corporation
- City of Greenwood
- Perry Seniors
- Forum Credit Union
- Social of Greenwood
- Greenwood Fire Department (EMS)
- South Indy Quality of Life Plan
- Indianapolis Emergency Medical Services
- SEALS Ambulance Service
- Baxter YMCA
- Meals on Wheels
- Greater Southside Business and Community Alliance
- Perry Township Schools
- Girls Inc. of Johnson County
- American Red Cross of Central Indiana
- Hope for Tomorrow
- United Way of Johnson County
- Purdue Extension
- Immigrant Welcome Center
- Calvary Lutheran Church and School
- Bethany Lutheran Church
- Marion County Public Health Department – Chronic Disease Department.

A focus group with community stakeholder organizations from the East Region (Community Hospital East) was conducted by FSPH on July 9, 2018. The following community stakeholder organizations participated:

- Gennesaret Free Clinics
- Marion County Public Health Department
- Irvington Development Organization
- Irvington Community Schools
- K12 Charter School
- Gene B Glick Company
- Carriage House East
- Resurrection Community Church
- Shadeland Enterprises
- Community Cupboard of Lawrence
- Community Health Network
- Indiana Legal Services, Medical Legal Partnership
- Indy Chamber
- Community Heights Neighborhood Association
- Jane Pauley Community Health Centers

- Mayor's Neighborhood Advocate for Far Eastside
- Liberty Christian High School
- Kemba Credit Union.

Two focus groups with community stakeholder organizations from the North Region (Community Hospital North) were conducted by FSPH on April 17, 2018 and June 18, 2018. The following community stakeholder organizations participated:

- Community Cupboard of Lawrence
- Indianapolis Marion County Public Library (Ft. Benjamin Harrison and East 38th Street Branches)
- Lawrence Township Trustees Office
- Frankton-Lapel Community Schools
- Benjamin Harrison YMCA
- Binford Redevelopment and Growth (BRAG) Neighborhood Association
- Hamilton County EMS
- Fisher's City Council
- Hamilton County Health Department
- Chaucie's Place
- St. Vincent Shepherds Center
- HAND Neighborhood Housing
- Noblesville Chamber of Commerce
- Riverview Health
- Prime Life Enrichment
- Aspire Family
- Hamilton Heights School Corp.
- Hope Family Care Center
- Community Hospital North
- Prevail
- Stone 3 Resources
- IU North hospital
- IU Saxony hospital
- Aspire Indiana
- Ascension/St. Vincent, Carmel and Fishers hospitals
- CICOA (Area Agency Aging)
- Hamilton County Youth Assistance Program
- Indiana Department of Children's Services
- Hamilton County
- Westfield Washington Schools
- Hamilton Southeastern Schools

A focus group with community stakeholder organizations from the Anderson Region (Community Hospital Anderson) was conducted by FSPH on May 17, 2018. The following community stakeholder organizations participated:

- Anderson Impact Center
- Community Health Network Behavioral Health
- Frankton---Lapel Community Schools
- Community Hospital Women and Children Health Services
- East Central Indiana CASA (Court Appointed Special Advocates)

- Jane Pauley Community Health Centers (three in Madison County)
- Christian Center
- Salvation Army
- Liberty Christian High School
- Dove Harbor Residential Housing Program
- Madison County Health Department
- Community Hospital Sexual Assault Center
- Second Harvest Food Bank
- United Way of Madison County
- Operation Love Ministries
- Madison County Sheriff's Office
- Madison County Community Health Center
- Indiana State Legislature--- State Representative

A focus group with community stakeholder organizations from the Howard Region (Community Howard Regional Health) was conducted by FSPH on April 10, 2018. The following community stakeholder organizations participated:

- YMCA
- Kokomo Schools
- Gilead House
- United Way (211)
- Samaritan Caregivers
- Project Access
- Howard County Health Department
- Kokomo City Council
- Mental Health America – Howard County
- Indiana Minority Health Coalition
- Indiana Health Center
- Taylor School Corporation
- Western School Corporation
- Kokomo Rescue
- Kokomo Housing Authority

The summary points of these meetings and corresponding graphs are documented in the CHNA reports at:

<https://www.ecommunity.com/community-benefit/archived-reports>

Plus see further information below in Line 11.

**Part V, Section C Supplemental Information for Part V, Section B
Lines 7a, 10 of Part V, Section C**

All CHNA reports are available on Community Health Network's website at:

<https://www.ecommunity.com/community-benefit/archived-reports>

and a paper copy available for public inspection without charge at the hospital facility.

All Implementation Strategies are available on Community Health Network's website at:

<https://www.ecommunity.com/community-benefit/archived-reports>

Part V, Section C Supplemental Information for Part V, Section B
Line 11 of Part V, Section C

The 2018 CHNA reports contain community definition, community demographics and socioeconomic characteristics, process, methods, data sources, and data analysis (primary and secondary).

CHNw collected primary and secondary from many sources identified below.

Primary Data: There were three sources of primary data.

- 1) An online survey of CHNw providers: An online survey of CHNw health providers was conducted in April 2018 to collect CHNw provider perceptions about what populations were at greatest social/medical disadvantage and which community circumstances affecting population health were most urgent. Any clinician that interacts with patients was invited to participate in the provider survey. The survey was designed by POLIS and the Fairbanks School of Public Health (FSPH) in partnership with CHNw and implemented using Qualtrics, an online survey service. 819 providers responded to the survey.
- 2) Community Survey: The four major health systems (Ascension/St. Vincent's, CHNw, Franciscan Alliance and IU Health) jointly contracted with the University of Evansville and the Indiana Center for Survey Research (CSR) to conduct a broad community survey. The survey asked two questions. The first had a box of 21 issues from A. to U. The respondent was asked to "pick five that you think pose the greatest health concern for people who live in your community." The second question had a box of 20 issues from A.- T. The respondent was asked to rate each issue with a 1 for "Not at all important" , a 2 for "Not very important for my community", a 3 for "Moderately important for my community", or a 4 for "Very important for my community." As part of their survey efforts, CSR selected random, address-based population samples from each of the five CHNw regions and administered a mail survey to those samples. The results of the survey were delivered to CHNw in July 2018. The survey results were algorithmically weighted by CSR to control for differences in the demographic makeup of the survey participants compared to the total population of each region.
- 3) Focus Groups: The dates of the focus groups and the > 100 attendees are listed in answer 6b above. Focus groups participants were asked to indicate the two most important unmet needs affecting the health of their community and the two most vulnerable populations. At the end of the focus groups, participants were asked to discuss possible solutions to address the unmet needs among the most vulnerable populations.

Secondary Data:

The CHNw Community Dashboard developed by HCI contained the major source of secondary data. The dashboard includes data from the:

- Indiana Hospital Association
- Indiana State Department of Health
- National Cancer Institute
- Centers for Disease Control and Prevention
- Centers for Medicaid and Medicare Services
- National Center for HIV/AIDS, Viral Hepatitis, STD and TB Prevention
- Institute for Health Metrics and Evaluation
- County Health Rankings
- US Census Bureau
- US Department of Agriculture

- Health Resources and Services Administration (HRSA)
- SAVI (program of the POLIS Center)
- American Lung Association
- Annie E. Casey Foundation
- Feeding America - Current Population Survey (CPS), the American Community Survey (ACS), and the Bureau of Labor Statistics (BLS)
- Health Indicators Warehouse (developed by the National Center for Health Statistics)
- Indiana University Center for Health Policy
- SG2, Claritas
- Youth Risk Behavior Surveillance System (YRBSS, published by the Centers for Disease Control)

The secondary data provided data from zip codes, population size, age, race and ethnicity, median household income, poverty levels, unemployment rate, education level, medically underserved areas, federally qualified health center (FQHC) penetration, health insurance coverage rates, discharge rate for ambulatory care sensitive conditions, and transportation availability. Based on review of 700 indicators, the data showed the lowest performing quartile of the CHNw regional counties. Each of the indicators was included in the identification of significant community health needs.

A modified Hanlon method was utilized to form a basic priority rating. It considered 1) the size of the health problem and how many people are affected; 2) the seriousness of the health problem and what are the public and individual impacts of the problem; and 3) the effectiveness of the interventions and whether there are recommended clinical and/or preventative interventions. This analysis led to basic priority rating results scores and health indicator rankings by region. From there potential interventions could be assessed for each region.

The implementation strategies were drafted for each region and describe how the hospitals plan to address the significant community health needs identified (Line 3e). The hospitals reviewed the CHNA findings and applied the following criteria to determine the most appropriate needs for the regions to address:

- The extent to which the hospital has resources and competencies to address the need
- The impact that the hospital could have on the need (i.e. the number of lives the hospital can impact)
- The frequency with which stakeholders identified the needs as a significant priority
- The extent of community support for the hospital to address the issue and potential for partnerships to address the issue.

Data taken from the assessment has strongly influenced the hospitals to focus on, and address the identified significant community needs: Access to Care, Food Insecurity/Obesity, Mental Health/Substance Abuse, and Tobacco Use. Additional community needs have been met through other efforts listed below in Community Driven Initiatives. The outlined 2019 contributions demonstrate the progress and commitment to improving the health outcomes of CHNw's communities.

Community Health Needs Assessment Priority: Access to Care

The New Community East



Community Health Network celebrated a milestone in the construction of a new state-of-the-art hospital. The patient tower opened at Community Hospital East in February 2019. It includes an all-new emergency department, medical imaging, inpatient rooms, surgery, and maternity and NICU. Designed with input from staff and patients of Community, some of the features include:

- Innovative bedside technology (including MyChart Bedside and an integrated nurse call system)
- Procedural services platform (streamlines operating rooms and procedural services)
- Emergency department nearly doubled in size (72 rooms to include a clinical decision unit)
- NICU Level 2 model of care allows mom to deliver and reside in the same room as newborn who requires neonatal intensive care (a feature new to the Indianapolis market)
- Clean waste technology that reduces carbon footprint by 90%.

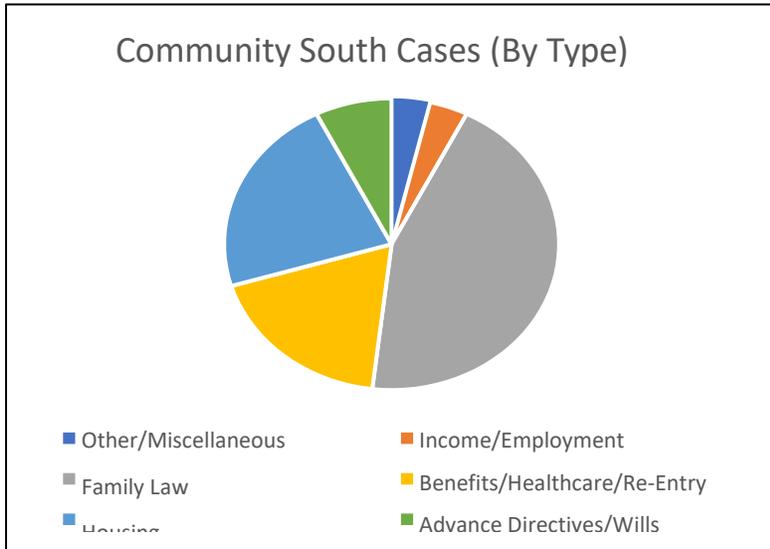
Community is investing \$175 million in the east side by building a brand-new hospital that will be completed in 2020. Construction of the new Community East, which began in the spring of 2016, is taking place in several phases, all designed to prevent disruption in patient care. The tower has been under construction since the summer of 2018. Patients were moved to the new tower beginning February 4, 2019.

Medical Legal Partnership

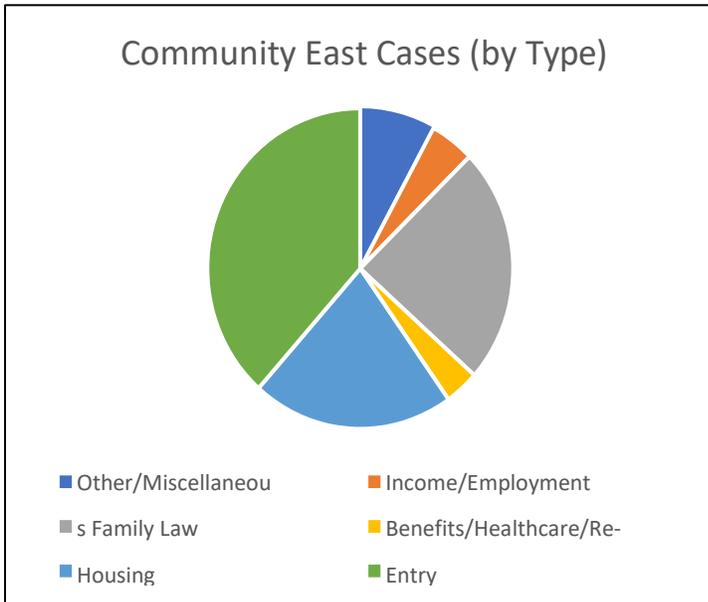
The purpose of a Medical Legal Partnership (MLP) is to improve health outcomes for patients through the provision of legal services that impact social determinants of health. Hospitals often see patients who are suffering from acute and chronic medical conditions caused or aggravated by conditions in patients' homes, issues in the patients' relationships, or patients' lack of income and other resources. Embedding an MLP attorney in the hospital allows the hospital and the MLP to work together as a team to address habitability issues in a patient's home and provide patients with the medical care and legal services they need to become healthy and stay healthy. By way of this partnership, patients have the opportunity to obtain a clean slate for future employment opportunities.

2019 Report – Community South MLP

In 2019, the Community Hospital South MLP had 72 total referrals; 38 total cases with intake were completed. See the chart below on the types of cases that were completed.



In 2019, the Community Hospital East had 424 total referrals; approximately 276 total case with intake were completed. See the chart below on the types of cases that were completed.



Community Paramedicine Programs

In 2019, the Community Cares Paramedicine Program served patients in the north and east regions of Indianapolis discharged from Community Hospital East and Community Hospital North. Community Paramedicine is an integrated approach to transitional care. Emergency personnel known as paramedics fill a critical gap in the healthcare system by primarily responding to the medical need of patients with chronic disease, especially in underserved populations. Paramedics work in collaboration with local public health agencies, physicians, nurses and facilities playing an important role in assessing and evaluating community services and systems in order to identify gaps in services between the community and health care systems and services. Licensed paramedics navigate, establish ties, and build relationships within these systems to better serve the patients and citizens of their communities. The program served 42 patients, installed or updated 25 smoke alarms, provided seven free pill boxes and three scales to patients who did not have them. Only four of the patients seen had a readmission to the hospital.

Community Howard's Community Cares paramedicine program provides free support in patients' homes through visits by a paramedic to patients with chronic conditions that have recently been discharged from the hospital. Community Howard's paramedic educates patients about caring for themselves and offers support to help them overcome other obstacles that might impact their health and lead to further hospitalizations.

Faith Health Initiative



CHNw understands the essential role the faith communities play in promoting and sustaining wellbeing. Faith-based organizations improve the quality of life of their members, neighbors and communities by providing spiritual care, a supportive web of resources and impactful wellness ministries.

For this reason, Community Health Network developed the Faith Health Initiative (FHI). This initiative paves the way for a faith-health partnership. Built on respect, this partnership recognizes that both faith communities and high-quality medical treatment play a vital role in restoring health and promoting wellbeing, and that by working together, we are better able to meet the needs of our communities.

The FHI supported our faith partners by providing a variety of educational services designed to improve health awareness and access to care, such as:

- Health and wellbeing seminars provided by a group of highly skilled Network professionals and community partners
- Onsite suicide prevention training, QPR, provided to local congregations
- Resource referral services provided to connect members with the right community resources
- Faith Community Nursing training and support
- Blood pressure and weight clinic toolkits: FHI provided faith-based health ministry volunteers with the training, equipment, supplies and resources necessary to operate their own assessment clinics in their congregations, improving member self-awareness of risk factors and providing a touchpoint to improve access to care.
- Health fair support: FHI provided print materials and educational posters to support health education at faith-based health promotion events.

- Seminars for older adults to address issues of social isolation and aging with vitality
- Congregational health promoter training for faith-placed AmeriCorps service members
- Onsite youth and adolescent seminars provided to address depression, anxiety and suicide prevention

In 2019, 69 organizations received ongoing services, 22 advanced partners received health ministry development services, and 6 ongoing blood pressure/weight clinics were established.

Milk for Healthy Babies

Community Hospital Anderson (CHA) established a human milk program to ensure the best range of options for newborns in our care. Affiliated with The Milk Bank, a nonprofit donor human milk bank located in Indianapolis, Community Hospital Anderson now makes pasteurized human milk available for newborns, primarily to premature infants in the hospital neonatal intensive care units. In 2019, Community Hospital Anderson was able to serve 172 babies and had 2,012 ounces of pasteurized donated milk given to new mothers. Community Hospital Anderson serves as a milk depot, a location where breastfeeding mothers can drop off donated milk. A total amount of 6,897 ounces was donated to Community Hospital Anderson for the Milk Bank.

Narcan

Since January 2016, CHA has provided Narcan training to all CHA Police Department officers and patrol officers in Madison County. They are also equipped with Narcan, a drug that can reverse the effects of opioids such as heroin, methadone and oxycodone. The program has trained about 300 people since 2016.

Healthcare on the Road



The Howard Region’s Community CareMobile outreach service brings care and assistance to the places they are needed most year round—everything from screenings and free flu shots to a cool and comfortable place for breastfeeding moms to care for their infants during a hot summer fair. In 2019 the Community CareMobile offered screenings and other services to approximately 800 people at events across

Howard County and various departments from Community Howard Regional Health offered health information to tens of thousands of others. Meanwhile, the hospital’s EMS staff offered first aid care at community festivals, a veteran’s reunion weekend and the county fair, which each draw in thousands of spectators.

Community Howard staff work with area schools to provide students with important information on hygiene and safety. Community Howard’s athletic trainers perform off the field by offering free sports physicals to area schools. More than 1,000 students were screened in 2019.

Medication Assistance Program

CHNw has a free medication assistance program that helps patients obtain medications for less cost with the goal of preventing medication non-adherence, often referred to as “America’s other drug problem.” The Medication Assistance Program uses various approaches to reduce or eliminate medication costs including obtaining medications for free from pharmaceutical companies, locating and applying grant funding to purchase medications, utilizing low-cost medication programs, providing drug

coupons/vouchers, and, when appropriate, working with providers to switch therapy to a less expensive medication or to a medication that has a patient assistance program for which the patient qualifies. In 2019, patients from across all regions were provided more than \$38 million worth of medications through CHNW's Medication Assistance Program.

Jane Pauley Community Health Center

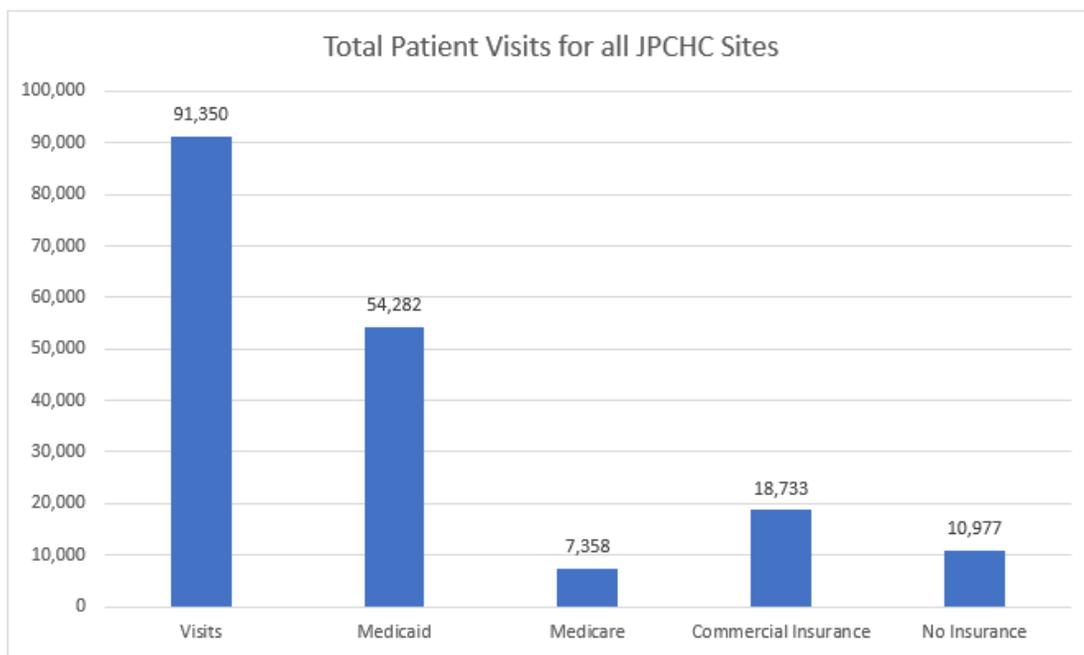
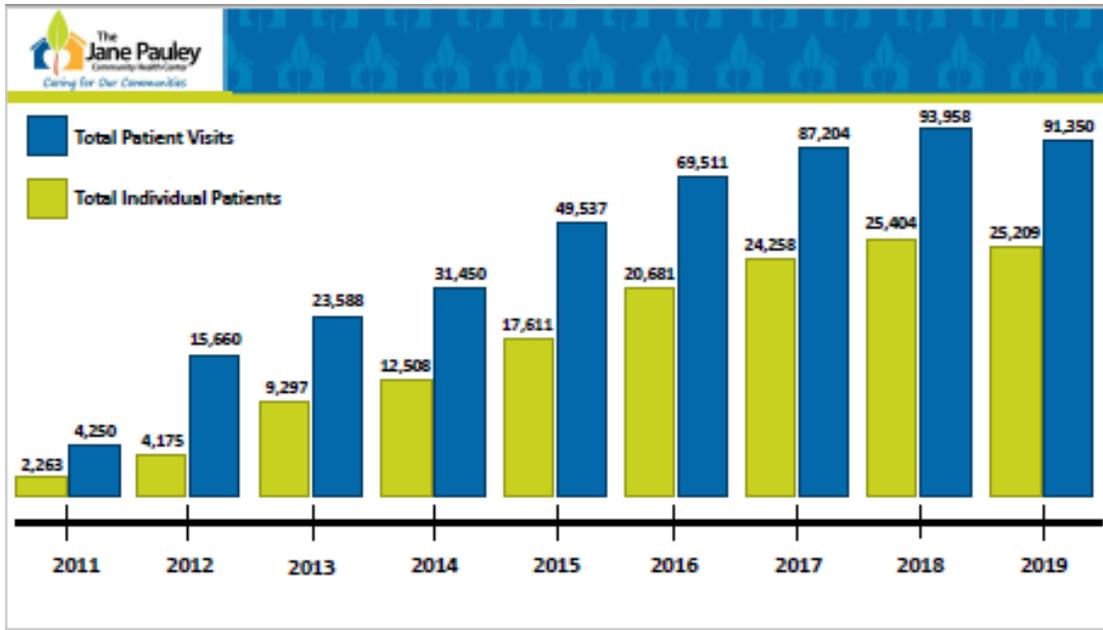


In 2019, the Jane Pauley Community Health Center expanded its services into Lawrence Township by adding a location at the intersection of 75th Street and Shadeland Avenue, bringing new life to the former Marsh building. After attending a local Neighborhood Association Meeting and speaking with City-County Council Minority Leader, Michael McQuillen, a proclamation was made at the grand opening celebration of the Castleton site that July 9 be officially declared "The Jane Pauley Community

Health Center Day" in the city of Indianapolis. Those attending the ribbon-cutting included Jane Pauley; Marc Hackett, CEO of The Jane Pauley Community Health Center; Susan Brooks, Indiana Congresswoman; Jim Merritt, Indiana State Senator; and Bryan Mills, President and CEO of Community Health Network.

As a Federally Qualified Health Center, The Jane Pauley Community Health Center offers comprehensive healthcare services to the communities served, regardless of insurance status, by providing family medicine, pediatrics, OB/GYN, behavioral health, and dental services. The organization was established in 2009 with generous support from the Metropolitan School District of Warren Township, Community Health Network, and the Community Health Network Foundation. The organization currently serves patients from 15 sites of care across five Indiana counties.

In 2019, the JPCHC had 91,350 total patient visits and 25, 209 individual patients in the North, East, South, and Anderson regions.



School-Based Clinical Care

CHNW's school-based programs cover a wide range of needs for youth across Central Indiana and play a critical role in keeping children healthy in the classroom so they can learn. Onsite nurses address students' needs in the school and after-school setting, helping to ensure consistency in care and less time away from the classroom. These nursing services are primarily offered free of charge to schools thanks to CHNW's ongoing commitment to enhancing health for future generations. Nurses assess health conditions, derive nursing diagnoses, execute a nursing regimen, advocate for health, execute a medical regimen delegated by a physician, teach, administer and evaluate care for students every day.

In addition, for students facing chronic health conditions and ongoing health needs, medications prescribed by physicians are administered by CHNw’s school-based nursing staff. Services also include physicals, immunizations, health coaching including blood pressure and cholesterol screening and a variety of additional services helping teachers and faculty addressing everything from allergies to anxiety and bullying.

School-Based Statistics

From everyday scrapes and bruises on the playground to managing chronic illnesses such as asthma and diabetes, CHNw nurses offer support for students at more than 139 schools in 10 school districts, eight charter schools, and one specialty school. Their work ensured a 97.04% return to classroom rate for students who came to them for care in 2019-2020. Specific services offered to students include:

- Management of injuries requiring first aid
- Management of life-threatening allergies, asthma, diabetes and seizures
- Management of any health concern and referral to appropriate care when needed
- Emergency response to any health-related concern or emergency within the school building

School District Name	Number of School Nurse Clinics	Number of CHNw Nursing Staff	School Nurse Clinic Visits 2019-2020	Percent of RTC
Beech Grove	5	5	27,507	95.43%
Decatur	9	12	58,660	97.41%
Franklin	12	22	81,130	97.82%
Greenwood	6	10	52,591	97.45%
Lawrence	21	30	128,976	97.15%
Warren	15	22	101,607	97.56%
Clark Pleasant	8	13	52,621	96.46%
Charter/Other	9	12	45,720	97.66%
Perry Township	22	35	110,568	96.69%
Hamilton SE	22	41	171,519	96.93%
Noblesville	10	15	70,731	96.17%
TOTALS	139	217	901,630	97.04%

School-Based Clinical Care Academic Year Comparison: Clinic Visit, Return to Class Percentage and Referrals

ACADEMIC SCHOOL YEAR	19/20	18/19	17/18	16/17	15/16	14/15
Running Total of Visits	901,630*	824,308	825,436	770,405	650,314	507,331
Running Total Return to Class %	97.04	97.20	97.28	96.63	96.75	96.39

*NOTE: in person school year ended mid-March 2019

Table 2. List of Schools

District	School	Address
Warren	Brookview	1550 N Cumberland Rd. 46229
Warren	Creston MS/IA	10925 E. Prospect St. 46239
Warren	Early Childhood	1401 N. Mitthoeffer Rd. 46229
Warren	Eastridge	10930 E 10th St. 46229
Warren	Grassy Creek	10330 E. Prospect St. 46239
Warren	Hawthorne	8301 E. Rawles Ave. 46219
Warren	Lakeside	9601 E. 21st St. 46229
Warren	Liberty Park	8425 E. Raymond St. 46239
Warren	Lowell	2150 Hunter Rd. 46239
Warren	Pleasant Run	1800 N Franklin Rd. 46219
Warren	Raymond Park MS/IA	8575 E. Raymond St. 46239
Warren	Renaissance	8931 E. 30th St. 46219
Warren	Stonybrook MS/IA	11300 Stonybrook Dr. 46229
Warren	Sunny Heights	11149 Stonybrook Dr. 46229
Warren	Warren Central / Walker Career Center	9500 E. 16th St, 46229

MSD Warren Township Totals		
Greenwood	Greenwood Community High School	615 West Smith Valley Rd. 46143
Greenwood	Greenwood Middle School	1584 Averitt Rd 46143
Greenwood	V.O. Isom Elementary School	50 East Broadway Ave. 46143
Greenwood	Northeast Elementary School	99 Crestview Dr. 46143
Greenwood	Southwest Elementary School	619 West Smith Valley Rd. 46143
Greenwood	Westwood Elementary School	889 Honey Creek Rd. 46143
Franklin	Acton Elementary School	8010 Acton Road 46259
Franklin	Adams Elementary School	7341 E. Stop 11 Rd. 46259
Franklin	Arlington Elementary School	5814 S. Arlington Ave. 46237
Franklin	Bunker Elementary School	6620 Shelbyville Rd. 46237
Franklin	Kitley Elementary School	8735 Indian Creek Rd. 46259
Franklin	South Elementary School	9010 E. Southport Rd. 46239
Franklin	Thompson Crossing Elementary School	7525 E. Thompson Rd. 46239
Franklin	Franklin Township Middle School- East	10440 Indian Creek Rd. 46259
Franklin	Franklin Township Middle School- West	7620 Edgewood Ave. 46239
Franklin	Franklin Central High School	6215 S. Franklin Rd. 46239
Franklin	Freshman Academy	6215 S. Franklin Rd. 46239
Franklin	Wanamaker ELC	4150 S. Bazil Avenue 46239
Clark-Pleasant	Break O Day Elementary School	900 Sawmill Rd. 46184
Clark-Pleasant	Clark Elementary School	5764 East 700 North 46131
Clark-Pleasant	Pleasant Crossing Elementary School	3030 N 125 West 46184
Clark-Pleasant	Whiteland Elementary School	120 Center St. 46184
Clark-Pleasant	Grassy Creek Elementary School	2111 Sheek Rd. 46143
Clark-Pleasant	Clark Pleasant Middle School	1354 E. Worthsville Rd. 46143

Clark-Pleasant	Whiteland Community High School	300 Main St. 46184
Clark-Pleasant	Sawmill Woods Pre-School	700 Sawmill Road, New Whiteland 46184
Beech Grove	Beech Grove High School	5330 Hornet Ave. 46107
Beech Grove	Beech Grove Middle School	1248 Buffalo St. 46107
Beech Grove	South Grove Intermediate School	851 South 9th Av. 46107
Beech Grove	Central Elementary	1000 Main St. 46107
Beech Grove	Hornet Park Elementary	5249 Hornet Ave. 46107
Charter	Christel House Academy South	2717 South East St. 46225
Charter	Christel House Academy West	55 N. Tibbs Ave. 46222
Charter	Irvington Elementary	6705 E. Julian Ave. 46219
Charter	Irvington Middle	6040 E. Pleasant Pkwy South 46219
Charter	Irvington Prep Academy	5751 E. University Ave. 46219
Charter	Paramount School of Excellence	3020 Nowland Ave. 46201
Charter	PLA @ 103	3920 Baker Drive 46236
Charter	PLA Middle School	4352 N. Mitthoefer Road 46235
Cathedral	Cathedral High School	5225 E. 56th Street
Lawrence	Lawrence Advanced Academy	6501 Sunnyside Rd. 46236
Lawrence	Early Learning Center @ AB	11660 Fox Rd. 46236
Lawrence	Early Learning Center @ BP	5249 N. David St. 46236
Lawrence	Early Learning Center @ MC	8510 E. 82nd St. 46256
Lawrence	Early Learning Center @ WR	11845 E. 46th St. 46236
Lawrence	Amy Beverland Elementary	11650 Fox Rd. 46236
Lawrence	Brook Park Elementary	5259 N. David St. 46226
Lawrence	Crestview Elementary School	7600 E. 71st St. 46256
Lawrence	Forest Glen Elementary	6333 Lee Rd. 46236
Lawrence	Harrison Hill Elementary	7510 E. 53rd St. 46226
Lawrence	Indian Creek Elementary	10833 E. 56th St. 46235

Lawrence	Mary Castle Elementary	8502 E. 82nd St. 46256
Lawrence	Oaklondon Elementary	6702 Oaklondon Rd. 46236
Lawrence	Skiles Test Elementary	7001 Johnson Rd. 46220
Lawrence	Sunnyside Elementary	6345 Sunnyside Rd. 46236
Lawrence	Winding Ridge Elementary	11825 E. 46th St. 46236
Lawrence	Belzer Middle School	7555 E. 46226
Lawrence	Fall Creek Valley Middle School	9701 E/ 63rd St. 46226
Lawrence	Lawrence Central High School	7300 E. 56th St. 46226
Lawrence	Lawrence North High School	78020 N. Hague Rd. 46256
Lawrence	McKenzie Career Center	7250 E. 75th St. 46256
Decatur	Liberty Early Elementary	4640 Santa Fe Drive 46221
Decatur	Stephen Decatur Elementary	3425 South Foltz St. 46221
Decatur	Valley Mills Elementary	5101 South High School Rd 46221
Decatur	West Newton Elementary	7529 Mooresville Rd 46183
Decatur	Blue Academy	5650 Mann Rd 46221
Decatur	Gold Academy	5650 Mann Rd 46221
Decatur	Decatur Middle School	5108 South High School Rd 46221
Decatur	Decatur Central High School	5251 Kentucky Ave 46221
Decatur	Decatur Township School of Excellence	5106 South High School Rd. Ste. B 46221
Perry	Abraham Lincoln Elementary	5241 Brehob Road 46217
Perry	Clinton Young Elementary	5740 McFarland Rd. 46227
Perry	Douglas MacArthur Elementary	454 E. Stop 11 Road 46217
Perry	Douglas MacArthur Kindergarten	454 E. Stop 11 Rd. 46227
Perry	Glenns Valley Elementary	8239 Morgantown Rd. 46217
Perry	Homecroft Elementary	1551 Southview Rd. 46227
Perry	Homecroft Kindergarten	1551 Southview Rd. 46227
Perry	Jeremiah Gray-Edison Elementary	5225 Gray Rd. 46237

Perry	Jeremiah Gray-Edison Kindergarten	5225 Gray Rd. 46237
Perry	Mary Bryan Elementary	4335 E. Stop 11 Rd. 46237
Perry	Rosa Parks-Edison Elementary	7525 Wellingshire Blvd. 46217
Perry	Rosa Parks-Edison Kindergarten	7525 Wellingshire Blvd. 46217
Perry	Southport Elementary	61 E. Anniston Drive 46227
Perry	William Henry Burkhardt Elementary	5701 Brill Road 46227
Perry	Winchester Village Elementary	1900 E. Stop 12 Road 46217
Perry	Perry Township Pre-School	6548 Orinoco Avenue 46227
Perry	Perry Township 6th Grade Academy	202 W. Meridian School Road 46217
Perry	Perry Meridian Middle School	202 W. Meridian School Road 46217
Perry	Perry Meridian High School	401 W. Meridian School Road 46217
Perry	Southport 6th Grade Academy	5715 S. Keystone Ave 46227
Perry	Southport Middle School	5715 S. Keystone Ave 46227
Perry	Southport High School	971 E. Banta Road 46227
HSE	Brooks School Elem	12451 Brooks School Road 46037
HSE	Cumberland Road Elem	13535 Cumberland Road 46038
HSE	Durbin Elem	18000 Durbin Road 46060
HSE	Fall Creek Elem	12131 Olio Road 46037
HSE	Fall Creek Intermediate	12011 Olio Road 46037
HSE	Fall Creek Jr. High	12001 Olio Road 46027
HSE	Fishers Elem	11442 Lantern Road 46038
HSE	Fishers Jr High	13258 Cumberland Road 46038
HSE	Fishers HS	13000 Promise Road 46038
HSE	Geist Elem	14051 E. 104th Street 46040
HSE	Harrison Parkway Elem	14135 Harrison Parkway 46038
HSE	Hoosier Road Elem	11300 E. 121st Street 46037
HSE	HSE Intermediate/Jr. High	12278 N. Cyntheanne Road 46037

HSE	HSE HS	13910 E. 126th Street 46037
HSE	Lantern Road Elem	10595 Lantern Road 46037
HSE	New Britton Elem	8860 E. 131st Street 46038
HSE	Riverside Intermediate	11014 Eller Road 46038
HSE	Riverside Jr. High	10910 Eller Road 46038
HSE	Sand Creek Elem	11420 E. 131st Street 46038
HSE	Sand Creek Intermediate	11550 E. 131st Street 46038
HSE	Southeastern Elem	12500 Cyntheanne Road 46037
HSE	Thorpe Creek Elem	14642 E. 126th Street 46037
Noblesville	East Middle School	1625 Field Drive 46060
Noblesville	Hazel Dell Elem	3025 Westfield Road 46062
Noblesville	Noblesville HS	18111 Cumberland Road 46060
Noblesville	Hinkle Creek Elem	595 South Harbour Drive 46062
Noblesville	Noble Crossing Elem	5670 Noble Crossing Parkway 46062
Noblesville	North Elem	440 N. 10th Street 46060
Noblesville	Promise Road Elem	14975 Promise Road 46060
Noblesville	Stony Creek Elem	1350 Greenfield Pike 46060
Noblesville	West Middle School	19900 Hague Road 46062
Noblesville	White River Elem	19000 Cumberland Road 46060
Total Schools for 2019-2020		139

Community has implemented an asthma initiative in school-based clinic setting to address pediatric asthma. Interventions include training teachers in signs of asthma, so students are sent to the clinic earlier aiding in a successful return to classroom compared to an emergency room visit. The education and distribution include a visual aid that reinforces early warning signs and daily practices to maintain health. Additionally, students are referred to free asthma education classes. The class trains individuals about asthma and managing their disease including the use of an asthma spacer and provides spacers to students who cannot afford one. In 2019, school-based nurses assisted 120 students by providing asthma spacers to help manage the disease along with training on how to use the spacers. Only 5 students were sent home or to the emergency room, resulting in 96% return to classroom rate.

Community also provides asthma education and training to staff at the schools, patients, and members of the community in all its regions.

Wellfund

The WellFund exists to help patients navigate healthcare coverage options, including initial enrollment and ongoing maintenance of coverage. Patients have direct access to WellFund Patient Advocates during pre-service, admission and post-discharge for questions and determining which plan best meets their needs. The WellFund Patient Advocates are available to meet with patients in person or over the phone to help with enrollment in one of the below programs:

- Medicaid (Primary or Secondary)
- Hoosier Healthwise (HHW)
- Healthy Indiana Plan (HIP)
- Medicare (Assistance provided by Perfiniti)
- Healthcare Marketplace (Affordable Care Act)
- Disability
- Social Security
- COBRA (continuing health insurance after leaving employment)

*HPE- hospital presumptive eligibility

2019 Data: Total 21,420

- Babygram: 2,977
- COBRA: 7
- HHW: 894
- HIP: 3,056
- HPE: 12,498
- Insurance Coverage Found: 1,468
- Medicaid Secondary to Medicare: 233
- Medicaid: 216
- Social Security Insurance: 81

Covering Kids and Families of Indiana (CKF-IN)

In 2019, CHNw supported Covering Kids and Families of Indiana and the work that they do. The CKF lead agencies employed nearly 100 navigators who offered free assistance to Hoosiers who enrolled in Medicaid or Marketplace health insurance. 101 individuals completed pre-certification training to become a navigator and 139 individuals received continuing education as an existing navigator.

CKF lead agencies assisted over 42,000 consumers, and CKF partner organizations assisted over 32,000 consumers. CKF lead agencies and partner organizations submitted 15,273 applications for health coverage in 2019. Of the applications, 49% were for the Healthy Indiana Plan (Medicaid), 22% Presumptive Eligibility, 21% Hoosier Healthwise, and 8% for recertifications.

CKF broke a record with the most attendees at what has become the annual Indiana School Health Network Conference. In 2010, CKF held the first conference with approximately 100 participants and it has now grown to over 600 participants in 2019.

- Policy Accomplishments

- On October 24, 2019, CKF hosted the inaugural State of Coverage Policy Summit. Dozens of stakeholders from across the state joined to take part in this event designed to create action on health coverage policy issues. Featured speaker Joan Alker provided a preview of the Georgetown Center for Children and Families’ report on the rate of uninsured children in Indiana. This was followed by a panel including Joan Alker, Kosali Simon from Indiana University, Jessica Frasier from the Indiana Institute for Working Families, and Sarah Stelzner from Indiana University discussing the implications of the Georgetown report.
- CKF maintained a dialogue with the Indiana Family & Social Services Administration and the managed care entities to ensure stakeholder voices were incorporated in all decisions. Additionally, CKF provided public comment on the Healthy Indiana Plan renewal, the HIP Workforce Bridge proposal, and the Substance Use Disorder 1115 Demonstration Waiver.
- In national, state and local media, CKF provided professional policy expertise on Medicaid work requirements, the children’s uninsured rate, the risks of non-ACA compliant plans and the effect of pending legislation on immigrant healthcare coverage enrollment.
- CKF was also at the Indiana Statehouse during the legislative session providing testimony and guidance that helped place consumer safeguards on short-term insurance plans while advocating for improvements to Temporary Assistance for Needy Families (TANF) eligibility standards. Hundreds of hours were collectively spent monitoring legislation through committees, educating legislators and partners, and promoting the importance of quality healthcare coverage.
- CKF has 807 partner organizations that share the vision of all Hoosiers having accessible healthcare coverage.

Reaching Out at the Health Fair

Once again, CHNw brought screenings and health education to the 2019 INShape Indiana Black and Minority Health Fair held alongside the Indiana Black Expo Inc. Indiana Black Expo, Inc. has been a pillar of the community for nearly 40 years. It has encouraged, uplifted and celebrated the accomplishments and achievements of African Americans throughout Indiana. Community’s presence at the Minority Health Fair was made possible by the efforts of many Serve360° volunteers, including more than 235 Community employees, volunteering at our booth, where CHNw completed in excess of 1,400 health screenings, including “one-stick” lab testing for a range of conditions, from diabetes to cholesterol screenings, sickle cell testing to sexually transmitted diseases.

Volunteers represented many areas across the network, including the stroke teams from Community Hospital East, North and South; Behavioral Health; the Center for Advanced Heart Care; pharmacists; and team members from the Jane Pauley Community Health Center. Providers from Community Physician Network participated in an “Ask the Doctor” service, and Community Touchpoint shared valuable information with attendees on Senior Night. Clinical breast exams were also available in 2019. Because many attendees do not have regular access to primary care, there is an offer to schedule an appointment and make connections to additional care. Over the years, these events have been supported by more than 1,000 Serve360° volunteers.

Latino Expo Health Fair

Community Hospital East was once again a proud, primary sponsor and provider of health screening services at the Latino Expo in 2019. We provided education on everything from diabetes, stroke warning signs, weight loss and wellness needs. The Community Health Network booth offered blood

pressure and clinical breast exam screenings, finger sticks with total cholesterol results, health education information and how to access Community services. We also had Sports Medicine providers onsite, to provide school physicals within our booth. 2019 was our fourth year providing these services (2014, 2015, 2017 and 2019), and we had a 152 total of volunteers on-hand.

Community Health Needs Assessment Priority: Food Insecurity/Obesity

Food Access

Access to affordable, fresh and healthy whole foods is a challenge for many people that live in Central Indiana. In Indiana, 13.6% of families are food insecure with the national average being 12.3%. In Marion County, 196,000 people are classified as food insecure, of which 44,320 (22%) are children.

Through various partnerships, CHNw seeks to connect low-income families and individuals to fresh, Indiana-grown food that provides real sustenance for themselves and their communities.

The Community Cupboard of Lawrence

In 2016, the Lawrence Township Hunger Coalition transitioned The Cupboard of Lawrence Township to the CHNw. The Cupboard is a client-choice food pantry that helps relieve the strain of food insecurity and is open Wednesdays from 10 a.m. to 4 p.m. and 6 p.m. to 8 p.m., and Fridays from 10 a.m. to 4 p.m. The Cupboard continues to assist residents of Lawrence Township of Indianapolis, specifically in the area codes of 46216, 46220, 46226, 46235, 46236, 46249, 46250, and 46256. In 2019, the Cupboard served 71,183 individuals representing 18,195 households. In 2018, it served 63,133 individuals and 15,882 households. In 2017, it served 56,435 individuals, which represents 16,518 households.

With an awareness of this great need, Community Health Network partners with Gleaners Food Bank of Indiana, Midwest Food Bank, CVS Pharmacy, St. Albans Episcopal Church, Castleton United Methodist Church and Meijer to support the Cupboard by providing produce, over-the-counter medicines, and various toiletries to our clients. CHNw has also established partnerships with Harrison Hills Elementary School and Monarch Beverage who help serve our clients and ensure that they have access to fresh produce. Furthermore, organizations and businesses volunteer at the Cupboard, and Purdue Extension assists with keeping CHNw aware of recent USDA updates along with providing innovative food options and ideas for the clients.

The Cupboard of Lawrence Township also offers Cooking Matters classes to its clients. In the Cooking Matters classes, clients learn how to cook meals using food that the pantry provides to the community. They are required to attend four out of six classes in order to receive credit and cooking utensils/pots and/or pans. This opportunity is in partnership with the Indy Hunger Network, the Marion County Public Health Department, and the YMCA Top 10 Coalition.

See the news story below about one of CHNw's partners.

Lawrence Community Gardens help youth, community combat food desert

by: Brett Kast

Posted: Jun 21, 2019 / 07:07 PM EDT / Updated: Jun 21, 2019 / 07:14 PM EDT

LAWRENCE, Ind. – The Lawrence Community Gardens are helping the community combat a food desert while also teaching kids about the importance of eating healthy.

“Right now, we’re trellising the tomatoes,” said high school sophomore Ana Rosales- Harms. While most teenagers would have no idea what trellising even means, she’s somewhat of an expert. “I was here last year, we did some of this last year but mostly this year,” she said while hard at work.

It’s her second year in the “Next Generation Farmer” program at Lawrence Community Gardens. She and other kids learn the ropes of farming firsthand. “It’s kind of like a different type of classroom because we’re still learning things, but we get to be active and be outside rather than being in my house all day,” Rosales-Harms said.

“We’ve got cucumbers over here,” said Sharrona Moore while pointing to the field. “Tomatoes, spinach cauliflower, watermelon and cantaloupe.” Moore is the one who started the farm. But more important than what they’re growing, is why. “This community is one of America’s largest food deserts,” Moore said. “When we talk about food deserts, we need to talk to people about how to survive food deserts.” Moore noticed that healthy produce was hard to come by in the neighborhood. She figured if you couldn’t buy it at the store, then grow it, and teach youth to do the same. “They need to know the health benefits of the produce and why they should eat it,” Moore said.

“The average meal around here is the honey bun from the gas station,” said high school student Kenneth Cannon. “More fruits and vegetables can make your life way healthier.” Kids like Cannon come to the gardens five days a week for five weeks. They learn how to grow the food and much more. “Money management, how to grow plants, how to start your own business, entrepreneurship...” Cannon listed.

While roughly half of the produce is given to local food pantries, the other half is sold to the community. Not only do the kids help manage the farm stands, they learn business skills and make money too. “We teach them how to count inventory and how to count their register down and how to understand profit at the end of the day,” Moore said.

But for her, his farm isn’t about money. In fact, she isn’t paid a single dime. It’s more addressing food insecurity and giving kids the skills to solve it. “One day I’ll be blessed with a salary. Until then, I’ll keep plugging away, and hoping that every dollar I collect goes back to this farm and the youth here.”

The Lawrence Community Garden is funded by grants and donations. Their farm stand is open 9 AM until 7 PM Thursday through Saturday.

BRAG (Binford Redevelopment and Growth) Farmer’s Market

CHNw continued its support of the BRAG Farmer’s Market in 2019. Some of the other programs, also supported by CHNw at the farmer’s market, included:

- **Supplemental Nutrition Assistance Program (SNAP):** Helped get more farm-direct produce into the hands of our low-income neighbors. Formerly known as the Food Stamp Program, SNAP benefits are distributed through the Hoosier Works Card, which is used like a debit card. This helps our community members leverage food resources.
- **Fresh Bucks:** Doubling food stamp program for fresh fruits, vegetables and herbs (including edible starter plants).
- **WIC:** Women, Infants and Children healthy food program
- **Donations to The Cupboard at Lawrence**
- **Community Hospital North Education Booth**

Community Hospital North's hands-on involvement at BRAG Farmer's Market:

- **September 7, 2019:** Community Cupboard of Lawrence Donation Drive
- **September 14, 2019:** What's that Veggie? – Interactive Nutrition Education with Registered Dietitian
- **September 28, 2019:** Stroke Prevention Education
- **October 5, 2019:** Community Health Rehab Hospital
- **October 12, 2019:** Heart Healthy Education with Community Heart and Vascular Hospital Registered Dietitian
- **October 26, 2019:** Community Hospital North Pediatrics – Teddy Bear Clinic

In 2019, BRAG Farmer's Market distributed just over 200 WIC checks and did approximately \$300 in SNAP.

ROCK Urban Farm

In efforts to address food insecurity, CHNw, through its Community Benefit Department, has partnered with Eastern Star Church to sponsor and establish 30 raised garden beds in an eastside neighborhood. The initiative is part of the Faith Health Initiative and CHNw joined with experts from Growing Places Indy to make it happen.

ROCK Urban Farm at Arlington Woods, near the 3000 block of North Lesley Avenue, is the first urban farm in its community. The garden, which celebrated with a ribbon-cutting on June 1, 2019 will grow a variety of fruits, herbs and vegetables, and will provide fresh produce to several food pantries, as well as supply produce for the neighborhood. ROCK Urban Farm hopes to engage the community by providing produce, wellness opportunities and education.

Community Garden

In 2019, two community gardens addressed the need for access to fresh produce among the residents of Indianapolis' southside. These gardens are located on the campus of University of Indianapolis and include a nine-raised-bed garden at 4001 Otterbein Street and a half an acre, in-ground garden located at 1827 Standish Avenue.

The gardens were reopened on April 12, 2019 and were closed for the season on September 21, 2019. During the growing season, 237 pounds of produce and 138 dozen eggs were distributed to 212 individuals. Further, nine individuals participated in the cooking demonstration held at UIndy's campus. This cooking demonstration was hosted by CHNw's chef and registered dietician on September 12, 2019.

It is also notable that the community gardens offer opportunities to educate students and community members. Three students worked in the gardens as interns during the summer of 2019. Fifteen high school students from Teen Works worked in the gardens during June through July 2019. They learned critical life-skills such as time management, teamwork, and other job-related skills during their work in the gardens.

The Chin Training Garden

This is a demonstration garden that CHNw started on the property of The Falam Christian Church of Indianapolis. It is a partnership between Purdue Extension and three Chin Churches. There are three 25x25 garden beds and the goal is to demonstrate and teach best growing practices in the Central Indiana

climate. It is growing a combination of ethnically preferred vegetables and standard American vegetables that the Chin have added to their diet.

CHNw will also create a food pantry resource guide that can be shared with the Chin people to guide them to food pantries that are actively serving Chin people. CHNw provided \$1,750.00 in funding to help start the garden. CHNw has held workshops on proper watering and setting up an irrigation system and using natural weed and pest management options such as straw and natural products to deter pests.

South Indy Quality of Life

CHNw gifted \$1,600.00 to the South Indy Quality of Life Plan, to fund their Health and Wellness garden initiatives in 2019. Through this gift, they were able to make some great connections with their neighbors and community gardens through the grant initiatives.

The South Indy Quality of Life gave \$100 to each of their eight neighborhoods to host a “garden walk” to inspire and educate neighbors to create home gardens. Some of their neighborhoods joined forces to tour community gardens, while others chose to create unique neighborhood events. The events were as follows:

- **\$100.00:** Rosedale Hills Neighborhood garden meal and plant swap
- **\$200.00:** University Heights and Carson Heights community gardens tour and health snacks and refreshments
- **\$300.00:** Raymond-Meridian, South Village, and Northwest Perry Neighborhoods toured the Bellfound Farm and enjoyed free take home produce and healthy snacks and refreshments.
- **\$100.00:** Garfield Park Neighborhood neighbors walk and nominated neighbors for best gardens.
 - Four **\$25.00** gift cards to Garfield Park Farmers Market were awarded to winners.
- **\$100.00:** Bean Creek Neighborhood neighbors walk and nominated neighbors for best gardens.
 - Four certificates of appreciation and **\$25.00** gift cards to Garfield Park Farmers Market were awarded to winners.

South Indy Quality of Life was also able to give assist four new or struggling community gardens with mini grants. The mini grant projects included the following:

- **\$157.36:** Central Catholic School “Green Thumb Project” - garden supplies
- **\$200.00:** Rosedale Hills United Methodist Church - garden bed supplies
- **\$200.00:** Laurelwood Apartments - community garden information sign
- **\$243.00:** Garfield Park Baptist Church- stipend for garden keeper and supplies

Community Farm – Anderson

Community Farm has shown tremendous growth and success since its first growing season in 2018. Thanks in part to a grant from the Bee Cause and Whole Kids Foundation, a beehive was installed on the grounds. In 2019, there were a total of 5,700 pounds of produce harvested and 2,400 sunflower stems cut and were donated to Community Hospital Anderson Dietary Department and neighboring organizations.

YMCA Partnerships

Baxter YMCA

Community partnered with the Baxter YMCA to provide physical activity challenges and nutrition to the community. The activities included:

- Older active adult lunch and learns—three education programs on fall prevention, safe medication administration, cardiovascular health and healthy weight
- Fitness revolution (six weeks fitness challenge): 207 participants
- Diabetes prevention program 10 patients received entry into 25-week program
- Pool party to provide physical activity to families: 300 participants
- Healthy preschool snacks and recipes: 240 children

Benjamin Harrison YMCA

In 2019, Community Health Network partnered with the Benjamin Harrison YMCA. During the year, the program put together the following programs:

- Older active adult lunch and learns: Four education programs on advanced care planning, healthy sleep, stroke prevention & detection, and managing your medications –**120 participants** enrolled
- Youth sports to keep children active (volleyball, flag football, track, cross country, swim club, karate, tumbling): **545 participants** enrolled
- Freedom 5K to provide physical activity for individuals and families: **305 participants** enrolled
- Summer Bash: **200 participants** enrolled
- Healthy Kids Day: **175 people** attended the event that provided healthy resources and activities for youth and families.
- Adult Health Fair: **125 older adults** attended the adult health fair to meet with vendors and learn about resources in the community

Jump IN for Kids

Jump IN is a community-wide effort to empower kids in Central Indiana to live healthier lives. Our children and their families deserve to live in healthy environments with real opportunities to make smart choices to eat healthy, play healthy and live healthy.

The mission is to create healthy places, neighborhoods, and communities where families have real opportunities to make healthy choices that promote their health, vitality and well-being, including access to affordable, healthy food and meaningful opportunities to play and be active.

Jump IN for Healthy Kids began working with MSD of Lawrence Township as part of the Jump Right UP school wellness effort in 2017. Jump Right UP leverages the CDC’s Whole School, Whole Child, and Whole Community (WSSC) model, and supports schools connecting the dots between their school wellness policies and the ten segments of the WSSC model. While six of the ten segments focus on Nutrition and Physical activity, one of them specifically focuses on improving employee wellness. In 2019, the school district decided to leverage their Employee Wellness Champions to begin to incorporate a school building focus on student wellness too.

Due to this coordination, the CHNw staff that supports employee wellness for the school district began working with Jump Right UP staff, to create an objective for the Employees Wellness Champions that would help meet this component of the WSSC model. Because of this collaboration, the majority of Employee Wellness Champions stated that they saw an overall culture of health grow within their individual school buildings.

In collaboration with the CHNw staff, Jump Right UP assisted Employee Wellness Champions in:

- Promoting the new EAP program

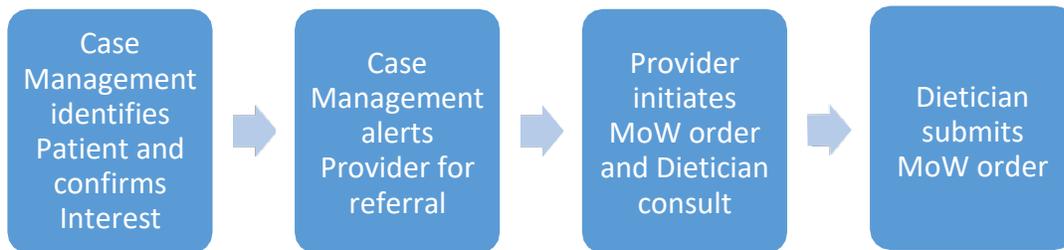
- Decreasing unhealthy snacks offered
- Increasing physical activity opportunities for both students and staff

Seven school buildings felt that they had made great strides on increasing physical activity opportunities for their school community. Eight schools felt that they had started the more challenging process of decreasing unhealthy snacks. Nine schools stated that they had started promoting the EAP program.

Meals on Wheels (MoW) Program

Diabetic patients identified as food insecure are referred to MoW for post-discharge nutritional services. Many diabetic and chronic heart failure patients are able to manage their disease state more effectively (such as lower A1C levels) with healthy, nutritious food. Additionally, by providing this service, CHNw is able to identify any social determinants of health issues that may negatively impact the patient. Patients age 18+ receive 30 days of medically tailored meals to meet their specific dietary needs free of charge 24- to 36-hours post discharge. Patients receive two (2) meals per day (hot and cold meal). They have the option to continue the meal service at cost for the two meals after the 30-day program.

An example of the process is below:



Community South Readmission Program

2019 Report

Annual Totals (January-December 2019)	
# Clients	96
# Meals Delivered	1308
# Food (Pantry) Boxes	105
# Frozen Meal Boxes	15
# Readmissions	6
# Clients Continuing Meals Service	16
Readmit I (January-April 2019)	
# Clients	52
# Meals Delivered	844
# Food (Pantry) Boxes	56
# Frozen Meal Boxes	0
# Readmissions	3
# Clients Continuing Meals Service	10
Readmit II (May-December 2019)	
# Clients	42
# Meals Delivered	410
# Food (Pantry) Boxes	47

# Frozen Meal Boxes	15
# Readmissions	3
# Clients Continuing Meals Service	5
Readmit III (November-December 2019)	
# Clients	2
# Meals Delivered	54
# Food (Pantry) Boxes	2
# Frozen Meal Boxes	0
# Readmissions	0
# Clients Continuing Meals Service	1

Outpatient CHE OB/GYN Food Insecurity Assistance Program

CHNw encourages new mothers to breastfeed. Because breastfeeding is the first food source a baby encounters, it may present the first food insecurity issue if the mother is unable to meet the nutritional and caloric needs necessary for adequate milk supply.

In 2019, Community noticed an ongoing trend, that several mothers delivering babies at CHE were experiencing food insecurity during their stay in the courtesy rooms. To address this issue, CHNw provides Grab and Go Bags (feeds a family of four for three to four days) to expectant and new mothers when the mother identifies as being food insecure.

Along with the Grab and Go Bag, the provider gives the mother a food script referral to the Community Cupboard of Lawrence for 90 days. The mother may obtain a follow-up food script from the provider for an additional 90 days. During this time, the provider may also inquire as to those social determinants of health that impact the mother be able to obtain adequate food and may provide additional resources to help mitigate the issue

2019 Data:

	# of Scripts Given (Outpatient)	# of Grocery Bags Given (Outpatient)	# of Scripts Given (Inpatient)	# of Grocery Bags Given (Inpatient)	# of Scripts Redeemed at Lawrence Cupboard
2019	48	55	31	37	7

FOOD SCRIPT

#0015

Take this referral to the Community Cupboard of Lawrence to receive access to food for 3 months.

Physician/APP/NP/RN/MA Name _____ Patient Name _____

Resident Zip Code _____ Start Date _____ Expiration Date _____ # in Household _____

Physician/APP/NP/RN/MA Signature _____ Date _____



Community Cupboard of Lawrence
 7101 Pendleton Pike | 317.964.0801
 Wednesday: 10 am – 4 pm, 6 – 8 pm | Friday: 10 am – 4 pm

REACH Grant

CHNw is partnering with the Marion County Public Health Department serving as a sub-recipient of the Prevention Racial and Ethnic Approaches to Community Health (REACH) Grant from the Centers for Disease Control (CDC). REACH is a national program administered by the CDC under the Division of Nutrition, Physical Activity, and Obesity (DNPAO) designed to reduce racial and ethnic health disparities. The focus of the five-year grant in Marion County is around reducing chronic disease by addressing these five areas: Food Systems, Food Service Guidelines, Community Clinical Linkages, Physical Activity, and Breastfeeding in African American/Black Communities.

Two examples of ways the REACH Grant has started addressing these disparities:

- Implemented a Nutrition Incentive program called Produce Prescription where high-risk participants from Community Health Network's Clinic (Resources to Evaluate and Advance Community Health located at 2920 N. Arlington Ave, Suite B, Indianapolis, IN 46218) received vouchers for attending free chronic disease focused nutrition education classes that are redeemable for fresh produce at local retail locations.
- Working with local food pantries (Community Cupboard of Lawrence, Eastern Star Church, St. Vincent de Paul) to implement aligned policy, systems and environmental changes around healthy nutrition standards/guidelines, nutrition nudges, and food procurement. This also includes providing ongoing support to incorporate complementary nutrition services for clients like food demonstrations, cooking classes, nutrition classes, etc. There are a total of 22 initiatives/projects ongoing at multiple pantries.

TURN Festival

CHNw partners with the Paramount Schools of Excellence in supporting urban farming, growing healthy foods, and living a healthy lifestyle. The TURN Festival (Transforming Urban Neighborhoods) is a one-day educational event at the Paramount School of Excellence on the Eastside of Indianapolis. Held on the grounds of the school's 5.5 acres, the festival is a natural outgrowth of the work being done at the school in urban farming, ecology, green initiatives and community outreach. The day includes workshops, demonstrations, information booths, a children's area, and food vendors. Also, sessions on urban homesteading, farming, food preservation, healthy cooking, and lifestyle habits are available. Community Health Network volunteers support the event by passing out health information to attendees and CHNw staff provide blood pressure screenings throughout the day.

Touchpoint

CHNw supports the needs of seniors through nutrition with the Senior Meal Voucher Program, made possible through collaboration with Community Health Network Foundation and CICOA Aging and In-Home Solutions. This program aims to expand the availability of healthy meal options for seniors, while also providing opportunities for social engagement through the free membership program.

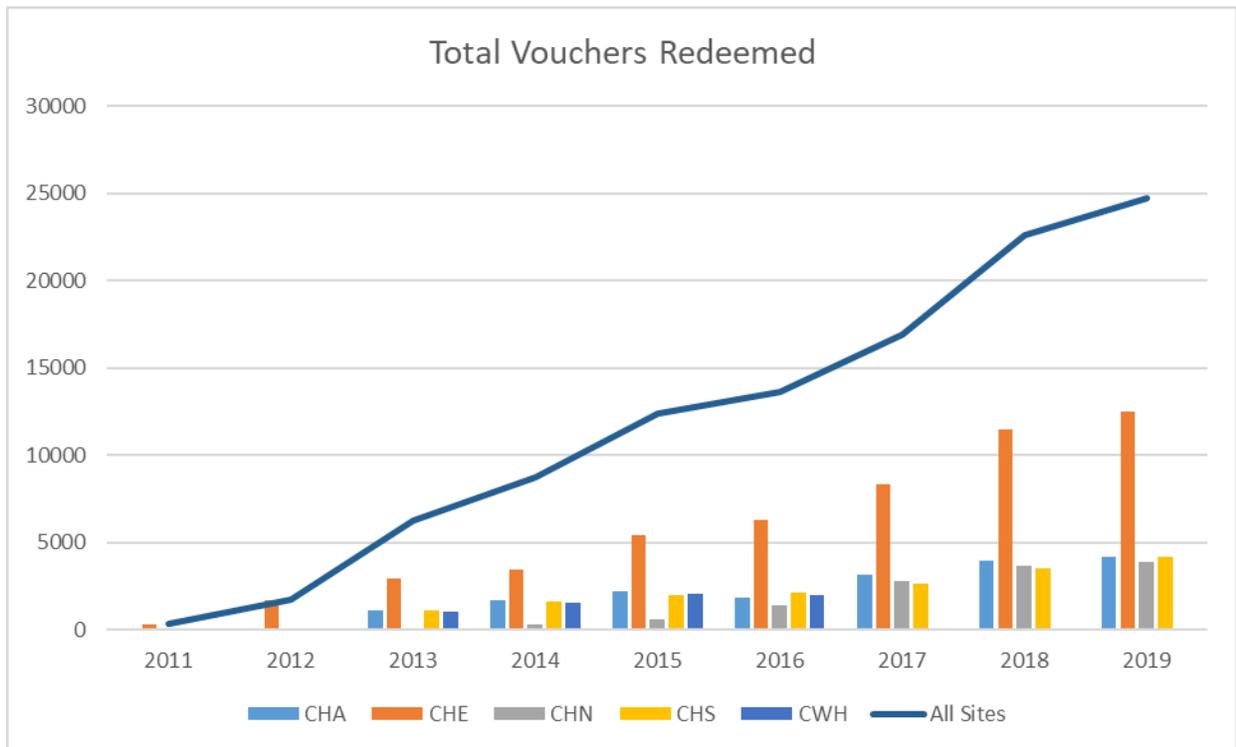
Meal recipients must be 60 and older, or the spouse of an enrollee. Up to four meal vouchers are available each month. Recipients may redeem meal vouchers for breakfast, lunch or dinner at any of CHNw's hospital cafeterias, and designated menus are designed by a registered dietitian to ensure a nutritionally balanced meal for seniors. Participants choose from a variety of healthy balanced meals, prepared for them.

Participants are additionally encouraged to participate in a variety of Touchpoint Connections Senior Education Programs. Programs encourage lifelong learning, reduce social isolation, and bring familiarity to health care services and community partners. Previous topics have included Heart Healthy Eating,

Alzheimer’s Disease education and support, Medicare Basics, Advanced Care Planning Conversations, Estate Planning Wills and Trusts, Immunizations and Vaccines as you Age, Improving your Balance, and more.

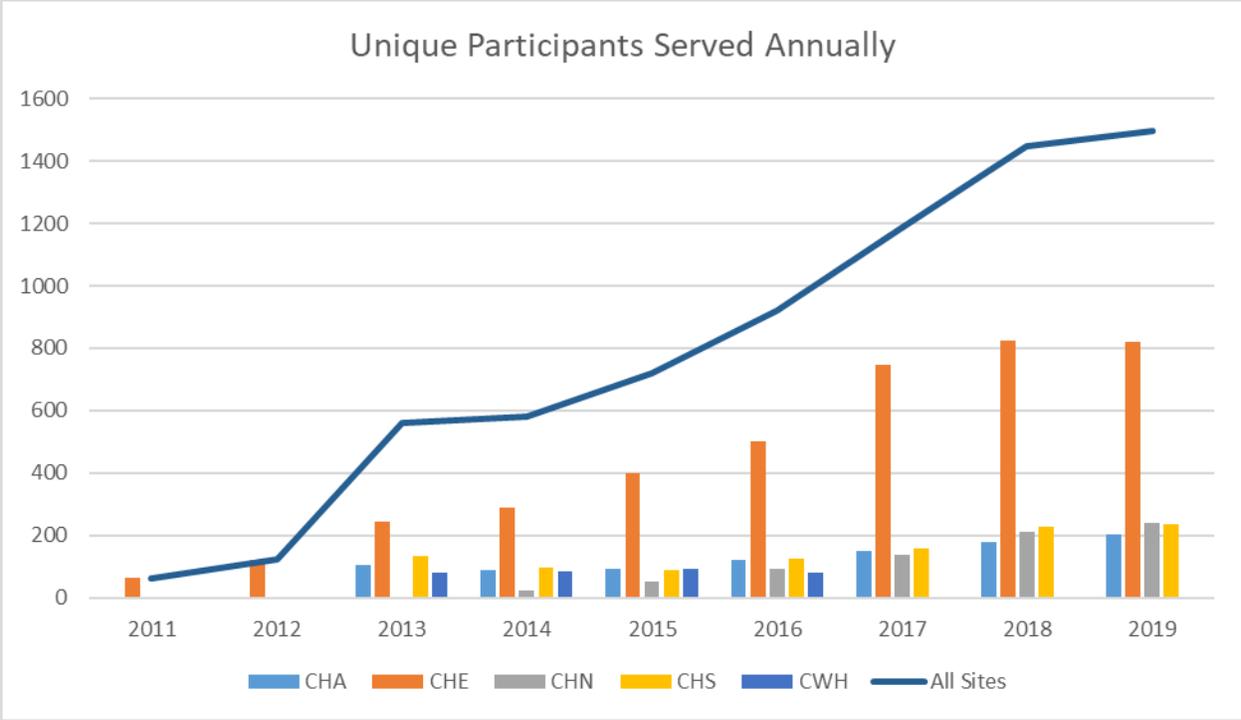
Participants are also encouraged to attend the Annual “A Fair to Remember”, which showcases Community Health Network services and community partners, while providing health education by Community Physician Network providers. In addition, participants can take part in various health screenings and vaccinations, enjoy a brunch and full lunch, and end the afternoon with an inspirational speaker. The program provided 24,729 meals to seniors in 2019. The line graph displays the increase of meals provided from the year 2011 to 2019, by site and overall.

Graph 9. Touchpoint Total Meal Vouchers



Total Meal Vouchers Redeemed Annually

2011	353	Community East
2012	1,716	Community East
2013	6,297	Community Anderson, Community East, Community South, Community Westview
2014	8,726	Community Anderson, Community East, Community North, Community South, Community Westview
2015	12,377	Community Anderson, Community East, Community North, Community South, Community Westview
2016	13,659	Community Anderson, Community East, Community North, Community South
2017	16,951	Community Anderson, Community East, Community North, Community South
2018	22,607	Community Anderson, Community East, Community North, Community South
2019	24,729	Community Anderson, Community East, Community North, Community South



Total Unique Participants Annually

2011	62	Community East
2012	123	Community East
2013	562	Community Anderson, Community East, Community South, Community Westview
2014	582	Community Anderson, Community East, Community North, Community South, Community Westview
2015	719	Community Anderson, Community East, Community North, Community South, Community Westview
2016	919	Community Anderson, Community East, Community North, Community South
2017	1,188	Community Anderson, Community East, Community North, Community South
2018	1,447	Community Anderson, Community East, Community North, Community South
2019	1,497	Community Anderson, Community East, Community North, Community South

2019 Voucher Breakdown	North	South	East	Anderson
Unique Participants Receiving Vouchers in 2019	240	235	819	203
Vouchers Redeemed in 2019 per site	3904	4157	12479	4189
New Participants Enrolled	103	64	267	51

Connections Outreach Events	North	South	East	West	Anderson
Number of Outreach Events Hosted by Touchpoint in 2019 per Region	81	81	82	34	12
Number of Participants totaled for outreach events in 2019 per Region	2397	2487	5061	210	1268

New Members to Touchpoint in 2019	885
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Outreach Outings for Touchpoint Members, ex Trips and Beef and Boards	12
	448

Touchpoint Annual A Fair to Remember, Friday September 27, 2019	
Know Your Number Screenings Provided	208
Flu Shots Given	150
Senior Participants	850

Community Health Needs Assessment Priority: Mental Health/Substance Use Disorder

State Opens NeuroDiagnostic Institute on Community’s East Campus – Around Community, March 2019 – Issue 2



Community East’s new partner and neighbor, the state NeuroDiagnostic Institute, recently cut the ribbon and invited the public to have a look. It’s Indiana’s newest state psychiatric hospital, built on the East campus just north of Community East.

The \$118 million NDI, as it’s known for short, replaces the LaRue D. Carter Memorial Hospital on the west side of Indianapolis, but it’s more than just a replacement hospital. It’s a central diagnostic center for the six state-run mental health facilities and brings to life new thinking in the treatment of behavioral health issues.

The NDI’s 159 beds include space for 60 pediatric patients, and the institution has a staff of about 500 people. There are new treatment options, such as electroconvulsive therapy and repetitive transcranial magnetic stimulation, as well as the ability to perform EEGs, an important diagnostic tool. The facility is designed with a keen eye for patient safety and security as well as comfort, and includes indoor and outdoor fitness and recreational facilities, a salon, retail options and educational offerings.



Those experiencing serious behavioral health issues often have medical issues that complicate their treatment and worsen their brain-based illness. One of the reasons the state chose to locate on the Community East campus is the opportunity to take a more holistic approach to care. The NDI includes its own space for treatment of non-psychiatric needs, but also is connected directly to Community East, which makes it easy for NDI patients to get their physical health needs met. Community East and the NDI also share the Bill Spurlock Support Services Hub, which houses receiving, shipping, materials storage and disposal activities.

Have Hope

With an aspirational goal of achieving a zero percent suicide incident rate among Community Behavioral Health patients by 2024, Community Health Network's Zero Suicide initiative aims to save Community patient lives specifically through early intervention and prevention, the construction of a robust crisis network, and the utilization of innovative mental health diagnostics and treatment protocols. The strategy brings crisis, telemedicine and intensive care coordination services to the patients of more than 600 primary care physicians and 7 emergency departments located throughout Central Indiana, representing both Community facilities and partner organizations where Community provides behavioral health services.

As part of the effort to combat suicide among youth, CHNw provides mental health and substance abuse services to students in more than 150 schools including Indianapolis Public Schools and the Metropolitan School Districts of Lawrence, Warren, Washington and Wayne townships. In addition, Community Health Network and WTHR-TV Channel continued *Have Hope*, a multi-year public service effort to raise awareness about suicide in Indiana and to help more Hoosiers get the help they need. The Have Hope effort complements Community's HaveHope.com, an online suicide prevention resource for teenagers, parents and educators. In 2019, there were a total of 16,983 visits to the website.

Partnership with WTHR Earns Indiana Broadcasters Award

Community Health Network's suicide prevention partnership with WTHR, called Have Hope, earned the 2019 Indiana Broadcasters Award for local community involvement. The more than three-year-long Have Hope effort aimed to raise awareness of the suicide crisis in Indiana through public service announcements driving viewers to HaveHope.com, Community's online suicide prevention resource created with donor funding. From educating viewers on the issue and how to identify warning signs to where to turn when you or someone in your life needs help, Have Hope helped move the needle on suicide prevention and start more conversations across Central Indiana. Funding from the Foundation coupled with the expertise of Behavioral Health leaders and many partners within the product line helped craft compelling messages that inspired this exciting honor.

Sharing Addictions Innovations in Washington, D.C.



Community Health Network President and CEO Bryan Mills and Geoffrey Fortner, MD, senior medical director, Behavioral Health Services, spent a day in Washington, D.C., in July 2019.

They were among 50 healthcare professionals hosted by James Carroll, the director of the Office of National Drug Control Policy, and Assistant Secretary for Health Admiral Brett Giroir. The gathering recognized addiction medicine innovators, and the attendees participated in discussions about the need to expand the addiction medicine workforce.

Taking the Fight Against Drug Addiction to a New Level

Community Health Network and Eskenazi Health were awarded a \$500,000 grant from the state of Indiana. The two behavioral health forces will work together to coordinate a drug addiction recovery network. Indiana Executive Director for Drug Prevention, Treatment and Enforcement Jim McClelland

announced that three regional partnerships were awarded funds to complete recovery networks and seek designation as comprehensive addiction recovery networks. “Governor Eric J. Holcomb has called for an all-hands-on-deck approach to combat the drug crisis and communities all across Indiana have stepped forward,” McClelland said. “We appreciate the Indiana General Assembly’s work to help more people enter recovery through comprehensive addiction recovery networks that will meet people with substance use disorders where they are, assess their needs and connect them to the full continuum of evidence-based care.”

McClelland made the announcement in Indianapolis alongside Sen. Jim Merritt and healthcare leaders from Sandra Eskenazi Mental Health Center and Community Behavioral Health. In alignment with Gov. Holcomb’s Next Level Recovery initiative, the comprehensive addiction recovery network designation was created through legislation Merritt authored. Senate Enrolled Act 33 passed the Indiana General Assembly with overwhelming bipartisan support and was signed into law by the governor in 2019.

Up to \$3 million in funding appropriated to Gov. Holcomb’s Next Level Recovery initiative will support the launch of up to six comprehensive addiction recovery networks across the state over the next two years. Three regional partnerships – one each in northern, central and southern Indiana – were awarded grants from the first round of funding, totaling up to \$1.5 million, to support completion of their recovery networks.

The networks will coordinate care for Hoosiers battling drug addiction. Each entity designated as a comprehensive addiction recovery network must partner with local providers to offer the full spectrum of substance use care including assessments, inpatient, outpatient and medication-assisted treatment, peer support services, recovery residences, job training and workforce readiness services, and family support services.

When the networks are complete, the regional partnerships will be eligible to apply to receive a designation from the Indiana Family and Social Services Administration (FSSA) Division of Mental Health and Addiction (DMHA) as a comprehensive addiction recovery network. DMHA will oversee the development process and work closely with the designated entities to ensure they have support in implementing evidence-based practices to help people enter or maintain recovery from substance use disorders.

Youth Prevention Programming

Community Behavioral Health provided the *This is Not About Drugs* prevention program to students in middle, junior high and high schools. The program is designed for students in grades 6-12 as an effective lesson for helping raise awareness to the risks of misusing prescription opioids. In addition to its assessment component and science-based measurement results, the program features film and discussion and after-lesson support. Three thousand, nine hundred and sixteen (3,916) students from 18 schools in the Anderson, East, North, and South Regions participated in the program in 2019.

Growth in Providers

In 2019, Community Health Network increased the number of Medication Assisted Treatment providers by ten (10), five (5) of which are in the Howard Region. In addition, the Behavioral Health Product Line increased the total number of caregivers by 83, going from 1,063 caregivers at the end of 2018 to 1,146 caregivers at the end of 2019.

Behavioral Health Academy

Community Health Network collaborated with the Indiana University School of Social Work (IUSSW) and the University of Indianapolis Phylis Lan Lin Department of Social Work (UIndy) to launch an innovative behavioral health talent pathway. Stakeholders from Community Behavioral Health, IUSSW, and UIndy completed an 18-month process to build the Behavioral Health Academy™, a talent pipeline expecting to yield 25 – 30 licensed clinical social workers (LCSW) annually who are eligible to become dually licensed as licensed clinical addiction counselors (LCACs) and are specially trained in treating substance use disorders.

The Behavioral Health Academy creates significant benefits for Community Behavioral Health, students, and IUSSW and UIndy as education partners. As an employer, Community Health Network has a steady supply of high-caliber talent trained in Community Behavioral Health specific behavioral health practices, resulting in decreased orientation costs and time to productivity for new hires. The students participating in the Behavioral Health Academy receive specialized training in evidence-based practices, an opportunity to interview for employment upon graduation, and a financial incentive to defray the cost of their education. IUSSW and UIndy can leverage the Behavioral Health Academy as a unique opportunity to attract top-tier students. The schools also benefit from close collaboration with industry experts to align curriculum with industry best practices. By filling the workforce gap, additional opportunities will be available to address the critical need for substance use disorder treatment services. In the 2019/2020 academic year, 27 Masters of Social Work students participated in the Behavioral Health Academy.

Congresswoman Susan Brooks visits Behavioral Health Academy

Indiana Congresswoman Susan Brooks paid a visit to students in the Behavioral Health Academy at Community Health Network. Congresswoman Brooks commended the 27 students for pursuing their careers in Behavioral Health and getting their master's degree.

Community Health Network partnered with IUPUI, University of Indianapolis and Ascend Indiana to create the program for students. It's an innovative program that allows services to be consolidated in the patient treatment process. When they complete the program, students will be eligible to become licensed clinical social workers and licensed clinical addiction counselors.

Congresswoman Brooks talked about the growing opioid addiction problem in Indiana and around the United States. Brooks thanked the students for pursuing careers in Behavior Health at a time when there is a growing need for professionals in this field. Brooks said, "I think it is going to take a whole new generation of providers, or whether it is educators, to help us find a new way to talk about mental health issues because we know that everyone knows someone with a mental health issue. It's just that so often it's one of those health conditions that people don't want to talk about. Same thing with addictions."

George Hurd, CHNw Vice President of Behavioral Health, said, "The Behavioral Health Academy is a creative approach to meeting the growing demand for behavioral health professionals as Congresswoman Brooks discussed. The Academy aims to prepare students pursuing their Master of Social Work to be able to treat people suffering from substance use disorders (SUDs) and mental illness at the same time."

Clients and Services

As Community seeks to meet the needs of the community regarding substance abuse, we have increased the number of providers who can provide treatment for substance use disorder and co-occurring disorders. This is reflected through the increased number of clients served and the number of services provided from 2018 to 2019.

Discrete Clients Receiving Services	Region				
	Anderson	East	Howard	North	South
2018	243	1,197	682	205	157
2019	225	984	884	253	133

Number of Services	Region				
	Anderson	East	Howard	North	South
2018	3,814	27,007	12,920	3,147	2,148
2019	4,033	21,782	16,085	3,531	2,030

Feedback-Informed Treatment

Feedback-Informed Treatment (FIT) is a method of engagement used during targeted clinical contacts which enables caregivers to deliver Feedback Informed Treatment. The approach is used for evaluating and improving the quality and effectiveness of behavioral health service and works with existing approaches to therapy. Two measures within the FIT are the Outcome Rating Scale (ORS) and the Session Rating Scale (SRS). The ORS, which a client completes at the start of a session, asks about their wellbeing. The SRS, which is filled out at the end, asks about the therapist's performance. For instance, one item asks if the client felt heard, understood and respected during the session. Another asks if they worked on or talked about what they wanted to.

FIT is a care approach that is about empowering the client and increasing the client's voice. FIT involves routinely and most importantly formally soliciting feedback from clients about the process of therapy, working relationship with the therapist and overall wellbeing.

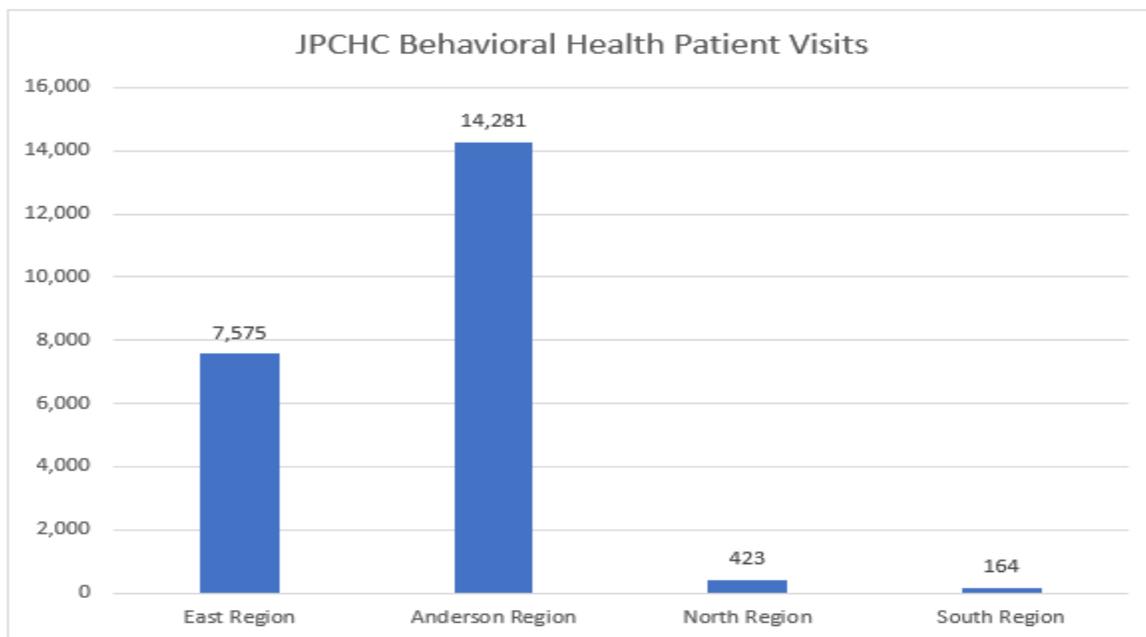
Research has demonstrated numerous benefits to receiving ongoing formal feedback from clients. FIT has been shown to:

- Double the rate of reliable and clinically significant client change
- Enhance client wellbeing and overall outcomes
- Increase engagement and decrease dropout rates by as much as 50%
- Reduce the course of treatment

FIT - 2019 Baseline Data	
Session Experience Scores	9+ Score (0-10)
Felt cared for, heard and respected	84%
Worked on the right things	81%
Worked on what I want to change in my life	80%
Outcome Rating Scale Scores by Diagnosis	% Postive Impact
Adjustment Disorder	56.0%
Anxiety Disorder	66.9%
Bipolar Disorder	63.3%
Depressive Disorder	70.6%
Developmental Disability	25.0%
Disruptive/Impulse-Control/Conduct Disord	70.8%
Personality Disorder	57.1%
Psychotic Disorder	61.9%
Substance Use Disorder	65.1%
Grand Total	67.4%

Jane Pauley Community Health Center

The Jane Pauley Community Health Center is a Federally Qualified Health Center offering high quality, affordable healthcare including behavioral health services in four of CHNW's five regions. In 2019, the Center provided 22,443 behavioral health patient visits.



Drug Take Back Events

Unwanted and expired medicine may be a risk to human health and the environment if disposed of improperly. Wastewater treatment plants and septic systems are not designed to deal with pharmaceutical waste. Many medicines pass through the systems and are released into streams, lakes, and groundwater. The best way to reduce the impact of pharmaceutical waste on the environment is to dispose of medicine properly. State and local law enforcement agencies have established drug disposal programs (often called “take-back” programs) to facilitate the collection and destruction of unused, unwanted, or expired medications. These programs help get outdated or unused medications off household shelves and out of the reach of children and teenagers.

Drug take-back events collect close to 1,500 pounds of medication

By Kris Kirschner For release on April 29, 2019 Community Health Network

Indianapolis—On April 27, 2019 Community Health Network drug take-back events collected close to 1,500 of pounds of medication. The events help families safely and responsibly dispose of expired and unneeded medication. This removes the medication from the home and helps to prevent accidental poisoning of young children or pets. Additionally, due to the epidemic of prescription drug abuse, medication theft is a growing concern including identity theft caused by stealing personal information from prescription bottles.

Various Community locations participated in the take back events including Community Cancer Center North, Community Cancer Center South, Community Hospital East and Community Howard Regional Health.

Medication collected by location:

- Community Cancer Center North – 420 pounds
- Community Cancer Center South – 125 pounds
- Community Hospital East – 50 pounds
- Community Howard Regional Health – 900+ pounds

Drug take-back events collect more than 1,200 pounds of medication

By Community Health Network For release on October 28, 2019

Indianapolis—Community Health Network's drug take-back events on October 26 collected more than 1,200 pounds of medication.

The events help families safely and responsibly dispose of expired and unneeded medication. This removes the medication from the home and helps to prevent accidental poisoning of young children or pets. Additionally, due to the epidemic of prescription drug abuse, medication theft is a growing concern including identity theft caused by stealing personal information from prescription bottles.

Various Community locations participated in the take back events including Community Cancer Center North, Community Cancer Center South, and Community Howard Regional Health.

Medication collected by location:

- Community Cancer Center North: 340 pounds
- Community Cancer Center South: 115 pounds
- Community Howard Regional Health: 752 pounds

Community Health Needs Assessment Priority: Tobacco Use

Baby and Me Tobacco Free Program – Community Hospital East

The Baby and Me, Tobacco Free Program is evidence-based, and it has measurable positive outcomes by providing tobacco cessation education/services to pregnant and postpartum women. The proven program protocols utilize the American Congress of Obstetricians and Gynecologists (ACOG) “5 As” counseling approach, as established in the Clinical Practice Guidelines for Treating Tobacco Use and Dependence, Public Health Service Guidelines (updated 2008).

The Indiana State Department of Health’s Baby and Me Tobacco Free Program in coordination with CHNw has served 172 women since its inception, serving 82 women in 2019. All participants are educated on risks, cravings, and triggers during Session 1. The portal data shows 72% of women enrolled, successfully screened below a 3 on the CO-monitor during prenatal sessions (qualifying them as smoke-free and allowing them to remain in the program).

Table 1. Community Hospital East’s Recent BM/TFP Outcomes/Impact

Year	Patient’s (pts.) Enrolled	Partner’s (part.) Enrolled	Births >37wks (projected measure 90%)	Births >5lb5oz (projected measure 90%)	#Educated to smoking risks on pregnancy, fetus & newborn	#Educated about 2nd & 3rd hand smoke risk factors	#Educated to ways to handle cravings & other smokers	Number of encounters with clients and partners	Number of \$25 vouchers given
2019	82	6	36 (81%)	35 (79.5%)	82	82	82	113	70

Table 2. Community Hospital Anderson’s Recent BM/TFP Outcomes/Impact

Year	Patient’s (pts.) Enrolled	Partners (part.) Enrolled	Births >37wks (projected measure 90%)	Births >5lb5oz (projected measure 90%)	#Educated to smoking risks on pregnancy, fetus & newborn	#Educated about 2nd & 3rd hand smoke risk factors	#Educated to ways to handle cravings & other smokers	Number of encounters with clients and partners	Number of \$25 vouchers given
2019	163	38	41 (3<) (92.9%)	41 (2<) (95.2%)	163 pts. & 38 part.	163 pts. & 38 part.	163 pts. & 38 part.	668	282
2018	124	37	30 (98.1%)	30 (100%)	124 pts. & 37 part.	124 pts. & 37 part.	124 pts. & 37 part.	504	214
2017	133	37	35 (100%)	35 (100%)	133 pts. & 37 part.	133 pt. & 37 part.	133 pt. & 37 part.	481	277

Alliance for a Healthier Indiana



We support our communities in many ways, including by advocating on behalf of better health. That’s why Community Health Network’s president and CEO, Bryan Mills, has joined with a number of partners from healthcare and the business community—including the Indiana Hospital Association, the Indiana State Medical Association and the Indiana Chamber of Commerce—to create a new organization known as the Alliance for a Healthier Indiana. Others participating include IU Health, Indiana University

School of Medicine, Ascension, Anthem, Tobacco-Free Kids, American Cancer Society, and the Fairbanks School of Public Health (IUPUI).

In 2019, the Alliance’s goals were to continue educating the public and lawmakers, grow grassroots engagement around the state, increase local support, raise awareness of Indiana’s poor health rankings and share ideas about ways everyone can work together to improve Hoosier health. The Alliance met monthly during 2019 to discuss issues and solutions to Indiana’s poor health rankings. In 2019, America’s Health Rankings moved Indiana to 41st out of the 50 states in overall health. Because of the “high prevalence of smoking,” Indiana was ranked in the bottom of states (47th) in smoking. <https://www.americashealthrankings.org/explore/annual/measure/Overall/state/IN>

[Written by Jill Sheridan, WFYI Indianapolis -Article origination IPBS-RJC]

On January 4, 2019, the Alliance spoke to the media addressing the economic benefits of a cigarette tax hike. “Indiana lawmakers this legislative session will be urged by some to raise Indiana’s cigarette tax by \$2. Indiana has one of the highest smoking rates in the country, and some of the lowest cigarette taxes. The advocacy group Alliance for a Healthier Indiana says it’s made higher cigarette taxes a focus this year, and lawmakers are being pushed to consider the issue. Indiana Chamber of Commerce President Kevin Brinegar says raising the cigarette tax is proven to reduce smoking. "And that will help keep young people from ever becoming smokers because the vast majority of people who smoke throughout their lives start before they’re 21," says Brinegar.

Indiana also lags in smoking and prevention and cessation funding – it spends 10 percent of the CDC’s recommended amount. The state would gain more than \$200 million if the tax was raised by \$2. Some opposed to the measure argue a tax hike would hurt jobs, and some say the state doesn’t need the

additional revenue. Other argue it will be harmful to low-income Hoosiers. Brinegar says smoking hurts Indiana businesses. "That has real financial impact on businesses in terms of additional health care cost, loss of productivity and absenteeism," says Brinegar. "It's estimated to cost Hoosier businesses \$6.2 billion a year."

The budget is expected to be tight this year, as Indiana lawmakers seek to invest in teacher pay and improve Department of Child Services funding. Brinegar says cigarette tax money could help fill the gaps in the health sector. "It certainly makes sense to go toward health programs including expanding smoking cessation, covering the additional state requirements that are coming with HIP 2.0, we think it also could help with addiction," says Brinegar. The alliance also supports raising the age to buy tobacco and vaping products to 21. During the 2019 Indiana Legislative session, the Alliance supported three introduced bills to raise the cigarette tax, to tax vaping, to raise the minimum age to purchase tobacco and vaping products to 21 years old. <https://www.wfyi.org/news/articles/alliance-pushes-economic-benefits-of-cigarette-tax-hike-19rjc>

We Know How to Reduce Tobacco Use. Will We Take Action? – Indiana Business Journal Article, written by Bryan Mills, Community Health Network president and CEO

My dad was a lifelong smoker, and he died of heart disease at age 71. My mom was a lifelong smoker, too, and she developed lung cancer—fortunately, it was treated in time and she's in remission. For me, the lesson is highly personal and very clear. Tobacco is a serious health threat, and our state needs to do much more to reduce that threat.

This is the third straight year that the Alliance for a Healthier Indiana and a coalition of more than 200 leading Indiana organizations called Raise It for Health have tried to persuade state legislators to take meaningful steps to improve the health of Hoosiers. Tobacco has been our first focus because of its health impact—smoking causes cancer, raises the risk of heart disease and more than doubles the risk of stroke. We have proposed a \$2-per-pack increase in the cigarette tax, because research shows doing so is very effective in encouraging smokers to quit and preventing young people from starting in the first place. But so far, despite polling that shows broad bipartisan support for raising Indiana's cigarette tax, we've not been able to get the General Assembly onboard.

Meanwhile, in the three years we've been trying and in the 12 years since Indiana last raised its cigarette tax, the statistics about Hoosier health and smoking have continued to get worse. While the nation's smoking rate has gone down, in Indiana it has continued to rise. Our state ranking for smoking rate was 39th, now it is 44th, and our overall health ranking has declined from the 38th spot to 41st. Without significant action, it would not be inconceivable for Indiana to fall to 50th in short order.

Back when my parents took up smoking, we didn't have a lot of data about the dangers of tobacco. Now, we have the data on the hazards of smoking, and we have research showing how a comparatively simple public policy action such as raising the cigarette tax can reduce the rate of smoking and save lives. We're about midway through the 2019 General Assembly. To improve the health of Hoosiers, we have the knowledge we need. Do we have the will?

For more information, please visit Raiseitforhealthin.com

While none of the legislative bills passed, US Sen. Todd Young (IN) co-introduced a congressional bill – the Tobacco to 21 Act. The Alliance supported this bill and was invited to join a press conference being held by Sen. Young at Carmel High School to discuss the Act. The Indiana Hospital Association released the

following statement and quotes to the media. “Alliance members Bryan Mills, CEO of Community Health Network, and Kevin Brinegar, president and CEO of the Indiana Chamber, will join Senator Young and make brief remarks.”

Indiana Hospital Association President Brian Tabor: “We are grateful for Senator Young’s leadership to reduce smoking rates among Hoosiers. Indiana’s smoking rate of 21 percent is one of the highest in the nation. With over 4,100 Hoosiers under age 18 becoming new daily smokers each year, raising the age of tobacco purchase from 18 to 21 would be a huge deterrent for future smokers. This legislation is an important step to reduce the deaths, disease, and health care costs caused by tobacco use and will unequivocally save lives.”

Richard M Fairbanks School of Public Health at Indiana University IUPUI, Founding Dean and Professor Dr. Paul Halverson: “I ardently commend Senators Young, Schatz, Romney, and Durbin for their leadership in supporting a strong, evidence-based proposal to raise the age to purchase tobacco products to 21. Federal action is long overdue as tobacco use is the leading cause of preventable death in the United States. The National Academy of Medicine predicts that nationwide legislation that delays the legal purchase of tobacco products by those younger than 21 can prevent youth smoking initiation by 25 percent, decrease smoking overall smoking rates by 12 percent, avert 225,000 premature deaths, and prevent 4.2 million years of life lost. This proposal, coupled with higher tobacco prices and adequately funded tobacco prevention programs, can make a huge difference by reducing the economic burden of tobacco-related diseases and improving the quality and length of life for millions of Americans!”

Nurse-Family Partnership (NFP)

Goodwill of Central & Southern Indiana implemented the Nurse-Family Partnership (NFP), a nurse home-visiting program serving low-income mothers and babies. The goals listed in the agreement between CHNw and Goodwill of Central & Southern Indiana are:

1. Serve 25 low-income vulnerable mothers and new babies in the East Region
2. Assist in accessing prenatal care and wraparound services to improve health outcomes of the mother and child, and set them on a road to self-sufficiency
3. Lower infant deaths
4. Decrease pre-term births
5. Reduce rates of child maltreatment
6. Document metrics/milestones of baby via behavioral health methods
7. Nutrition training during well-baby check-up
8. Increase breastfeeding rates
9. Reduce smoking during pregnancy

There were 31 babies born while in the program in 2019. Thirty of these mothers are first-time and one is a second-time mother. Clients enrolled in NFP at an average of 17 weeks gestation. The dedicated nurse completed 387 visits during 2019.

In this section, we outline our progress toward the shared program goals.

Measurement	Number/ Percentage	Associated Program Goal
Number of clients served	44	1
Average week clients started attending prenatal visits	9	2
Referrals to other services	238	2
Number of infant deaths	0	3
Babies born at a healthy birthweight	96.55%	3
Number of babies born full term	28 (out of 31)	4
Referrals to DCS	0	5
ASQ screens indicating a referral is needed	0	6
Breastfeeding initiation	94%	8
Smoking cessation rates	63.64%	9

Here is what Community is doing to support the work of NFP related to smoking cessation and addiction: Goodwill NFP tobacco cessation efforts are led by an amazing team of NFP nurses who have a passion for addressing tobacco use in our population. As a direct result of the continuous quality improvement work of this team, we have identified ways to continue improving our assessments, nursing support, service utilization, and collaboration for referrals made to specialized tobacco treatment care providers such as the Indiana Quitline and the Baby and Me Tobacco Free program.

Nurse home visitors complete an additional nine-module online training course through the University of Massachusetts Medical School to learn the basic tools and resources necessary for working with smokers. Additionally, we have carbon monoxide monitors the nurses can utilize during a home visit to provide a strength-based approach when discussing current changes, the client is making in her smoking.

Finally, we have what we call a “Smoking Education and Cessation Toolbox”. These boxes contain various teaching tools the nurses can use to support education on smoking and preparing for successful cessation. The boxes include items such as a Tar Jar, toothpicks, pack-wraps, gum, and various educational handouts. Thanks to a partnership with the March of Dimes, we can provide a box to each nurse home visitor.

The team began discussion of addressing tobacco use in combination with substance abuse. Substance use is also a major focus of NFP work. In initial assessments, nurses are educated on how to elicit information about substance use in a nonjudgmental, non-threatening way. They have access to patient education materials about SUD. Sara Pollard, our mental health consultant, is working with a team of nurses to create a SUD pathway for nurses, to guide practice when substance use is identified. We have a training module for SUD that is completed annually by our nurses, in addition to training from our national NFP office. Included in continuing education is practice in motivational interviewing, providing nurses with

information about the stages of change, and providing strategies to evoke change talk in their visits with clients. Our nurse home visitors carry Narcan and have been trained in its use.

Community collaboration includes working closely with the CHOICES program, not only for CHNw funded clients, but all those who could potentially benefit from this innovative program. We also have a partnership with VOA Fresh Start program, including bidirectional referrals, and client case management meetings every 3 weeks. Our mental health consultant has developed a resource map for nurses, highlighting SUD resources statewide.

We continue to seek grant opportunities to enhance our SUD work. We've received funding from United Way in Delaware County to provide in-home counseling for mental health, including SUD.

2019 Q2 NFP Referrals, by locations Jan - Jun, 2019 (Pulled 7-15-19)	Count	Percent
Community Physician Network	2	1.2%
Current (active referral)	1	50.0%
Enrolled in NFP, Consent Signed	1	50.0%
Community-East	22	13.4%
Current (active referral)	2	9.1%
Did not meet NFP criteria	4	18.2%
Enrolled in NFP, Consent Signed	6	27.3%
Refused participation	2	9.1%
Unable to locate	8	36.4%
Community-East Washington Street OBGYN	53	32.3%
Already enrolled in another program	1	1.9%
Current (active referral)	6	11.3%
Did not meet local criteria	4	7.5%
Did not meet NFP criteria	2	3.8%
Enrolled in NFP, Consent Signed	10	18.9%
No Longer Eligible	1	1.9%
Refused participation	13	24.5%
Unable to locate	16	30.2%
Community-Howard OB/GYN	20	12.2%
Current (active referral)	8	40.0%
Enrolled in NFP, Consent Signed	9	45.0%
Refused participation	2	10.0%
Unable to locate	1	5.0%
Community-Jane Pauley Anderson	2	1.2%
Current (active referral)	1	50.0%
No Longer Eligible	1	50.0%
Community-Jane Pauley Shadeland	14	8.5%
Current (active referral)	1	7.1%

Did not meet NFP criteria	1	7.1%
Enrolled in NFP, Consent Signed	5	35.7%
No Longer Eligible	1	7.1%
Refused participation	4	28.6%
Unable to locate	2	14.3%
Community-North	14	8.5%
Current (active referral)	1	7.1%
Did not meet NFP criteria	1	7.1%
Enrolled in NFP, Consent Signed	10	71.4%
Refused participation	1	7.1%
Unable to locate	1	7.1%
Community-Physician Network Muncie	3	1.8%
Enrolled in NFP, Consent Signed	2	66.7%
Refused participation	1	33.3%
Community-South OBGYN	5	3.0%
Current (active referral)	1	20.0%
Refused participation	1	20.0%
Unable to locate	3	60.0%
Jane Pauley Community Health Center	29	17.7%
Current (active referral)	14	48.3%
Enrolled in NFP, Consent Signed	9	31.0%
Refused participation	2	6.9%
Unable to locate	4	13.8%
Grand Total	164	100.0%

Community Health Needs Assessment Priority: Community Driven Initiatives

Partnership for Healthy Hamilton County

St. Vincent Health, Riverview Health, IU Health and CHNw are the hospitals that make up The Partnership for Healthy Hamilton County (PHHC). This partnership is an outgrowth of the 2015 CHNA conducted by the aforementioned institutions. The PHHC coalition meets quarterly and the agenda by the subcommittees that focus on:

- Access to Care
- Food/Nutrition/Physical Activity
- Mental Health/Behavioral Health/Suicide Prevention/Substance Abuse
- Tobacco Prevention and Cessation

PHHC has supported Community Health Network in our goal to address diabetes/obesity and asthma, (as indicated in the 2016-2019 Community Health Needs Assessment Implementation Strategy, IRS 990 Schedule H) by facilitating strategic partnership with community organizations in an effort to allocate resources and take collective action in education, awareness, and assistance. Section I and II below provide activities specific to Community Health Network's priorities. Section III and IV are additional activities PHHC completed during 2019.

I. Food and Nutrition

○ Fishers Youth Assistance Program – Summer Meal Program

PHHC participated in and supported the Hamilton County Youth Assistance Program – Summer Meal Program. The program goal was to provide a healthy, nutritious breakfast and lunch during the summer months to youth in Hamilton Southeastern school district who received free or reduced lunches during the school year. This program ensured no children go hungry during the summer months. During the 9-week summer break:

- ✓ 620 youth registered for weekly meals
- ✓ An average 514 youth picked up meals weekly
- ✓ 46,220 meals were provided at a cost of \$1.48/meal
- ✓ \$133.20 was the cost to feed 1 youth for the summer
- ✓ Multiple organizations and businesses contributed to the program

○ Nutrition Coalition Meetings

Facilitated bi-monthly meetings; included discussions regarding county wide nutrition programs, summer lunch program activities, and food donations. Identified ways to access fresh produce and increase consumption of fruits and vegetables in a daily diet through community programs.

II. Tobacco Education and Cessation

○ Breathe Easy Hamilton County

During 2019, PHHC continued to be the lead organization for the Hamilton County Tobacco Prevention and Cessation Commission and the Breathe Easy Hamilton County initiative. The priority areas include: Prevention of youth smoking

- Reducing exposure of Hamilton County residents to secondhand smoke
- Building a network of community partners
- Reducing adult smoking rates

PHHC held initial conversations with the Indiana State Department of Health to partner/launch an anti-vaping campaign.

○ 'Beyond the Haze of Vaping'

Sponsored the presentation in partnership with Breathe Easy Hamilton County during a PHHC Coalition meeting. Addressed the vaping epidemic and how it's impacting youth; educated adults on the latest products that introduce youth to tobacco and nicotine.

III. Mental Health

○ Senior Mental Health Fair

PHHC partnered with other community organizations to execute a Senior Mental Health Fair. Those present to provide support and information included Shephard's

Center, Mended Hearts and Christ Community Church.

- 'Help Your Child Be Their Best' Seminar

PHHC worked in partnership with the Hamilton County Leadership Academy and Hamilton County Systems of Care to develop and facilitate the youth focused seminar, that included Dr. Rob Bell, sport psychologist and author, as the keynote speaker.

IV. Education and Awareness

- 'Trauma, Adversity and Building Resilience: Simple Strategies for Worth with Youth'
Partnership between PHHC and Hamilton County System of Care in working with faith-based organizations in delivering workshop to youth.

- Advancing EAPs with Small Businesses

PHHC Executive Leadership participated in and completed the Association of Chamber of Commerce Executives (ACCE) national professional development program designed to boost innovative community health initiatives. Professionals participated in a design-thinking lab that helped to develop and implement a plan to tackle a specific community health challenge. PHHC leadership worked in partnership with the Noblesville Chamber of Commerce to advance a small business Employee Assistance Program (EAP).

- Business Health Coalition – Noblesville Chamber

Working to advance a business health coalition that would integrate PHHC's Community Based Health Coalition initiatives into the Chamber's Healthy Noblesville Alliance.

- Hamilton County Community Foundation – Not for Profit Showcase

PHHC participated in the showcase, providing information to more than 300 attendees about the work of the organization, including how the community collectively address health needs in the areas of nutrition, mental health, substance abuse, and tobacco.

Partnership for a Healthier Johnson County (PHJC)

Partnership for a Healthier Johnson County is a collaboration with Johnson Memorial Health, Franciscan Health and other community stakeholders that support the following:

- Access to Care
- Behavioral Health
- Maternal and Child Health
- Nicotine Cessation/Tobacco
 - **Young Lungs** (1st Grade) – 2,019 projected students reached
 - **Smokebusters** (3rd Grade) – 1,075 projected students reached
 - **CATCH My Breath** (5th and 6th Grade) – 125 projected students reached
 - **Middle School/High School/Vocational** – 1,200 projected students reached

- Wellness

In 2019, PHJC reached an estimated 4,419 students in the Johnson County school corporations, with its Nicotine Cessation/Tobacco program. The largest group impacted was Young Lungs program, which taught 2,019 first graders ways, to lower youth and adult smoking and nicotine addiction rates through education, policy and evidence-based cessation programs.

Community Health Network also collaborated with Aspire Johnson County and Empower Johnson County, to begin hosting Community Conversations on vaping, in all Johnson County school districts. In 2019, these Community Conversations began and were completed in the following school corporations: Franklin, Indian Creek, Edinburgh and Center Grove.

Also, in another collaborative effort with Empower Johnson County, PHJC wanted to bring awareness to Johnson County youth (13,670 high school and middle school students), regarding vaping/tobacco and establish a county-wide youth council that will bring peer-to-peer messaging. CHNw produced an original vaping flyer for Johnson County school nurses, listing symptoms of vaping and where to get help. CHNw also assisted in promoting Instagram videos of students during the Great American Smoke-out.

In 2019, we also had a strong focus on Maternal and Child Health. Within this program there were two strong focal points. One was on the reduction of maternal smoking and the other was supporting a Safe Haven infant box.

The main goal for reducing maternal smoking was to increase outside referrals from a physician's office and the continued funding of the Baby and Me Tobacco Free program. To date, we have 126 mothers enrolled in the Baby and Me Tobacco Free program and have received our grant for the third year of funding. As a positive sign, we've seen an increase in outside referrals from physician's offices.

The PHJC also wanted to focus on supporting a Safe Haven infant box, to decrease infant mortality and increase safe places for babies to be surrendered. In 2019, the new White River Fire Department installed a Safe Haven infant box and the committee starting discussions about pursuing another Safe Haven box for the Franklin area.

In 2019, the PHJC also a strong commitment towards the wellness of Johnson County residents. In order to do so, they worked focused on many projects throughout the year, but two really stood out. The PHJC focused on the 'Continue Youth and Adolescent Physical Activity' grant implementation, providing GoNoodle Plus subscriptions in eight elementary schools. This work had the potential reach of 3,000 students in eight Johnson County elementary schools, with 96,186 activity minutes and 81 teachers utilizing the plan. With their hard work, the PHJC Wellness Team members secured an \$8,000 grant from Indiana State Department of Health, to fund this in the Clark-Pleasant Community School Corporation, grades K-4.

The PHJC Wellness Team also provided support to the Needham/Webb Elementary School garden in 2019. There were a total of 15 students and partners engaged in Garden Club, with 300 students reached via garden exposure and classroom activities. The students harvested over 400 pounds of produce from Franklin School High School's garden, which supported the development of the community garden at Michelle's Little Free Pantry. No funding or donations were needed for this project, as PHJC used 2019 budget funding.

In 2019, the PHJC also focused on Behavioral Health issues across Johnson County. PHJC partnered with the Suicide Prevention Coalition to increase awareness of suicide within the community. The first event was held at Canary Creek on May 9-11, and the second event was a viewing of *'Partnered with Suicide: The Ripple Effect'* viewing in Whiteland. PHJC also promoted *'Resilience: The Biology of Stress & The Science of Hope'* and promoted and attended the ACE event at Pike Performing Arts Center on July 19.

Healthy Southside Initiative

Healthy Southside Initiative is a collaboration with Community and Franciscan Health that supports essential community outreach to promote optimal health and wellness. There are four focus areas that include:

- Access to Care
- Mental/Behavioral Health
- Cultural Competency
- Physical Activity and Nutrition

In 2019, Health Southside Initiative participated in the following activities:

- Healthy Concessions at the Baxter YMCA
- Safe Access to Schools: Installation of four “Watch for School Bus” signs at the approaches to Abraham Lincoln Elementary in Perry Township
- Bethany Community Garden; providing produce to volunteer gardeners and to two food pantries; Hunger Inc., and A Servant’s Heart
- Presentation at the Multi-Cultural Day at the Franciscan Health Family Medicine Residency Program
- Hosted the Myanmar Union Day

Eastside Redevelopment Project

Convened by Community Hospital East, the Indianapolis East Redevelopment Committee (IERC) serves as a collaborative platform for addressing quality of life issues on the Eastside of Indianapolis. The organization got its start when Emerson Avenue needed repaving from I-70 to 21st Street, and the city looked for community involvement to get the project off the ground. Area partners— Community Hospital East, Warren Township Schools, Raytheon, Finish Line, Caito Foods, Indy Chamber, Marriott East and Far Eastside Neighborhood Association— came together, but soon found a greater common interest beyond paving a road: revitalization on the Eastside of Indy.

Today, a foundational initiative of the IERC has been the Emerson Corridor Strategy. This strategy has identified major employers in the area. The IERC has used this information to expand the reach and grow the numbers of businesses and organizations in the community that are participating. The IERC meets a few times a year and consists of the following committees that help facilitate community engagement and economic discussions at those meetings:

Indianapolis East Redevelopment Committee Working Groups



Binford Redevelopment and Growth (North Region)

Binford Redevelopment and Growth, Inc. (BRAG), founded in 2005 by a group of concerned neighbors, is a non-profit neighborhood organization located in the northeast corner of Indianapolis.

For more than a generation, Castleton has served as a vibrant center of commerce in Central Indiana and remains an important regional shopping destination and employment hub today. However, as national trends change so must our communities. Aging development, changing lifestyle preferences, and a rapidly evolving retail environment can lead – and in some places is already leading – to less desirable uses, vacancies, and devaluation. Castleton is at a critical moment: to think forward to the next version of this area and build on it’s past to create a vibrant future.

In 2019 the City of Indianapolis Department of Metropolitan Development led a year-long planning process in partnership with an expert planning team, headed by MKSK. This process focused on understanding Castleton today, capturing public input through a robust process, exploring opportunities for the future revitalization of this area, and making recommendations for implementation steps. The culmination of this is the Castleton Strategic Revitalization Plan, which positions the area for a new era of vitality as a center of not just shopping but living and playing.

Project Location and Boundaries:

The study area for this plan consists of a larger economic study area, within which a smaller, redevelopment focus area will be identified. The larger economic study area consists of the commercial, industrial, and multi-family property in the Castleton area, roughly bounded by White River on the west, 96th Street on the north, Hague Road on the east, and 75th Street, I-465, and 82nd Street on the south. The redevelopment focus area will be focused on the 82nd Street Corridor between I-465 and I-69. The larger economic study area is 4.5 square miles and 2,790 acres in area.

Serve 360°



In 2011, Serve360° was created as a program to open opportunities for Community caregivers to live out the Network's mission through volunteerism. Since then, Serve360° has continued to grow and its volunteers have continued to make lasting impacts on the communities they support every year.

While Serve360° opportunities are available to all Community caregivers, Community's leaders are held accountable as servant leaders, as they are required to complete a minimum of three hours of volunteer services each year. From volunteering with cancer patients at Little Red Door to reading with kids after school through United Ways' ReadUP program, Serve360°'s purpose is to give back to the people and neighborhoods that gave birth to the network and continue to support it. Serve360° works to provide local nonprofits with the necessary volunteer hours to help keep expenses low, so they can focus their resources on programs that can improve the outcomes for our patients and the communities we are all working to serve.

In 2019, Community Health Network caregivers donated:

- 11,519 volunteer hours
- 2,425 unique volunteers providing services
- We provided services to nearly 82 local nonprofit organizations in Central Indiana
- Some header as examples of Serve360 efforts --

Servants at Work (SAWs)



This is a nonprofit 501(c)(3) organization that builds wheelchair ramps to provide persons with disabilities and conditions of aging with the freedom to remain in their homes and reconnect with their communities. Overcoming their activity impediments allows people to "age in place" and remain in their homes. In 2019, the Network was fortunate to participate in one build with SAW(s).

Reading is Fundamental



Community collaborated with Scholastic Books to encourage and celebrate reading. The Network recognizes that reading truly is fundamental for a good quality of life. As part of its effort to support this core belief, in 2019, Community's leadership collected 1,794 books and donated them to schools, community centers, and libraries across the five hospital regions.

In addition, employees contribute their time and talent to the United Way ReadUP Program. ReadUP connects volunteers with local schools, helping kids get on track – with grade level literacy. Children who read at or above grade-level are more likely to succeed in school and life.

In 2019, Community Health Network caregivers donated to the ReadUP program:

- 83 volunteer hours
- 10 unique volunteers providing services

B.A.B.E Store



In partnership with the Marion County Public Health Department, Beds and Britches, Etc. (B.A.B.E.) of Indianapolis, Community Health Network opened our first store in 2015 on the eastside of Indianapolis to promote responsible parenting by offering incentives to expectant parents. By encouraging accountability and improving self-esteem, the program provides goods and services that new parents need to nurture healthy babies and toddlers, and foster skills to help the family through life. Parents earn coupons with a Marion County Public Health Department estimated value of \$5 each, which are redeemable at the B.A.B.E Store. Coupons are now distributed at all East Region OB and Pediatric offices, also at the Jane Pauley Community Health Center at 21st & Shadeland, Family Medicine Center on 10th street and at the Community Hospital North Women's Center.

For 2019, The B.A.B.E. store served 750 women. Coupons collected in 2019 were up 24% over prior year. Comparing Q4 2018 to Q4 2019, customer utilization of the store is up 23.5%. CHNw staff volunteer at the store. A total of 95 different caregivers through Serve 360 volunteered in 2019 totaling 620 hours.

Circle Up INDY

Our mission makes clear why we do what we do at CHNw- we are all about reaching out, opening the doors to health care and serving others...even when we're away from work, and far beyond the patient care we provide. In 2019, Community Hospital East was the title sponsor for Circle Up Indy's Peace Festival. CHNw's Serve360° volunteers staffed what is considered "the cornerstone of the event", the Community Hospital Healthcare Zone. CHNw's nurses, physicians, and dozens of volunteers provide attendees with free mental and physical health screenings, free youth sports physicals, health and wellness information, as well as free gifts.

Coats for Caring – Anderson

Annually, Community Hospital Anderson's Coats for Caring event offers nearly 1,300 new or gently worn coats, of which 750 are new hats and gloves distributed in Madison County, thanks to the caring hearts

at Community Hospital Anderson and supporters in the community. Since 2001, 20,800 coats, hats and gloves have been given away.

The Herald Bulletin's press release shares the story of the important annual event below.

Coat giveaway helps Andersonians prepare for winter

By Rebecca R. Bibbs | The Herald Bulletin

Oct 20, 2018

ANDERSON — As Anderson High school sophomore Bella Patton helped patrons try on new outerwear Saturday at Keith Trent's Coats for Caring, she discovered something surprising.

"It was difficult sometimes because with the people who don't speak English, we had to gesture," she said. A member of the Anderson Rotary Club's Interact youth service club, Patton, 16, was one of dozens of volunteers who helped distribute nearly 1,400 coats and 1,000 hand-knitted hats and scarves that pour in from around the state at the event sponsored by Community Hospital Anderson.

Patton said this was her first year helping out. "It's really good to see people get the supplies they need," she said. "I get new coats every year, and it's sad other people don't get the same opportunity to get what they need."

Patrons were allowed to select the coats of their choice in sizes 2T to adult 3X from racks set up throughout the cafeteria as well as a hand-knitted hat and scarf. Michele Hockwalt, marketing manager for Community Hospital Anderson, said the event has been offered annually as the cold weather approaches since 2001. "Our personal shoppers really like helping the kids pick out something they like, not just what they need," she said.

She said 50 people already had formed a line when she arrived at 7:30 a.m. By 8:30, it had grown to about 250. This year for the first time, Hockwalt said, the event ran out of adult-sized coats. "I think it says there's a great need in the community," she said. "It breaks my heart every year. But then it's equally amazing and heartwarming that we fill that need."

The giveaway is made possible through cash and coat donations, such as the donation of Dr. James and Betsy Callahan, whose cash donation paid for about 75 percent of the coats given away, she said. The retail values of all the items distributed would be about \$90,000, but organizers are able to realize significant discounts through Operation Warm. "A lot of our hospital employees really get behind it and knit bags of hats and scarves," she said. "I can't wait to see those out in the community on little kids' heads."

In addition, Best Way cleans the coats, Hockwalt said. "They work weekends the whole month leading up to the event to clean the coats," she said. Hockwalt said the event helps fulfill the hospital's mission. "I don't think someone can be well if they're freezing cold at the bus stop, so it meets our mission there," she said. "Keeping our kids warm is ultimately a health care need."

In addition to distributing the outerwear, the event includes vendors providing other resources, such as flu shots, heating assistance and smoke detectors.

Anderson resident Bernita Hoosier brought her three grandchildren, one age 3 and two age 5, to the coat giveaway event for the first time. She said having this available is helpful, especially as she tries to gain

custody of her granddaughter. “They already got their coats on,” she said as the children danced around her.

Hoosier said especially at the age the children are, they grow out of their clothing quickly, meaning she would have to buy a coat every year, which can become expensive. “I was trying to get her to get a bigger one, so she won’t have to come back in a year, but she wanted the one she’s got on,” she said of her granddaughter.

Stop the Bleed - Anderson

Stop The Bleed was a national campaign created in 2015 to better prepare the public with basic actions to stop life-threatening bleeding. In late 2017, Mark Rohlfing, RN, trauma program manager at Community Hospital Anderson, spearheaded the Stop The Bleed program for the hospital and the community.

Rohlfing provides training and kits to a variety of facilities, including neighborhood watch organizations, apartment managers, churches, community groups, medical staff, and Madison County schools. In 2019, 400 individuals were trained in 13 classes. One hundred kits were purchased and provided to county schools at a cost of \$140 each.

Bike Rodeo – Anderson

Community Hospital Anderson Foundation provides bicycle helmets for the youth in Madison County at the annual Bike Rodeo event. Each child must go through a bicycle safety lesson before they are fitted for the helmet, and then a volunteer works with them one-on-one to help ensure the helmet fits them appropriately. Since 2013, they have given away approximately 100 bike helmets every year.

University of Indianapolis Partnership

Inter-professional Practice

Community Health Network’s PT & Rehab staff at our PT & Rehab – UIndy Clinic did the following work on behalf of our partnership with UIndy in 2019.

1. FMS/Y Balance Screening for 2019-2020 Swim/ Dive Team (pre, mid, post season); including research analysis with UIndy Professor Ed Jones: 50 hours
2. PT-ATC Monthly Meetings to discuss UIndy Athletes being treated during therapy (occurs during school year): 9 hours
3. Post Rehab Exercise Program (PREP): 50 hours
4. Clinical Seminar for 1st year DPT students every Thursday morning for 4 hours in Fall Semester: 56 hours
5. Undergrad Exercise Science Internship Student, time spent orienting & educating throughout semester: 300 hours x 3 for each student
6. OT Graduate Student 2 Lectures (1 paid, 1 unpaid), led Emotional Intelligence Focus Group: 15 hours
7. Future Health Professional Panel & Lunch representative: 3 hours
8. Participate in DPT School Interviews: 4 hours
9. MSAT student rotations (2 during January-March 2019): 200 hours
10. Tour of facility/ speak with PTs during interactive discussion for high school and undergraduate students interested in PT: 4 hours
11. PT 2 Lectures (paid): 20 hours
12. Provided a paid Clinical Teaching Assistant: 6 hours

Additionally, the PT & Rehab staff at the PT & Rehab - UIndy Clinic hosted 203 student-observation sessions in 2019. The length of an observation session averages 3-4 hours each, so this is hundreds of hours over the course of the year where our staff hosted UIndy student observers in the clinic, where the students were able to see physical therapy care-delivery first-hand (with patient permission).

Below is information pertaining to the UIndy therapy students we hosted (across various 'therapy' sites throughout the Network), as they did formal clinical-education rotations in 2019:

School Affiliated UIndy Rotations 2019:

- PTA: 9
- PT: 36
- OT: 31
 - **Total:** 76

UIndy Observers in 2019:

- PT: 55 students, 631 hours
- OT: 23 students, 298 hours
 - **Total:** 78 students, 929

Symposium Showcases Community, UIndy Scholarly Activity – Around Community, July 2019, Issue 1

The results of collaborative research and quality improvement projects were on display at the Fourth Annual Community Health Network Multidisciplinary Scholarly Activity Symposium, held at University of Indianapolis.

The symposium is a showcase of ongoing collaborations involving Community and UIndy, and it encourages future collaboration by bringing together representatives from 10 disciplines. This year, an audience of nearly 300 attendees heard 30 oral presentations and viewed 63 poster presentations. The keynote speaker was Dr. Timothy Lineberry, chief medical officer of Aurora Health Care Medical Group. His presentation was titled "Joy in Practice: How Medical Education, Psychological Safety and High Functioning Teams Can Move Us Forward."

Student Placement

- Internships and Experiential Learning: During 2019, two undergraduate students completed their internships under the supervision of the partnership director, Gurinder Hohl. Combined, these students accrued more than 500 hours of experiential learning. They participated in community forums, trainings, and various educational offerings with the partnership director. The students both were majoring in Public Health.

Project SEARCH Program – A Stepping Stone to Employment

Project SEARCH Indiana is a high school-to-work transition program targeted for students whose main goal is competitive employment. Supported by a collaborative effort with the Indiana Family and Social Services Administration's Office of Vocational Rehabilitation, the Indiana University Indiana Institute on Disability and Community, Easter Seals Crossroads and Lawrence, Warren, Washington, and IPS school systems. Over the years, Community Health Network has hired



over 32 disability students from the Project SEARCH program.

Community Hospital Internship Program for Students (C.H.I.P.S.)

It is with great pleasure we, Community Hospital South in a collaborative effort with the State of Indiana, Family and Social Services Agency/Office of Vocational Rehabilitation, Easter Seals Crossroads, and Perry Township Schools announce our new program for disability high school students. This program, Community Hospital Internship Program for Students (C.H.I.P.S), is a comprehensive one-semester community and work base learning program designed to give the high school students with disabilities the opportunity to access meaningful employment, and career planning activities to facilitate the seamless transition from high school to employment or post-secondary training. The primary objective is to prepare students to be as work ready as possible upon exit from high school.

Intern Program Begins at Community South – Around Community, January 2019 – Issue 1



The Community Hospital Internship Program for Students (CHIPS) has kicked off at Community Hospital South as five students from Perry Township Schools joined the Community South team. CHIPS is a work-based earning program for high school students with disabilities and is a partnership between Community Health Network, the State of Indiana, Family and Social Services Agency/Office of Vocational Rehabilitation, Easter Seals Crossroads and Perry Township Schools. CHIPS is an immersive, work-based learning program where students with disabilities learn employment and educational skills to be as work ready as possible

when they finish high school. We welcome these students to our team!

Providence Cristo Rey High School

Community Health Network has been working with Providence Cristo Rey since 2014, with five high school students, for a calendar school year. The goal is to explore work-study opportunities, that can provide students the ability to learn more about and the opportunity, to support Community Health Network expansive operations.

Domestic Violence Network

Community is a supporter of the Domestic Violence Network (DVN). In 2019, the continued partnership of Community Health Network and the Domestic Violence Network, helped pave the way for the below work to be completed:

- In 2019, DVN provided 68 trainings to 1,690 youth in Central Indiana. DVN has partnered with LifeSmart Youth (formerly Social Health Association) to seamlessly provide healthy relationship education to grades k-12, with LifeSmart Youth focusing on youth in grades k-8 and DVN focusing on youth in grades 9-12.
- Additionally, DVN facilitates the Youth Network, a group of 12 high school youth from across Central Indiana who meet monthly to strategize how to change the culture that leads to domestic violence in their schools.
- In 2019, we have provided 77 trainings to 2,130 adults from the faith community, medical professionals, social workers, attorneys, college and university staff, law enforcement officers, and concerned citizens. Topics for these trainings included: *Domestic Violence 101, Domestic*

Violence and the Faith Community, Domestic Violence for Medical Professionals, Teen Dating Violence and Sexual Assault, Trauma and Cultural Competency, as well as interactive domestic violence simulations.

- DVN had a 5% increase of adults trained from 2018 to 2019.
- Provided nine best practice trainings
- One retreat focused on self-care
- A year-end wrap-up to the Advocates Network.
 - The Advocates Network trainings included: *Legal remedies for crime victims; Substance abuse, addictions and mental health; Uppers, downers, and everything in-between; Self-Care retreat; Acquired brain injuries-managing a chronic condition; Sexual health in the context of intimate partner violence; Resilience Screening and panel discussion; Suicide in the transgender community; Legal consent; Family Law 101; Pushout: the criminalization of black girls film screening and panel discussion; Creating trauma informed communities and, Domestic violence and housing.*
 - 529 Advocates attended these 11 trainings for an average of 48 Advocates per training.
- In January 2017, DVN launched Intersections: Engage, Collaborate, Transform, the 4th community wide plan. With Intersections, DVN is examining the intersection of domestic violence and prominent risk factors for abuse. DVN has developed collaborative relationships with agencies outside the field of domestic violence to transform the entire community.
 - DVN engaged 440 individuals from January 2019- December 2019 in different Intersections activities.
- DVN also continued to facilitate the Higher Ed Impact Team, in partnership with the Indiana Coalition to End Sexual Assault, which consists of staff from Butler University, IUPUI, Legacy House, Marian University and other local universities.
 - The goal of this group is to coordinate efforts on raising awareness on college campuses for domestic violence and sexual assault
- DVN spent the year developing the 5th Community-Wide Plan.
 - DVN spearheads a Community Wide Plan approximately every three years, to assess progress and address challenges to achieving violence-free homes.
 - In efforts to address all forms of violence and oppression, and through research and community conversation, DVN decided that two long-neglected and vulnerable populations, Black and African American women and the LGBTQ+ community, will be the focus of the 2020 CWP.
 - The plan, *Equity: Listening to the Truth, Amplifying Voice, Changing Systems*, focuses on two populations that have historically been left out of the conversation about domestic violence intervention and prevention.
 - The statistics are clear:
 - Members of the Black and African American women and LGBTQ+ communities experience violence at higher rates than any other group in this country.
- DVN launched the Youth Coordinated Community Response (YCCR) which is comprised of student ambassadors at four IPS high schools as well as youth serving organizations.
 - DVN wants the YCCR to be youth led and the youth wanted to launch a public awareness campaign.

- DVN brought in a marketing/advertising agency who did listening sessions with the youth and then presented them with three concepts at the end of 2019. The youth picked their favorite and it is in the final stages of development.
- In February 2019, DVN worked with the Youth Network to do awareness campaigns with 10 middle and high schools and reached nearly 6,000 students.
 - The schools included: Crispus Attucks Medical Magnet High School, Cathedral High School, Arsenal Tech High School, Herron High School, Park Tudor High School, George Washington High School, Beech Grove High School, Eastwood Middle School, Longfellow Middle School, and Holy Spirit School.
- The Domestic Violence Network assisted 168 survivors and their children through the Karen Dees Self Sufficiency Fund in 2019.
 - The emergency transportation and self-sufficiency funds have made a difference in the lives of many domestic violence survivors.

Indiana Coalition to End Sexual Assault & Human Trafficking (ICESAHT)



Community Health Network supported the Indiana Coalition to End Sexual Assault and Human Trafficking (ICESAHT), in their continued efforts in “shifting culture, supporting survivors, and strengthening communities to prevent and end sexual assault and human trafficking.” The 2019 funding for their operational sustainability, in the amount of \$25,000, helped them continue to work

toward achieving that vision through four key areas:

1. Victim Services Capacity Building
2. Prevention and Education
3. Training
4. Research, Evaluation and Policy

Across all programs, ICESAHT works toward three objectives: leading collaboration, fostering consistency and demonstrating best practice. These objectives support ICESAHT’s overarching goal to ensure the statewide approach to preventing and responding to sexual violence and human trafficking is trauma- informed and culturally competent.

As the Centers for Disease Control and Prevention’s officially designated sexual assault coalition for the state of Indiana, ICESAHT provides a supportive network to sexual assault and human trafficking service providers, survivors and their families, law enforcement agencies, healthcare professionals, and other allies throughout Indiana. The following represents how the work is organized and includes of summary of 2019 work and accomplishments.

- **Rape Crisis Center (RCC) Coordination:** ICESAHT launches, supports and coordinates RCCs. ICESAHT has helped launch 10 new RCC’s over the past five years, bringing the total to 13 covering close to 50 counties. In 2019, the ICESAHT RCC Coordinator engaged with four potential RCC’s to discuss their services, RCC Standards and how to become an ICESAHT recognized RCC. In addition, in 2019, our RCC coordination efforts included:

- Developing “Gender-Affirming Services for Nonbinary and Transgender Survivors” training for RCCs; Delayed Reporting and Drug/Alcohol Facilitated Assault training for the Dubois County SART; continued working with the Abuse Prevention Taskforce with People with Disabilities including talking with disability service providers about connecting their clients to RCCs for crisis lines and advocacy services; provided ongoing technical assistance to RCCs with topics including trauma informed intakes, disability services, support groups and serving rural communities; hosted monthly calls with the newer RCCs; provided ongoing advocacy in an underserved community.
- **Sexual Assault Response Teams (SART) Coordination:** ICESAHT spearheads the training and coordination of all the SARTs across Indiana. Each county is mandated by statute to have a SART. Under the leadership of the ICESAHT’s SART Coordinator, we have more than doubled the number of SARTs. In 2019, the SART Coordinator help launch 12 SARTs in Indiana representing 15 counties with five more counties in the que. Prior to 2019, there were 16 active SARTs representing 19 of the state’s 92 counties: roughly 20% of the state. In 2019, that number increased to 39 or 42% of the state.
- **Human Trafficking Prevention and Response Coordination:** ICESAHT leads the Indiana Protection for Abused and Trafficked Humans (IPATH) task force to address human trafficking in Indiana with a focus on Prosecution, Protection and Prevention. IPATH represents anti-trafficking service agencies across Indiana. During 2019, the ICESAHT Anti-Trafficking Coordinator led the organization, implementation and facilitation of:
 - 29 IPATH Taskforce Meetings
 - Four Train the Trainers
 - Two Events and Seminars
 - 30 IPATH Trainings
 - Four Sexual Abuse Prison to Pipeline Trainings

In addition, technical assistance was provided to the Marion County Juvenile Sex Trafficking Protocols project, the Federal and Indiana Human Trafficking Statute document, Human Trafficking services coordination and Vacatur protocols.

- **Prevention and Education:** ICESAHT’s Prevention and Education initiatives work to empower young people through the power of primary prevention. ICESAHT conducts the collegiate Speak Up, Speak Out Project (SUSOP), the statewide “Stop, Think, Engage, Prevent Indiana (STEPIn) Campaign and school and community – based youth engagement.

SUSOP is a comprehensive and theory driven primary prevention program geared toward engaging men as allies in the movement to end sexual violence. SUSOP has been adapted to be presented at on-campus trainings focused on promoting social norms that protect against violence related to rape culture, healthy masculinity and gender norms. In 2019, the eight- module curriculum was offered at:

- Ball State University
- Wabash College
- Butler University
- IUPUI

- Goshen College

The prevention campaign, STEPIn, launched in the fall of 2019 targeted SUSOP campuses and surrounding communities. STEPIn has also evolved into a bystander intervention training and was delivered to over 1400 college students as well as over one million online impressions on effective strategies on preventing sexual violence. New growth opportunities that started in 2019 include: Kiwanis, Herron High School, Howard County Juvenile Detention Center, North Central High School and Dad's Inc.

- **Training:** ICESAHT's Training Program aims to facilitate a statewide exchange of ideas, research and best practices through training and community-building. The following is the list of trainings and webinars offered in 2019:
 - Providing Gender Affirming Rape Crisis Center Services to Transgender, Non-Binary and Gender Nonconforming Survivors
 - Trafficking in the LGBTQ+ Community: Identifying Needs and Addressing Challenges in Service Provision
 - A Survivor Centered Approach to Labor Trafficking in Indiana
 - Un Enfoque Centrado en el Sobreviviente de Trate Laboral en Indiana
 - Meeting Them Where They're At: Working with Survivors of Domestic Minor Sex Trafficking
 - Human Trafficking in Indiana: Consideration for Survivor-Centered Response and Referrals in a Healthcare Setting
 - CORE 40 – Sexual Assault Victim Advocate Training (held twice annually)
 - Delayed Report and Alcohol Facilitated Sexual Assault Training
 - Child Forced Marriage in Indiana: The Intersection of Child Abuse, Domestic Violence and Human Trafficking
 - The Evolution of Consent
 - ICESAHT Statewide Conference: Hashtag to Liberation
 - Centering the Margins: the LGTBQ+ Community in Indiana
 - Honoring, Building and Sustaining Resilience: Structural Violence, Sexual Violence and the Black Community in Indiana

Community Hospital Graduate Medical Education programs (GME)

Community Health Network is an independent sponsoring organization for graduate medical education under the ACGME. Graduate medical education represents the post-medical school education and clinical service training of physicians. Currently, Community sponsors two family medicine programs, East and South; a psychiatry residency training program; a hospitalist fellowship program; a podiatry residency program, has approval from the ACGME to start an addiction medicine fellowship training program and a sports medicine fellowship. a, Community anticipates starting a knee fellowship with Shelbourne Knee Clinic.

Community Hospital East Family Medicine Residency Program

Community Health Network's East Family Medicine Residency has been training residents for more than 40 years. Community Hospital East Family Medicine Residency Program trains physicians to practice in both the hospital and the office, doing full spectrum family medical care including OB. The office practice has been certified as a Patient Centered Medical Home and has served the East side of Indianapolis for

many years.

Since the program began, more than 250 graduates have completed training. Ten residents are trained per year, with special tracks in underserved medicine and obstetrics. Many graduates remain in the network or region(s).

The core program faculty consists of full-time and part-time family physicians (allopathic and osteopathic), and behavioral faculty. Obstetrician-gynecologists, pediatricians, clinical pharmacists, social workers, pharmacists, office practice manager, residency coordinator, and nurse practitioners are also part of our educational faculty. Volunteer family physicians from the community, subspecialist physicians and clinical instructors in other fields round out the faculty. Community Health Network cares for many underserved patients in its offices and hospitals—and at the shared site with Jane Pauley Community Health Center. Through this track we seek to develop family physicians who specialize in the advocacy and care of underserved populations.

The South Osteopathic Family Medicine Program

While each of Community Health Network's programs are accredited under the Accreditation Council for Graduate Medical Education (ACGME) and accepts trainees from allopathic and osteopathic training; the South program has a specific mission to educate family physicians in the care of patients from an osteopathic perspective, including the application of osteopathic manipulation and holistic care as treatments. The ambulatory practice consists of core physician faculty and behavioral faculty, pharmacists, nurses, nutritionists, social workers and staff. The office practice and rotations at Community Hospital South provide an education in continuity of care across the spectrum of family medicine and procedural training. The program has initial approval by the ACGME and a program of osteopathic excellence.

Psychiatry Residency Program

The psychiatry residency program, which started training residents in 2016, and will graduate its first class in June 2020. Four trainees each year training in a community-based setting, in collaboration with Gallahue Mental Health Center, which is the area's leading provider of behavioral health services. Community Hospital North Behavioral Health Pavilion serves as the site for multiple rotations, including emergency medicine, neurology, consultation liaison psychiatry, inpatient psychiatry, inpatient geriatric psychiatry, inpatient child and adolescent psychiatry, and emergency psychiatry.

The Behavioral Health Pavilion is a full-service, 122-bed inpatient behavioral health hospital and has nine units for training residents. In addition, residents will train at East, NDI and Fairbanks. The inpatient experiences focus on the thorough evaluation and stabilization of an acute episode with follow-up care arranged in the community.

Podiatry Residency Program

Community podiatry residents are provided a diverse education in all aspects of podiatric medicine including advanced wound care, sports medicine, surgery, inpatient care and private office management. Residents can expect an abundance of first-hand surgical experience including forefoot procedures, trauma, and reconstructive rear foot and ankle cases. Currently, residents cover five hospitals and seven surgery centers in our expanding health network, as well as two additional rural suburban hospitals, by a network of podiatry educators. All residents are given the opportunity to participate in research, and

there is ample opportunity for publication. The program has been approved to take three residents per year.

Hospitalist Fellowship Program

The program at Community Hospital South started four years ago and is a one-year training program which allows graduates of internal medicine or family medicine programs to train to work in adult hospitalist and intensive care settings.

Post Graduate Year 1 Pharmacy Residency

The pharmacy residency program at Community Health Network started 19 years ago. It is a one-year training program which allows pharmacists to grow as competent and confident practitioners of pharmaceutical care in multiple patient care environments, equipped to meet the challenges of current and future pharmacy practice. They will be accountable for achieving optimal drug therapy outcomes as members of the healthcare team. These pharmacists will develop classroom teaching and direct patient education skills which will be applied to educating health care professionals, patients and pharmacy students on drug-related topics. These pharmacists will also demonstrate professional maturity by following a personal philosophy of practice, monitoring their own performance and exhibiting a commitment to the profession.

Post Graduate Year 2 Ambulatory Care Residency

PGY2 pharmacy residency programs build on Doctor of Pharmacy (Pharm.D.) education and PGY1 pharmacy residency programs to contribute to the development of clinical pharmacists in specialized areas of practice. PGY2 residencies provide residents with opportunities to function independently as practitioners by conceptualizing and integrating accumulated experience and knowledge and incorporating both into the provision of patient care or other advanced practice settings. Residents who successfully complete an accredited PGY2 pharmacy residency are prepared for advanced patient care, academic, or other specialized positions, along with board certification.

The PGY2 Residency in Ambulatory Care is a 12-month program offered by Community Health Network. Residents will continue to build upon the knowledge and skills obtained during their PGY1 year. Primary clinical responsibilities will be focused in outpatient primary care clinics throughout the network. This program will prepare the graduate for the role of an ambulatory care pharmacist and/or an adjunct faculty member in ambulatory care.

Post Graduate Year 2 Pharmacotherapy Residency

Pharmacists completing a 1-year PGY2 Pharmacotherapy residency with Community Health Network and Butler University College of Pharmacy and Health Sciences will continue to build upon knowledge and skills gained during their PGY1 year. Primary clinical responsibilities will be focused with the family medicine residency program (inpatient service and primary care clinic) at Community Hospital East as well as academic responsibilities at Butler University with an appointment as Adjunct Assistant Professor of Pharmacy Practice.

Upon completion of the PGY2 Pharmacotherapy residency the graduate will be prepared to serve as a board-certified pharmacotherapy specialist in an inpatient or ambulatory environment. The graduate will also be prepared to qualify for a clinical or non-tenure track faculty appointment in a college of pharmacy.

Post Graduate Year 2 Behavioral Care Residency

Pharmacists completing a 1-year PGY2 behavioral care residency with Community Health Network and Butler University College of Pharmacy and Health Sciences will continue to build upon knowledge and skills gained during their PGY1 year. Primary clinical responsibilities will be focused with the behavioral care pavilion at Community Hospital North as well as academic responsibilities at Butler University with an appointment as Adjunct Assistant Professor of Pharmacy Practice.

Upon completion of the PGY2 behavioral care residency the graduate will be prepared to serve as a board-certified psychopharmacology specialist in an inpatient or ambulatory care environment. The graduate will also be prepared to qualify for a clinical or non-tenure track faculty appointment in a college of pharmacy.

Medical Assisting (MA) Fellowship Program

The MA Fellowship Program was created with the help of Community Health Network Foundation in late 2010. CHNw experienced many open MA positions while having trouble filling those positions with highly qualified staff. The MA Fellowship Program began as a pipeline strategy to recruit and retain highly skilled in MAs and continues to support the continued demand for qualified MAs.

CHNw has affiliation agreements with five colleges within the Indianapolis and Anderson region. Community Health Network is the only network within the Indianapolis region that has a full program to support MA externs within our ambulatory sites with additional clinical orientation and EMR training.

Since the program began, CHNw has received 673 student applications with 406 selected to date. In 2019 we received 36 applications with 13 students completing the program.

The MA Fellowship Program is an advanced externship of a total of 250 hours of clinical and clerical experience. Each MA Fellowship class is approximately 8 to 10 weeks long. For this unpaid position, students are required to work a minimum of 32 hours per week to meet the hour requirements by the deadline date. Community's MA Fellowship Program provides two clinical site rotations. CHNw is the only network that offers two site rotations for MA student externs. Students are placed in a primary care setting and a specialty care setting for approximately 3 to 3½ weeks each. Student region and area of interest are considered when scheduling student placement. Students are provided with a week of clinical orientation as well as two days of Epic Training and Customer Service training prior to clinical site rotations. This provides the students with a basic understanding of network values and policy and procedures. Additionally, externs complete a clinical competency skill assessment and established mentorship from the start of the program. Students are scheduled with a trained MA Fellowship Preceptor during the scheduled site rotation. MA Fellowship Preceptors are CMAs, LPNs or RNs working in the back-office role that have completed CHNw preceptor training. This provides each student with one on one support from an experienced staff member at their assigned clinic.

In addition to reaping the benefits that a well-rounded externship offers; the program allows students to measure up their interest with potential positions within CHNw. Many students are offered a position within their externship sites if a position is available. Since MA Fellowship students are already in the network, they are internal transfers from fellowship student to MA's if they accept a position. Practice managers that host students measure clinical competence while the student is completing their extern hours at their site. This is a great way for both the practice manager and the student to feel more comfortable with the potential job offer. If the host site does not have an open position, the students are

provided with full support from MA Fellowship Program Supervisor and CHNw MA Recruiter to assist the student to find a position of interest within the network. CHNw does not require MA Fellowship students to sign a contract to work for the network if they participate in the program. Community wants their MA Fellowship graduates to make the decision to stay within the network because our positions fit their needs without feeling forced to do so. Completing the MA Fellowship Program comes with many benefits such as receiving a one-year credit on base pay instead of new graduate pay, being considered first for open positions, and having a shorter orientation.

2019 Summary: APP and Nursing Student Participation

In 2019, Community Health Network participated in on-the-job education and shadowing for APP and nursing students from 24 different universities throughout the country.

They include: Ball State University, Bethel University, Bradley University, Butler University, Chamberlain School of Nursing, Eastern Kentucky University, Indiana State University, Indiana University – Kokomo, Indiana Wesleyan University, IUPUI, Loyola University – New Orleans, Marian University, Maryville University, Ohio State University, Olivet Nazarene University, Pacific University, Purdue Global, Purdue University, University of Cincinnati, University of Evansville, University of Indianapolis, University of Saint Francis, University of Southern Indiana, and Walden University.

2019 Data:

Number of APP Students	500
Undergraduate Nursing Students	1,645
Graduate (Non-NP) Nursing Students	30
Total Students Managed by Nursing Academic Development	2,175
Observations/Shadows	30

2019 PT and Rehab Student Placement Numbers

PT Full Time Clinical Placements	83
Evansville	10
Indiana State	3
IUPUI	19
St. Louis University	8
St. Ambrose University	2
University of Indianapolis	36
University of Jamestown	1
Washington University	4

PTA Full Time Clinical Placements	21
Ivy Tech	6
University of Indianapolis	14
University of St. Francis	1

OT Full Time Clinical Placements	49
IUPUI	15
University of Indianapolis	31
Indiana Wesleyan	2
Washington University	1

SLP Full Time Clinical Placements	4
Purdue University	1
NYU	2
Indiana University	1

Total: 157

PT and Rehab Observation Students

88 students from 22 different schools for 1150 total hours observed

Andrews University	Indiana University - Kokomo
Ave Maria University	IUPUI
Baldwin Wallace University	Ivy Tech
Ball State University	New Palestine High School
Central 9 Career Center	Purdue University
Decatur Central High School	Taylor University
Franklin College	University of Cincinnati
Hanover College	University of Indianapolis
Hope College	University of Southern Indiana
Huntington University	University of Wisconsin - Madison
Indiana University	University of Kentucky

2019 Placement Data

- Medical Students: **679 total** (one-month rotations from these schools):

School Name	Number of Students
Marian	612
IUSM	47
Scholl	11
LECOM	2
DMU	5
KYCOM	2

- Observers: **77** applicants placed for 16 hours each = 1,232 hours total
- Visiting Residents: **16** external residents/fellows from Indiana University = approximately 60 (one-month) rotations total

2019 Intern Data:

School Name	Number of Interns
Ball State University	1
Camelsburg University	1
Indiana Wesleyan University	3
Indiana University	2
IUPUI	49
University of Indianapolis	10

Total: 66

2019 Nutrition and Food Service Department Interns:

Site Name	Number of Interns	Institution Name
Community Hospital East	2 Interns – (Also hosted North’s Ball State University’s interns for a few weeks each)	IUPUI
Community Heart and Vascular Hospital	1 Intern	Indiana State University
Community Howard Regional Health	1 Intern	Purdue University
Community Hospital North	3 Interns	Ball State University
Community Hospital South	2 Interns	IUPUI

Health needs not identified as a priority fall into one of three categories:

1. Beyond the scope and capacity of CHNw services
2. Needs further intervention, but no plans to expand community benefit services at this time
3. Rely on community partners to lead efforts with expertise in these areas with CHNw in a supporting role

The significant needs of the 1) social determinants of health, 2) maternal and child health services, and 3) senior services are addressed in and align with the significant needs that CHNw is addressing in access to care, mental health/substance abuse, tobacco use, and food insecurity/obesity. For sexually transmitted diseases, diabetes, and other chronic disease management, CHNw will continue its course of action in addressing these diseases.

CHNw’s community benefit team regularly monitors and keeps leadership updated by reporting on the progress towards meeting the Implementation Strategy (IS) objectives and providing an annual report to the executive leadership and board governance. Additional progress will be reported annually through the hospital’s IRS Form 990 Schedule H filing and other reporting sources associated with strategic partners and community coalitions.

Below CHNw has listed existing health care facilities and resources within the community that are available to respond to the health needs of the community (Line 3c).

EAST REGION

TRANSPORTATION			
Name	City	Zip Code	Service
Elton H. Geshwiler Senior Center	Beech Grove	46107	Senior Ride Program
Alternatives - Greenfield Outreach Office	Greenfield	46140	Transportation For Endangered People
Hancock County Senior Services	Greenfield	46140	Senior Ride Program
Hancock County Senior Services	Greenfield	46140	Transportation For Disabled
FOOD PANTRIES			
Name	City	Zip Code	Service
Beech Grove Farmers Market	Indianapolis	46107	Farmers Market
Brightwood Community Center	Indianapolis	46218	Food Pantry

Keenan-Stahl Boys And Girls Club	Indianapolis	46203	Food Pantry
Community Outreach Ministry Eastside (Come)	Indianapolis	46229	Food Pantry
Cornerstone Family Worship Center	Indianapolis	46219	Food Pantry
Cross Of Grace Lutheran Church	New Palestine	46163	Food Pantry
Cumberland Farmers Market	Indianapolis	46229	Farmers Market
Eastern Star Care Center	Indianapolis	46218	Food Pantry
Edna Martin Christian Center	Indianapolis	46218	Food Pantry
Emmaus Lutheran Church Food Pantry	Indianapolis	46203	Food Pantry
Farmers Market At The Fairgrounds	Greenfield	46140	Farmers Market
First Church of The Nazarene	Indianapolis	46229	Food Pantry
First Free Methodist Church	Indianapolis	46201	Food Pantry
Fletcher Place Community Center	Indianapolis	46203	Food Pantry
Galilee Missionary Baptist Church	Indianapolis	46218	Food Pantry
Garfield Park Baptist Church	Indianapolis	46203	Food Pantry
Garfield Park Farmers Market	Indianapolis	46203	Farmers Market
God's Bounty Food Pantry	Indianapolis	46239	Food Pantry
Greater One Way Apostolic Church	Indianapolis	46218	Food Pantry
Hancock County Food Pantry	Greenfield	46140	Food Pantry
Hope and Help Center	Indianapolis	46201	Food Pantry
Irvington Churches Advocacy Network (ICAN) At Downey Avenue Christian Church	Indianapolis	46219	Food Pantry
Irvington Farmers Market	Indianapolis	46219	Farmers Market
Jesus Inside Prison Ministry	Indianapolis	46203	Food Pantry
John Boner Neighborhood Centers	Indianapolis	46201	Food Pantry
Linwood Christian Church	Indianapolis	46201	Food Pantry
Love In The Name Of Christ (Love Inc) Of Greater Hancock County	Greenfield	46140	Food Pantry
Miracles And Blessings	Indianapolis	46218	Food Pantry
Mount Nebo Missionary Baptist Church	Indianapolis	46218	Food Pantry
New Direction Church	Indianapolis	46218	Food Pantry
New Vision Ministries, Inc.	Indianapolis	46218	Food Pantry

FOOD PANTRIES			
Name	City	Zip Code	Service
New Vision Missionary Baptist Church	Indianapolis	46203	Food Pantry
Officer David S. Moore Food Pantry	Indianapolis	46203	Food Pantry
Old Bethel United Methodist Church	Indianapolis	46219	Food Pantry
Salvation Army Fountain Square Corps	Indianapolis	46203	Food Pantry
Servant's Heart Of Indy	Indianapolis	46203	Food Pantry
Shepherd Community Center	Indianapolis	46201	Food Pantry
Society Of Saint Vincent De Paul - Indianapolis	Indianapolis	46218	Food Pantry
Southeastern Christian Fellowship Church	Indianapolis	46203	Food Pantry

Tuxedo Park Baptist Church	Indianapolis	46201	Food Pantry
Westminster Neighborhood Services	Indianapolis	46201	Food Pantry
Zion Hill Missionary Baptist Church	Indianapolis	46218	Food Pantry
JOB TRAINING			
Name	City	Zip Code	Service
Resurrection Community Church	Indianapolis	46218	Job readiness and training programs
Center for Working Families	Indianapolis	10 different locations	Job readiness and training programs
IMCPL East 38 th Street Branch and Northeast Corridor Quality of Life Plan	Indianapolis		Job Fair and job/skills training program
Hancock County Division of Family Resources	Greenfield	46140	Welfare Recipient Employment Programs
John Boner Neighborhood Centers	Indianapolis	46201	Ex-Offender Employment Programs
John Boner Neighborhood Centers	Indianapolis	46201	Pre-Job Guidance
John Boner Neighborhood Centers	Indianapolis	46201	Career Counseling/Development
John Boner Neighborhood Centers	Indianapolis	46201	Job Search/Placement
Southeast Community Services	Indianapolis	46203	Pre-Job Guidance
Garfield Park Branch Library	Indianapolis	46203	Pre-Job Guidance
Public Advocates in Community Re-Entry (PACE)	Indianapolis	46218	Ex-Offender Employment Programs
Brightwood Branch Library	Indianapolis	46218	Pre-Job Guidance
Public Advocates In Community Re-Entry (PACE)	Indianapolis	46218	Ex-Offender Employment Programs
East 38th Street Branch Library	Indianapolis	46218	Pre-Job Guidance
Edna Martin Christian Center	Indianapolis	46218	Pre-Job Guidance
Community Health Network	Indianapolis	46219	Job Training
Marion County Division of Family Resources – East	Indianapolis	46219	Welfare Recipient Employment Programs

JOB TRAINING			
Name	City	Zip Code	Service
Warren Branch Library	Indianapolis	46229	Pre-Job Guidance
Walker Career Center	Indianapolis	46229	Job Training
YOUTH MENTORING			
Name	City	Zip Code	Service
*Girls, Inc.	Indianapolis	46208	Mentoring program for young women/girls
*Ransburg YMCA, Men to Men program	Indianapolis	46219	Mentoring program for young men/boys
*Community Alliance for the Far Eastside (CAFÉ)	Indianapolis	46226	Internship program for youth, taught a skill and earn \$100 a week
Purdue Extension - Hancock County	Greenfield	46140	Enrichment Programs
Boys And Girls Club of Hancock County	Greenfield	46140	Enrichment Programs
Shepherd Community Center	Indianapolis	46201	Enrichment Programs

Westminster Neighborhood Services	Indianapolis	46201	Enrichment Programs
Lilly Boys and Girls Club	Indianapolis	46203	Enrichment Programs
Keenan-Stahl Boys and Girls Club	Indianapolis	46203	Enrichment Programs
Salvation Army Fountain Square Corps	Indianapolis	46203	Enrichment Programs
Salvation Army Fountain Square Corps	Indianapolis	46203	Enrichment Programs
Wheeler-Dowe Boys and Girls Club	Indianapolis	46218	Enrichment Programs
Brightwood Community Center	Indianapolis	46218	Enrichment Programs
Young Men, Inc. (YMI) Youth Ministry	Indianapolis	46218	Enrichment Programs
PARENTING EDUCATION AND SUPPORT			
Name	City	Zip Code	Service
*Sister to Sister			Provides education and support for single mothers
*Shepard Center	Indianapolis	46201	Parenting program for women
*Nurse Family Partnership	Indianapolis	46202	Home visiting/parenting support program
*About Special Kids	Indianapolis	46250	Support for families with children living with a disability
*Healthy Marriage and Families Coalition	Indianapolis	46208	Encourages and supports healthy marriages and families
*Families First	Indianapolis	46204	Mental health counseling, education, crisis intervention, and other support
Brightwood Community Center	Indianapolis	46218	General Parenting Education
Capital City Family Education Services - Indianapolis	Indianapolis	46201	Parent Counseling
Families United for Support and Encouragement (FUSE)	Greenfield	46140	General Parenting Education
Healthnet Southeast Health and Dental Center	Indianapolis	46203	General Parenting Education
Legacy House	Indianapolis	46218	Child Abuse Counseling
The Villages - Hancock County Healthy Families Office	Greenfield	46140	General Parenting Education

NORTH REGION

TRANSPORTATION			
Name	City	ZIP Code	Service
CICOA Aging and In-Home Solutions	Indianapolis	46205	Senior Ride Program
*Janus, Hamilton County Express	Noblesville	46062	Transportation provider; partnership with Riverview Health to offer patient rides
*Prime Life Enrichment	Carmel	46032	Provide Senior Rides
Shepherd's Center of Hamilton County	Noblesville	46060	Senior Ride Program
FOOD PANTRIES			
Name	City	ZIP Code	Service
Angel Connection Food Pantry	McCordsville	46055	Food Pantry
Bethel Lutheran Church	Noblesville	46062	Food Pantry
Abundant Life	Indianapolis	46256	Farmers Market
Broad Ripple	Indianapolis	46220	Farmers Market
Broad Ripple Farmers Market - Bent Rail Brewery	Indianapolis	46220	Farmers Market
Broad Ripple United Methodist Church	Indianapolis	46220	Food Pantry

Lawrence Township Hunger Coalition	Indianapolis	46226	Food Pantry
Capitol City Seventh-Day Adventist Church - Food Pantry	Indianapolis	46205	Food Pantry
Carmel Friends Church	Carmel	46032	Food Pantry
Carmel United Methodist Church	Carmel	46032	Food Pantry
Delaware Township Trustee, Hamilton	Fishers	46038	Food Pantry
Deliverance Temple	Indianapolis	46226	Food Pantry
Divine Direction Christian Church	Indianapolis	46205	Food Pantry
Fall Creek Township Trustee, Hamilton	Fishers	46037	Food Pantry
First Baptist Church Of Indianapolis	Indianapolis	46240	Food Pantry
Fishers United Methodist Church	Fishers	46037	Food Pantry
Fishers Winter Farmers Market	Fishers	46038	Farmers Market
Fortville Christian Church	Fortville	46040	Food Pantry
Glendale Seventh-Day Adventist Church	Indianapolis	46220	Food Pantry
Glory Point	Indianapolis	46220	Food Pantry
God's Love Christian Church	Indianapolis	46226	Food Pantry
Grace Care Center	Noblesville	46062	Food Pantry
Green Township Trustee, Madison	Ingalls	46048	Food Pantry
Green Valley Church Of Christ	Noblesville	46060	Food Pantry
Hamilton Hills Church	Fishers	46038	Food Pantry
Hazel Dell Christian Church	Carmel	46033	Food Pantry
Life Restoration Church	Indianapolis	46280	Food Pantry
Loving Hands Food And Clothing Pantry	Noblesville	46060	Food Pantry
Main Street Food Pantry	Fortville	46040	Food Pantry
Market At Hague	Indianapolis	46256	Farmers Market
Masjid Al Mumineen	Indianapolis	46205	Food Pantry
McCordsville United Methodist Church	McCordsville	46055	Food Pantry
Merciful Help Center	Carmel	46032	Food Pantry
Mount Carmel Church	Indianapolis	46235	Food Pantry
New Revelations Christian Church	Indianapolis	46236	Food Pantry
Noblesville Society Of Saint Vincent De	Noblesville	46060	Food Pantry
Noblesville Township Trustee, Hamilton	Noblesville	46060	Food Pantry
Northside Baptist Church	Indianapolis	46220	Food Pantry

FOOD PANTRIES			
Name	City	ZIP Code	Service
Northwood Christian Church	Indianapolis	46205	Food Pantry
Nu Corinthian Baptist Church - Inner City Ministry, Sanctity Of Salvation	Indianapolis	46205	Food Pantry
Pendleton Community Public Library Read 'N' Feed At Pendleton First	Pendleton	46064	Food Pantry
Pendleton Community Public Library Read 'N' Feed At South Madison	Ingalls	46048	Food Pantry
Real Community Church Of God	Ingalls	46048	Food Pantry
Saint Louis De Montfort	Fishers	46038	Food Pantry
Second Chance Restoration Temple	Indianapolis	46220	Food Pantry
Sharing Place	Indianapolis	46236	Food Pantry
Shiloh Missionary Baptist Church	Indianapolis	46226	Food Pantry
Third Phase	Noblesville	46060	Food Pantry
Trinity Christian Methodist Episcopal	Indianapolis	46205	Food Pantry
Turning Point Family Worship Center - Food And Clothing Pantry	Indianapolis	46226	Food Pantry
Walk By Faith Christian Ministries	Indianapolis	46226	Food Pantry
White River Christian Church - Food	Noblesville	46060	Food Pantry
Zion Tabernacle Apostolic Faith Church	Indianapolis	46226	Food Pantry

JOB TRAINING			
Name	City	Zip Code	Service
*Washington Township Schools and IMCPL (Library)	Indianapolis		GED program focused on preparing individuals to enter workforce and/or go on to higher education
IMCPL East 38th Street Branch and Northeast Corridor Quality of Life Plan	Indianapolis	46218	Job Fair and job/skills training program
Brightwood Branch Library	Indianapolis	46218	Pre-Job Guidance
Public Advocates in Community Re-Entry (PACE)	Indianapolis	46218	Ex-Offender Employment Programs
East 38th Street Branch Library	Indianapolis	46218	Pre-Job Guidance
Edna Martin Christian Center	Indianapolis	46218	Pre-Job Guidance
Community Health Network	Indianapolis	46219	Job Training
Marion County Division of Family Resources - East	Indianapolis	46219	Welfare Recipient Employment Programs
Warren Branch Library	Indianapolis	46229	Pre-Job Guidance
Walker Career Center	Indianapolis	46229	Job Training
Prevail	Noblesville	46060	Pre-Job Guidance
Prevail	Noblesville	46060	Career Counseling/Development
Hamilton County Division Of Family	Noblesville	46060	Welfare Recipient Employment Programs
College Avenue Branch Library	Indianapolis	46205	Pre-Job Guidance
Vocational Rehabilitation Services - Areas 13 and 14	Indianapolis	46220	Vocational Assessment
Vocational Rehabilitation Services - Areas 13 and 14	Indianapolis	46220	Vocational Rehabilitation
Marion County Division of Family Resources - North	Indianapolis	46220	Welfare Recipient Employment Programs
J. Everett Light Career Center	Indianapolis	46240	Job Training
YOUTH MENTORING			
Name	City	ZIP Code	Service
Boys and Girls Club of Noblesville	Noblesville	46060	Enrichment Programs
Purdue Extension - Hamilton County	Noblesville	46060	Enrichment Programs
Purdue Extension - Marion County	Indianapolis	46205	Enrichment Programs
Turning Point Family Worship Center	Indianapolis	46226	Enrichment Programs
Finish Line Boy and Girls Club	Indianapolis	46226	Enrichment Programs
La Plaza	Indianapolis	46226	Enrichment Programs
Boy Scouts of America, Crossroads of America Council	Indianapolis	46256	Enrichment Programs
Boy Scouts of America, Crossroads of America Council	Indianapolis	46256	Enrichment Programs
*Hamilton County Youth Assistance Program	Carmel, Fishers, Hamilton Heights, Noblesville, Sheridan, Westfield		Referral services for mental health counseling and support, food/clothing/financial assistance, tutoring, mentoring programs
PARENTING EDUCATION AND SUPPORT			
Name	City	ZIP Code	Service
Center for Psychological Development	Noblesville	46060	Parent Counseling
Children's Bureau - Noblesville	Noblesville	46060	General Parenting Education
Healthy Families, Marion County Health Department - Marion 4	Indianapolis	46205	General Parenting Education
Indianapolis Healthy Start	Indianapolis	46205	General Parenting Education
Reach for Youth - Center Township Office	Indianapolis	46205	Parent Counseling

The Villages - Hamilton County Healthy Families Office	Noblesville	46060	General Parenting Education
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SOUTH REGION

TRANSPORTATION			
Name	City	ZIP Code	Service
Gateway Services of Johnson County	Franklin	46131	Transportation For Disabled
Johnson County Senior Services	Franklin	46131	Senior Ride Program
Johnson County Senior Services	Franklin	46131	Transportation For Disabled
Mooreville Senior Citizens Center	Mooreville	46158	Senior Ride Program
Morgan County Connect	Martinsville	46151	Senior Ride Program
Morgan County Connect	Martinsville	46151	Transportation For Disabled
FOOD PANTRIES			
Name	City	ZIP Code	Service
Center Grove Alternative Academy Care	Greenwood	46143	Food Pantry
Christ United Methodist Church	Indianapolis	46227	Food Pantry
Church Of Acts	Indianapolis	46237	Food Pantry
Churches In Mission	Mooreville	46158	Food Pantry
Churches In Mission - Martinsville	Martinsville	46151	Food Pantry
Decatur Township Farmers Market	Indianapolis	46221	Farmers Market
Faith United Church Of Christ	Indianapolis	46237	Food Pantry
Goodwin Community Center	Indianapolis	46221	Food Pantry
Hunger Inc.	Indianapolis	46227	Food Pantry
Interchurch Food Pantry Of Johnson	Franklin	46131	Food Pantry
Johnson County Senior Services	Franklin	46131	Food Pantry
Lirios De Los Valles	Indianapolis	46221	Food Pantry
Martinsville First Church Of The Nazarene	Martinsville	46151	Food Pantry
Mary Rigg Neighborhood Center	Indianapolis	46221	Food Pantry
Mooreville Senior Citizens Center	Mooreville	46158	Food Pantry
Morgantown Food Pantry	Morgantown	46160	Food Pantry
Mount Pleasant Christian Church	Greenwood	46142	Food Pantry
One Body Ministries Pantry	Indianapolis	46227	Food Pantry
Red Barn	Martinsville	46151	Food Pantry
Refuge, The	Greenwood	46143	Food Pantry
Saint Timothy Episcopal Church	Indianapolis	46227	Food Pantry
Saint Vincent De Paul Society, Johnson	Greenwood	46143	Food Pantry
Saints Francis And Clare	Greenwood	46143	Food Pantry
Salvation Army Johnson County	Greenwood	46142	Food Pantry
Shepherd Of The Hills Lutheran Church	Morgantown	46160	Food Pantry
Southport Farmers Market	Southport	46227	Farmers Market
Southside Farmers Market	Indianapolis	46227	Farmers Market
The Lord's Locker	Trafalgar	46181	Food Pantry
The Social Of Greenwood	Greenwood	46143	Food Pantry
Vineyard Community Church	Greenwood	46142	Food Pantry
JOB TRAINING			
Name	City	ZIP Code	Service
*Purdue Extension	Indianapolis	46205	Financial literacy
*Bridges out of Poverty	Indianapolis	46205	Job Skills, financial literacy, and other supportive programing
Johnson County Division of Family Resources	Franklin	46131	Welfare Recipient Employment Programs
Central Nine Career Center	Greenwood	46143	Job Training

Morgan County Division of Family Resources	Martinsville	46151	Welfare Recipient Employment Programs
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JOB TRAINING

Name	City	Zip Code	Service
Purdue Extension	Indianapolis	46205	Financial literacy
Bridges out of Poverty	Indianapolis	46205	Job Skills, financial literacy, and other supportive programing
Johnson County Division of Family Resources	Franklin	46131	Welfare Recipient Employment Programs
Central Nine Career Center	Greenwood	46143	Job Training
Morgan County Division of Family Resources	Martinsville	46151	Welfare Recipient Employment Programs
Hendricks County Division of Family Resources	Plainfield	46168	Welfare Recipient Employment Programs
Mary Rigg Neighborhood Center	Indianapolis	46221	Career Counseling/Development
Mary Rigg Neighborhood Center	Indianapolis	46221	Pre-Job Guidance
Mary Rigg Neighborhood Center	Indianapolis	46221	Job Search/Placement
Southport Branch Library	Indianapolis	46227	Pre-Job Guidance
Beacon Of Hope Crisis Center	Indianapolis	46227	Pre-Job Guidance
Marion County Division of Family Resources - South	Indianapolis	46227	Welfare Recipient Employment Programs
Franciscan Health Indianapolis	Indianapolis	46237	Job Training

YOUTH MENTORING

Name	City	ZIP Code	Service
Purdue Extension - Johnson County	Franklin	46131	Enrichment Programs
Purdue Extension - Morgan County	Martinsville	46151	Enrichment Programs
Haven Youth Center, The	Martinsville	46151	Enrichment Programs
Boys and Girls Club of Morgan County	Mooresville	46158	Enrichment Programs
Girl Scouts of Central Indiana - Indianapolis Service Center	Indianapolis	46217	Enrichment Programs
Mary Rigg Neighborhood Center	Indianapolis	46221	Enrichment Programs
Hope for Tomorrow	Indianapolis	46227	After school and summer programming for Burmese youth
Baxter YMCA	Indianapolis	46227	Various youth programming

PARENTING EDUCATION AND SUPPORT

Name	City	ZIP Code	Service
Parent Café	Indianapolis	46204	Parent education and support
Care Net Pregnancy Centers of Central Indiana	Mooresville	46158	General Parenting Education
Care Net Pregnancy Centers of Central Indiana	Whiteland	46184	General Parenting Education
Child Adult Resource Services (Cars) -	Mooresville	46158	General Parenting Education
Family Services and Prevention Programs - Johnson County	Greenwood	46142	General Parenting Education
Johnson Memorial Health - Assist	Franklin	46131	Parent Support Groups
Johnson Memorial Health - Assist	Franklin	46131	Child Abuse Counseling
Reach for Youth - Greenwood Office	Greenwood	46143	Parent Counseling
Southside Parents of Multiples	Indianapolis	46227	Parent Support Groups

ANDERSON REGION

TRANSPORTATION			
Name	City	Zip Code	Service
City of Anderson Transit System (CATS) - Terminal	Anderson	46016	Transportation For Disabled
City of Anderson Transit System (CATS) - Terminal	Anderson	46016	Transportation Passes
FOOD PANTRIES			
Name	City	Zip Code	Service
Lapel Community Food Pantry	Lapel	46051	Food Pantry
Carrie Mae Hyatt Westside Community Food Pantry	Anderson	46011	Food Pantry
East Lynn Christian Church	Anderson	46013	Food Pantry
Elwood Ministerial Association	Elwood	46036	Food Pantry
Fifth Street United Methodist Church	Anderson	46016	Food Pantry
Frankton Christian Church Food Pantry	Frankton	46044	Food Pantry
Operation Love Ministries	Anderson	46016	Food Pantry
Park Place Community Center	Anderson	46012	Food Pantry
Pete's Pantry	Alexandria	46001	Food Pantry
Saint John's Evangelical Lutheran Church	Anderson	46013	Food Pantry
Salvation Army Anderson	Anderson	46016	Food Pantry
Second Harvest	Anderson	46016	Food Pantry
Second Harvest Tailgate Pantry - Madison County	Anderson	46011	Food Pantry
JOB TRAINING			
Name	City	Zip Code	Service
*Anderson Impact Center	Anderson	46016	Education and job training to low and moderate income individuals
*The Christian Center	Anderson	46016	Educational programs for men in shelter
Operational Love Ministries	Anderson	46016	Financial education, job training programs
JobSource	Anderson	46015	Job Training
Madison Cnty. Div. Family Resources	Anderson	46016	Welfare Recipient Employment Programs
YOUTH MENTORING			
Name	City	Zip Code	Service
Alexandria Community Center	Alexandria	46001	Enrichment Programs
PARENTING EDUCATION AND SUPPORT			
Name	City	Zip Code	Service
Capital City Family Education Services - Anderson	Anderson	46013	Parent Counseling
First Choice for Women -Anderson And Madison County	Anderson	46011	General Parenting Education
Intersect	Anderson	46016	General Parenting Education

HOWARD REGION

TRANSPORTATION			
Name	City	ZIP Code	Service
Kokomo and Howard County Governmental Coordinating	Kokomo	46901	Transportation For Disabled
Kokomo and Howard County Governmental Coordinating	Kokomo	46901	Senior Ride Program
FOOD PANTRIES			
Name	City	ZIP Code	Service
Kokomo Downtown Farmers Market	Kokomo	46901	Farmers Market
United Way Of Howard County	Kokomo	46901	Food Pantry
Food Finders Food Bank - Mobile Food Pantry Sites (Tzion Temple)	Kokomo	46901	Food Pantry
Food Finders Food Bank - Mobile Food Pantry Sites (Wayman Chapel African Methodist Episcopal Church)	Kokomo	46901	Food Pantry
Hillsdale United Methodist Church	Kokomo	46901	Food Pantry
Saint Vincent De Paul Of Howard County	Kokomo	46901	Food Pantry
Kokomo Rescue Mission	Kokomo	46901	Food Pantry
Kokomo Urban Outreach - Carver Community Center	Kokomo	46901	Food Pantry
New Life Church	Kokomo	46901	Food Pantry
Tzion Church	Kokomo	46901	Food Pantry
Wayman Chapel African Methodist Episcopal Church	Kokomo	46901	Food Pantry
Woodland Church Of God - Samaritan	Kokomo	46901	Food Pantry
Food Finders Mobile Pantry - Uaw Local	Kokomo	46902	Food Pantry
Food Finders Whistle Stop Pantry - Woodland Church Of God	Kokomo	46902	Food Pantry
Grace Community Foursquare Church	Kokomo	46902	Food Pantry
Kokomo Urban Outreach - Kokomo	Kokomo	46902	Food Pantry
New Life Church	Kokomo	46901	Food Pantry
Tzion Church	Kokomo	46901	Food Pantry
Wayman Chapel African Methodist Episcopal Church	Kokomo	46901	Food Pantry
Woodland Church Of God - Samaritan	Kokomo	46901	Food Pantry
Food Finders Mobile Pantry - Uaw Local	Kokomo	46902	Food Pantry
Food Finders Whistle Stop Pantry - Woodland Church Of God	Kokomo	46902	Food Pantry
Grace Community Foursquare Church	Kokomo	46902	Food Pantry
Kokomo Urban Outreach - Kokomo	Kokomo	46902	Food Pantry
Kokomo Urban Outreach - Kokomo Urban Outreach	Kokomo	46902	Food Pantry
Food Finders Whistle Stop Pantry - Hands Of Grace Storehouse	Kokomo	46902	Food Pantry
Food Finders Whistle Stop Pantry - New Hope Church	Kokomo	46902	Food Pantry
Crossroads Community Church	Kokomo	46902	Food Pantry

Kokomo Urban Outreach - Pine Valley Community Room	Kokomo	46902	Food Pantry
New Hope Church	Kokomo	46902	Food Pantry
Saint Luke's United Methodist Church	Kokomo	46902	Food Pantry
Salvation Army Howard County	Kokomo	46902	Food Pantry
Jerome Christian Church	Greentown	46936	Food Pantry
Greentown Wesleyan Church	Greentown	46936	Food Pantry
Russiaville Community Food Pantry	Russiaville	46979	Food Pantry
JOB TRAINING			
Name	City	ZIP Code	Service
*Kokomo Rescue	Kokomo	46901	Life Skills Programs
*Aiming for Success	Kokomo	46901	Resume building, interviewing skills, assistance with job applications
*Advantage Home			Life Skills
*YMCA	Kokomo	46901	Financial management
Gilead House	Kokomo	46901	Career Counseling/Development
United Way of Howard County	Kokomo	46901	Job Search/Placement
Gilead House	Kokomo	46901	Job Search/Placement
Gilead House	Kokomo	46901	Pre-Job Guidance
Bureau of Rehabilitation Services, Indiana Division of Disability and	Kokomo	46902	Vocational Assessment
Bureau of Rehabilitation Services, Indiana Division of Disability and	Kokomo	46902	Vocational Rehabilitation
YOUTH MENTORING			
Name	City	ZIP Code	Service
Carver Community Center	Kokomo	46901	Enrichment Programs
Girl Scouts of Central Indiana	Kokomo	46901	Enrichment Programs
PARENTING EDUCATION AND SUPPORT			
Name	City	ZIP Code	Service
*Healthy Families	Kokomo	46901	Education, prevention, and crisis intervention programs to promote healthy families

Part VI Supplemental Information

Line 1, Part II Community Building Activities

1. "Physical improvements and housing":

- Community Howard Regional Health participated in the Western School Corporation's inclusive playground project. The new playground will allow children with special needs, such as balance issues, instability, those who use braces or are in wheelchairs, to participate on the playground with the other children.

2. "Economic development":

- In 2011, CHNw created the Serve360° as a program to open opportunities for Community caregivers to live out the Network's mission through volunteerism. Since then, Serve360° has

continued to grow and its volunteers have continued to make lasting impacts on the communities they support every year. From volunteering with cancer patients at Little Red Door to reading with kids after school through United Ways' ReadUP program, Serve360's purpose is to give back to the people and neighborhoods that gave birth to the network and continue to support it. In 2019, 2,425 of CHNw's caregivers donated 11,519 volunteer hours to nearly 82 local nonprofits in Central Indiana.

- CHNw hospitals participated in their local Chambers of Commerce and United Ways, such as the Greater Economic Development Administration of Howard County, Aspire Economic Development + Chamber Alliance in Johnson County, and OneZone in Hamilton County to leverage community development opportunities and provide support for entrepreneurs, small businesses and large corporations. These groups focus on community development plans to enhance the quality of life, infrastructure and services for their communities.

3. "Community Support"

- CHNw continues to support our communities in various ways such as supporting our Boys and Girls Clubs and sponsoring the Indianapolis Symphony to perform in a park near one of its hospitals.
- Critical Incident Stress Management (CISM) is a comprehensive, integrated, strategic, and multimodal approach to crisis intervention and emotional support. CHNw's CISM team has provided training to hundreds of mental health and peer responders in Central Indiana and specifically to the Fishers Police Department.
- CHNw is the coordinating leader of Indiana's District 5 Resilience and Emotional Support Team. CHNw has been the coordinating leader of Indiana's District 5 Team. The team is part of the emergency management and response functions of the Indiana Department of Homeland Security's 10 Indiana districts and takes direction from the Indiana Division of Mental Health and Addiction. Behavioral health agencies, organizations, along with a volunteer force of mental health and peer support professionals are at the ready to provide crisis intervention and psychological first aid.

4. "Environmental improvements" – Nothing to report.

5. "Leadership development and training for community"

- The Crisis Intervention Training (CIT) program is a partnership between law enforcement, the National Alliance on Mental Illness and mental health professionals. Although the team/partnership concept is meant to be facilitated year-round, one of the highlights of the team is the 40-hour week-long training. CHNw provides the training to law enforcement and other First Responder professionals on a wide variety of issues regarding mental illness, substance use disorders, de-escalation techniques, communication skills, learning about involuntary treatment options, and community resources available for citizens in crisis. One of the main goals of the training is, when appropriate, to direct individuals in crisis toward Behavioral Health treatment rather than to the criminal justice system. The training advocates for both responder and citizen safety during a crisis.

- QPR Training – QPR stands for Question, Persuade, and Refer – three steps anyone can learn to help save a life from suicide. CHNw provided training to the community on how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

6. “Coalition building”

- Convened by Community Hospital East, the Indianapolis East Redevelopment Committee (IERC) serves as a collaborative platform for addressing quality of life issues on the Eastside of Indianapolis. Area partners— Community Hospital East, Warren Township Schools, Raytheon, Finish Line, Caito Foods, Indy Chamber, Marriott East and Far Eastside Neighborhood Association found a common interest: revitalization on the Eastside of Indy. The IERC continues to expand the reach and grow the numbers of businesses and organizations in the community that are participating. The IERC meets a few times a year and consists of the following committees that help facilitate community engagement and economic discussions at those meetings on economic development, safety, beautification, communications, quality of life, and transforming urban neighborhoods.
- Empower Johnson County is a coalition comprised of members, like CHNw, who live/work in Johnson County, Indiana and want to make it a safer and healthier community by providing substance free youth activities and outreach/education/training events to parents and community members. The mission is to Empower the Johnson County Community to reduce and prevent youth substance abuse through advocacy, education, and enforcement.
- The Top 10 is a coalition in Central Indiana comprised of over 110 partners from multiple sectors and including health care providers, businesses, area non-profits, and academia, that work to decrease the burden of chronic disease by developing a culture of health in Central Indiana. The YMCA of Greater Indianapolis serves as the backbone organization for the Top 10 Coalition.

7. “Community health improvement advocacy”:

- Binford Redevelopment and Growth, Inc. (BRAG), founded in 2005 by a group of concerned neighbors, is a non- profit neighborhood organization located in the northeast corner of Indianapolis. In 2019 the City of Indianapolis Department of Metropolitan Development led a year-long planning process in partnership with an expert planning team to develop the Castleton Strategic Revitalization Plan, which positions the area for a new era of vitality as a center of living and playing. It is an opportunity to capture community input, establish goals, policies, and recommendations, have a large-scale area planning effort, inform future land use, have an economic development tool, and form a plan that can be implemented short, medium, and long term.
- Since 1998, the Center of Hope at CHNw has been dedicated to caring for victims of violence, abuse or neglect, especially sexual assault and interpersonal violence. The Center of Hope welcomes all victims of violence regardless of gender, sexual orientation, race, religion, origin or disability. Services are available 24/7 including weekends/holidays. Victims can be seen by a forensic nurse examiner (FNE) and receive any of the following depending on the victim’s unique situation:
 - Medical care
 - Forensic nursing exam

- Prophylactic medications for sexually transmitted diseases and pregnancy (as appropriate)
 - Injury identification and documentation
 - Assistance with emergency shelter placement
 - Forensic specimen collection (as appropriate)
 - Crisis intervention services
 - Follow-up medical care post initial exam/visit
 - Safety planning
 - Referrals for community-based resources such as counseling and support groups
- Behavioral Health Advocacy- CHNw caregivers volunteer as members of Indiana’s Behavioral Health and Human Services Licensing Board, which, through monthly, public facing board meetings, oversees a composite board made up of four sections: Mental Health Counselors, Social Workers, Marriage and Family Therapist, and Addiction Counselors. One of the primary duties of the board is protect the citizens of Indiana from unqualified and/or unethical practitioners. The board works closely with the Attorney General’s office in overseeing disciplinary sanctions by those licensed by the board.

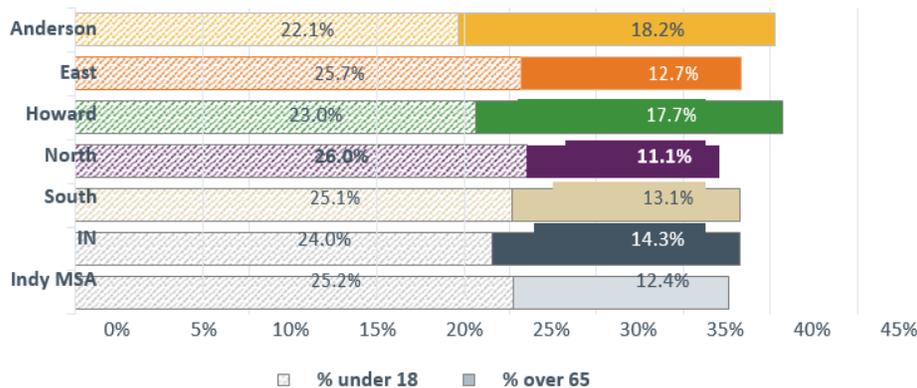
8. “Workforce development”

- CHNw hosts many hours each year on professional development/workshops and conferences and clinical education.

**Part VI Supplemental Information
Community Information (line 4).**

The CHNA contains extensive information on the description of the communities/regions that we serve. The description contains geographic information and demographics of the populations in each region.

Figure 2: Children and Seniors



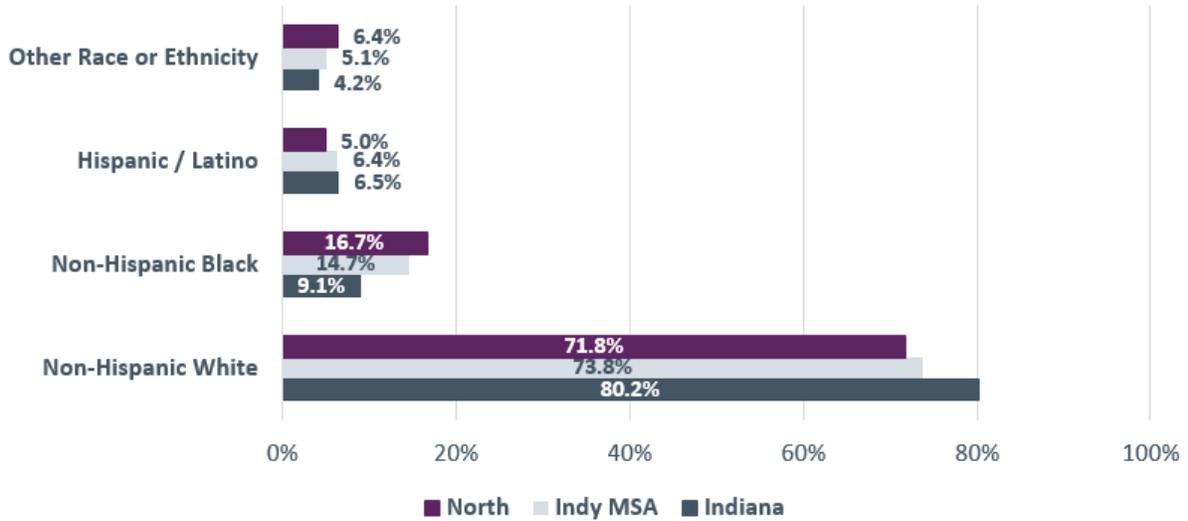
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Table 3. Median Age

	Anderson	East	Howard	North	South	Indy MSA	IN
Median Age	40.6	36.7	41.5	36.1	36.8	36.1	37.4

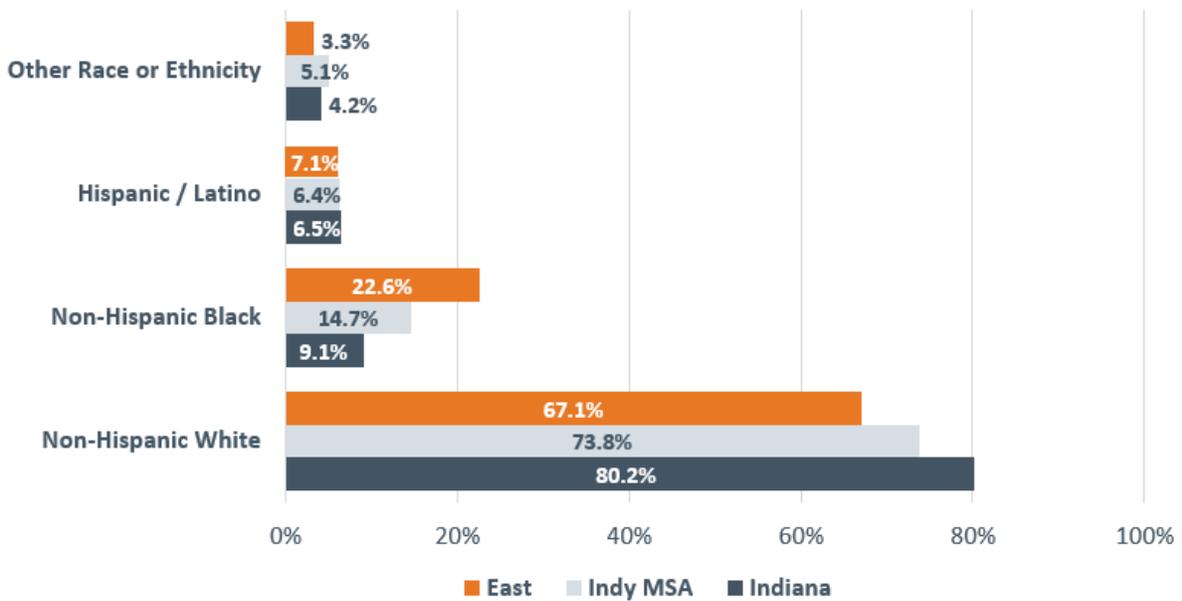
Source: US Census Bureau (American Community Survey 2012-2016 five-year Estimates)

Figure 4: Race and Ethnicity



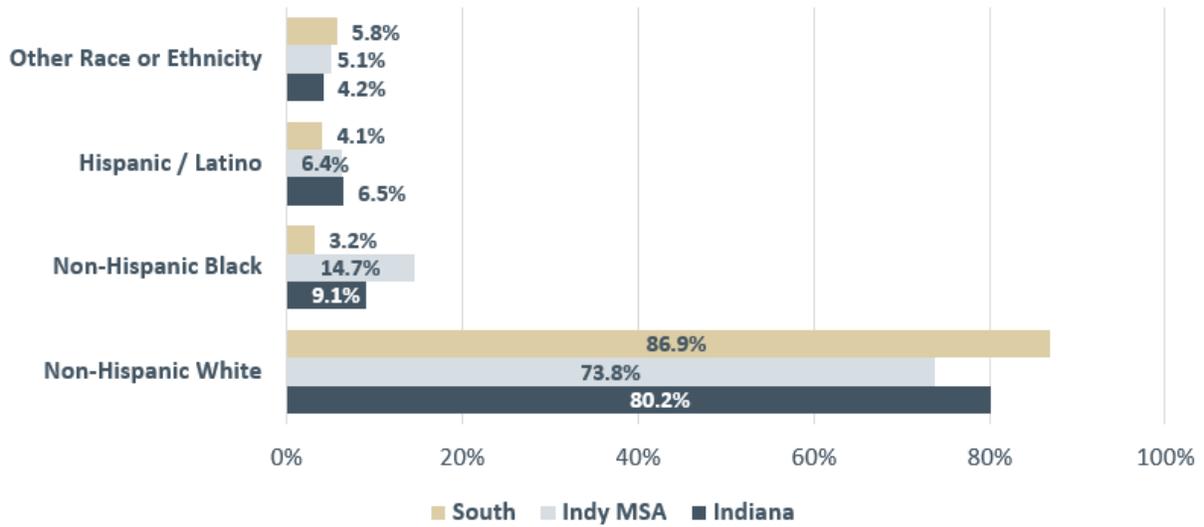
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 4: Race and Ethnicity



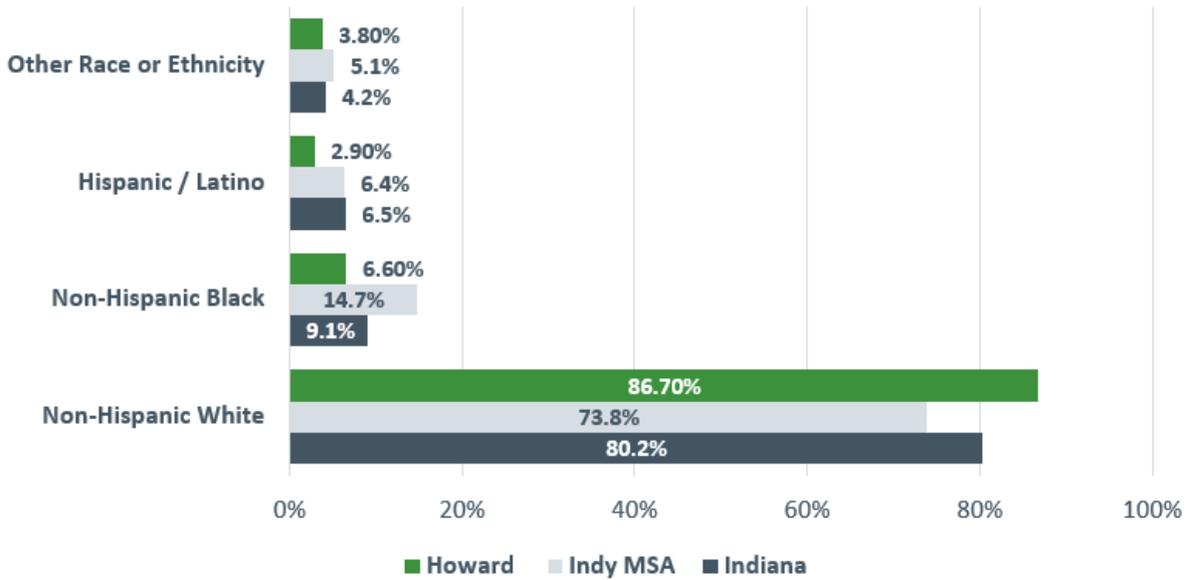
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 4: Race and Ethnicity



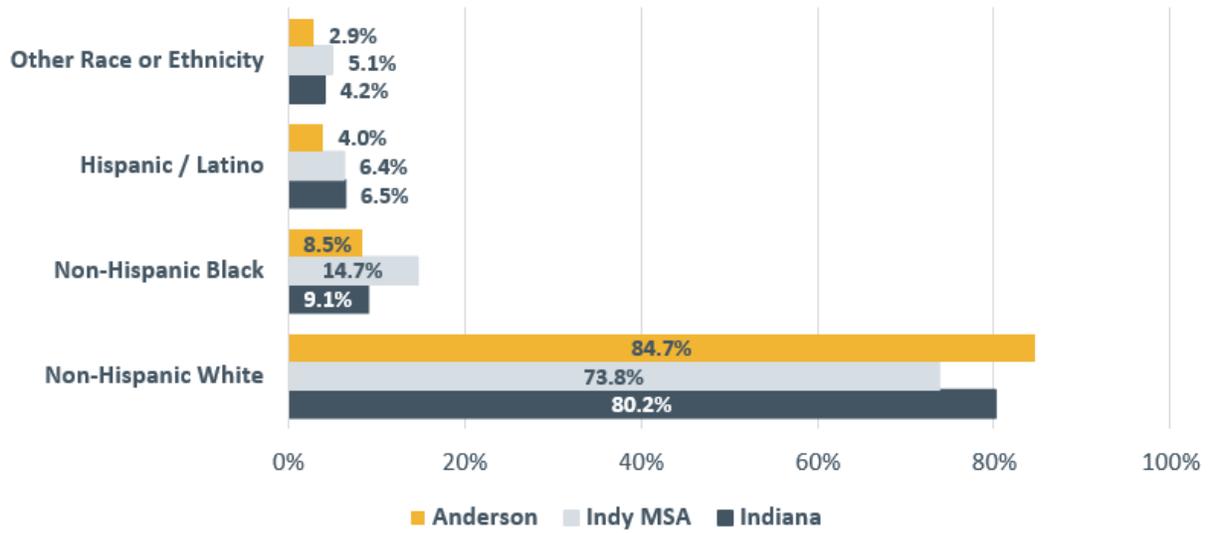
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 4: Race and Ethnicity



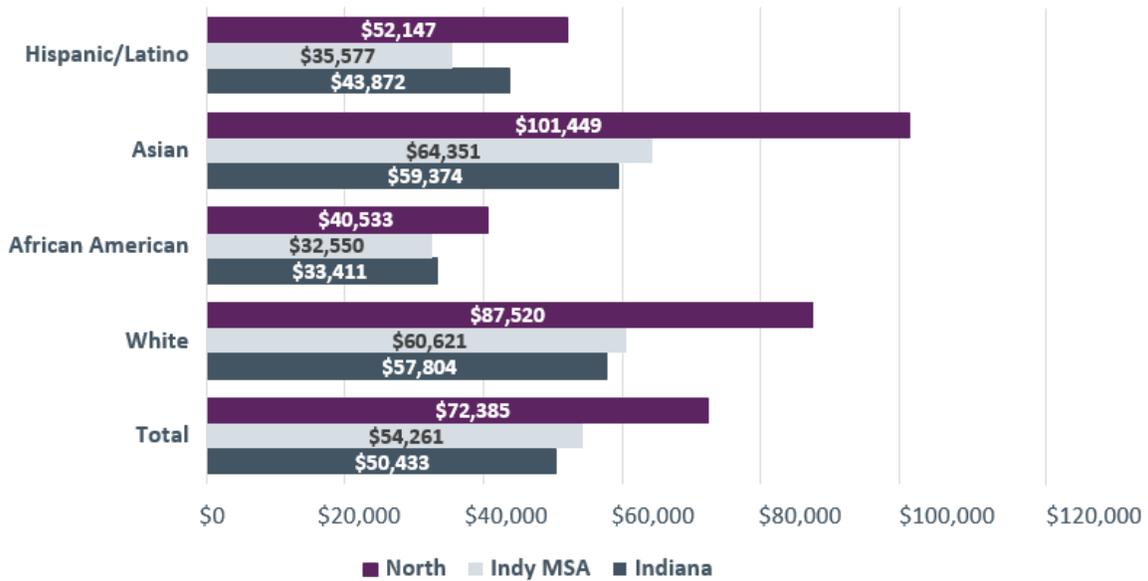
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 4: Race and Ethnicity



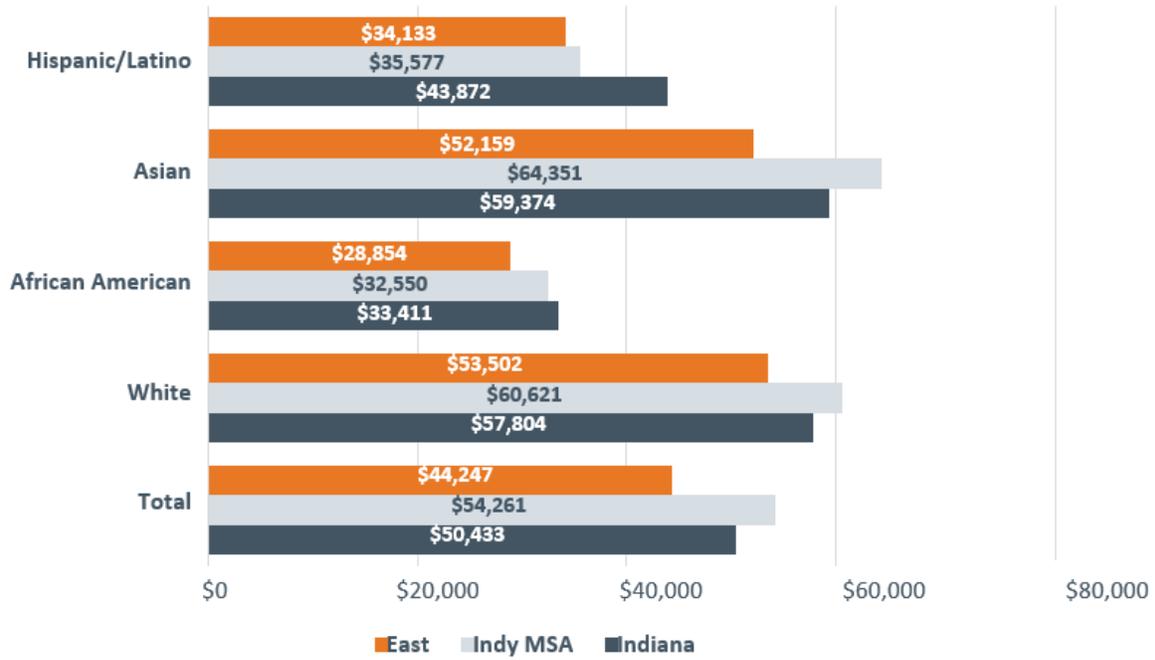
Source: US Census Bureau (American Community Survey 2012-2016 five-year Estimates)

Figure 5: Median Household Income by Race/Ethnicity



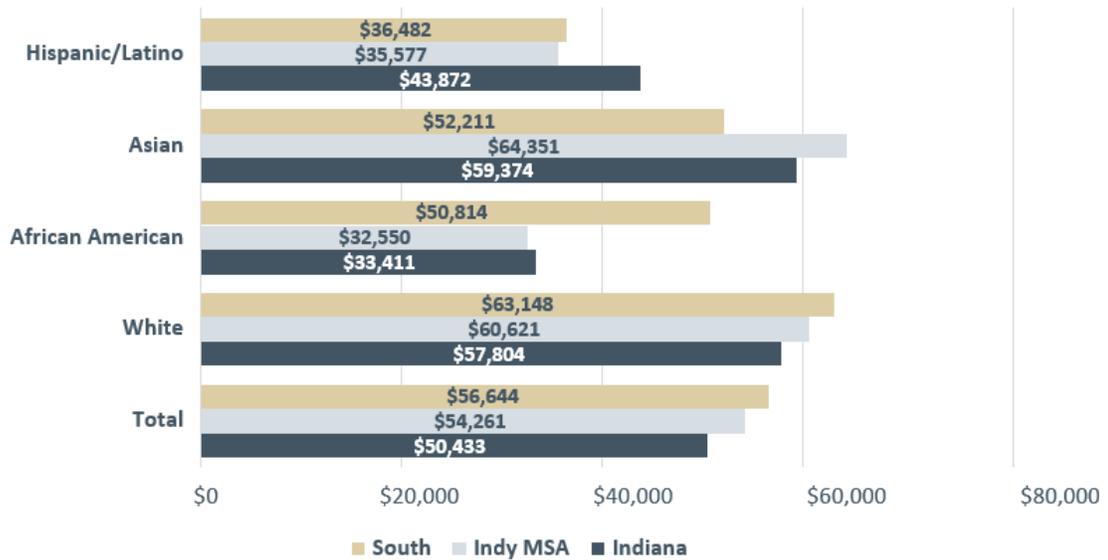
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 5: Median Household Income by Race/Ethnicity



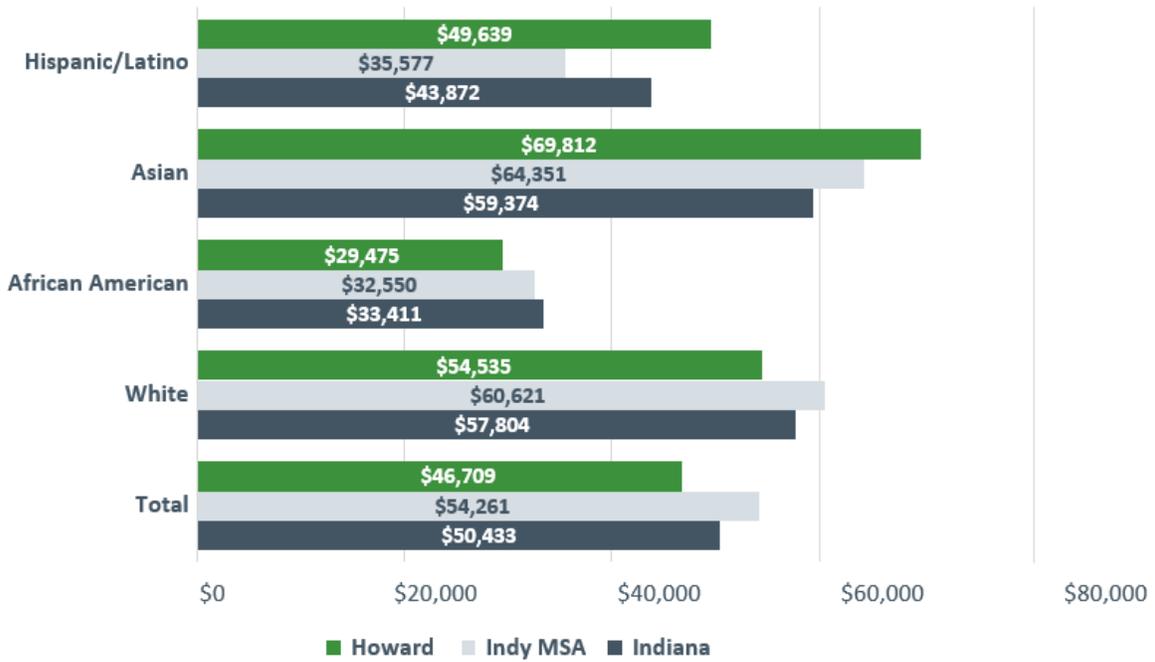
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 5: Median Household Income by Race/Ethnicity



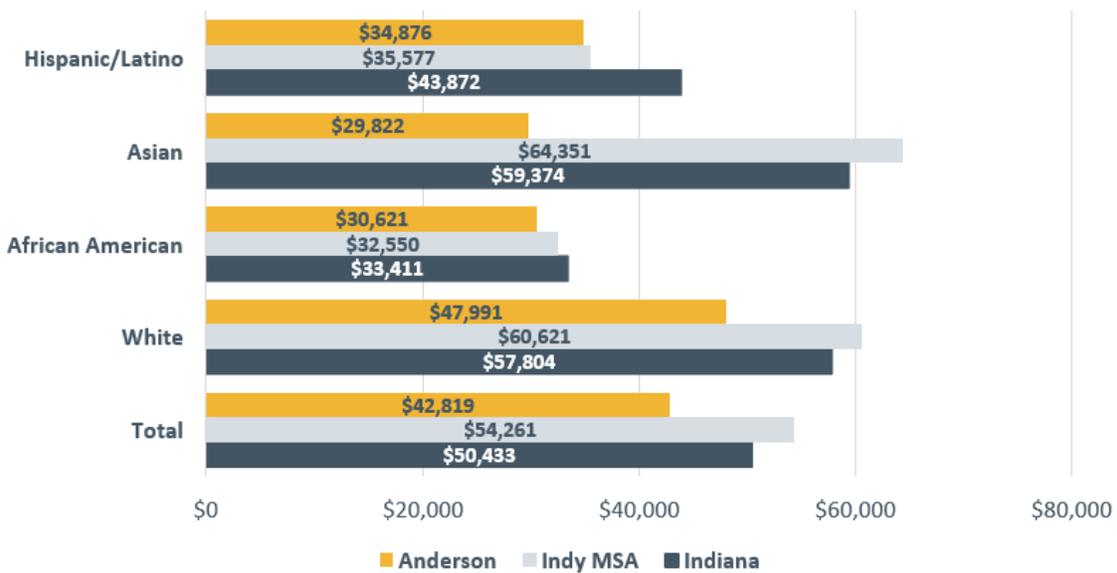
Source: Claritas via Community Health Network, US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 5: Median Household Income by Race/Ethnicity



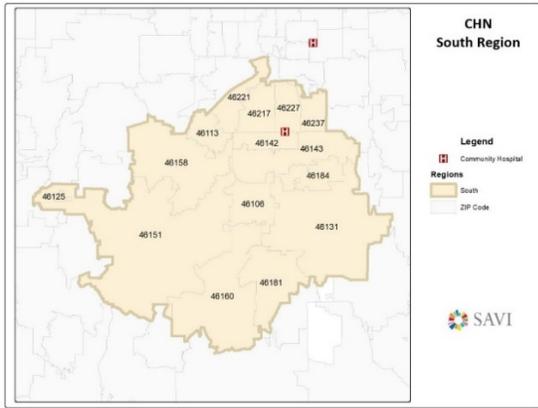
Source: US Census Bureau (American Community Survey 2012-2016 Five-year Estimates)

Figure 5: Median Household Income by Race/Ethnicity

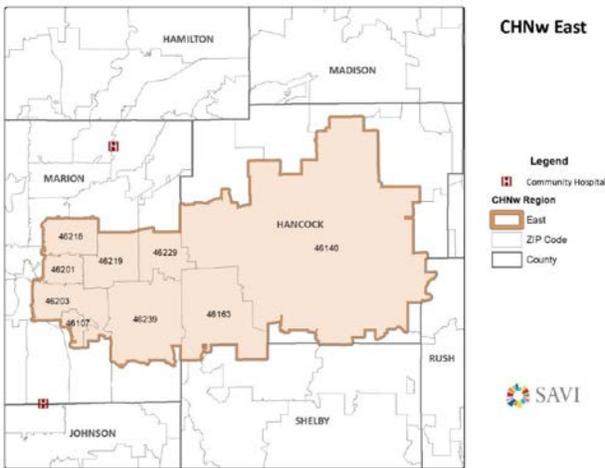


Source: Claritas via Community Health Network, US Census Bureau (American Community Survey 2012-2016 five-year Estimates)

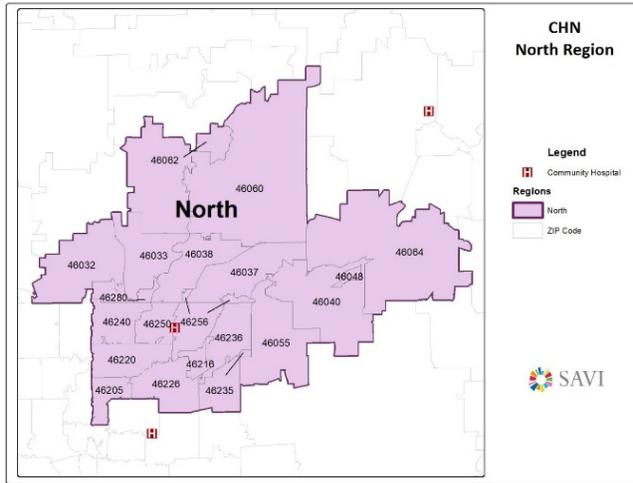
CHNw defined the community served by Community Hospital South (the **South Region**) to include ZIP codes 46106, 46113, 46131, 46142, 46143, 46151, 46158, 46160, 46181, 46184, 46217, 46221, 46227, and 46237.



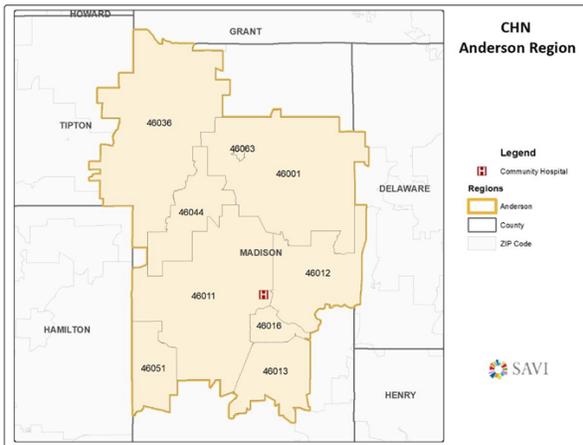
For purposes of this CHNA, CHNw defined the community served by Community Hospital East (the **East Region**) to include ZIP codes 46140, 46163, 46229, 46239, 46218, 46219, 46201, 46203, and 46107.



For purposes of this CHNA, CHNw defined the community served by Community Hospital North (the **North Region**) to include ZIP codes 46032, 46033, 46037, 46038, 46040, 46048, 46055, 46060, 46062, 46064, 46205, 46216, 46220, 46226, 46235, 46236, 46240, 46250, and 46280.

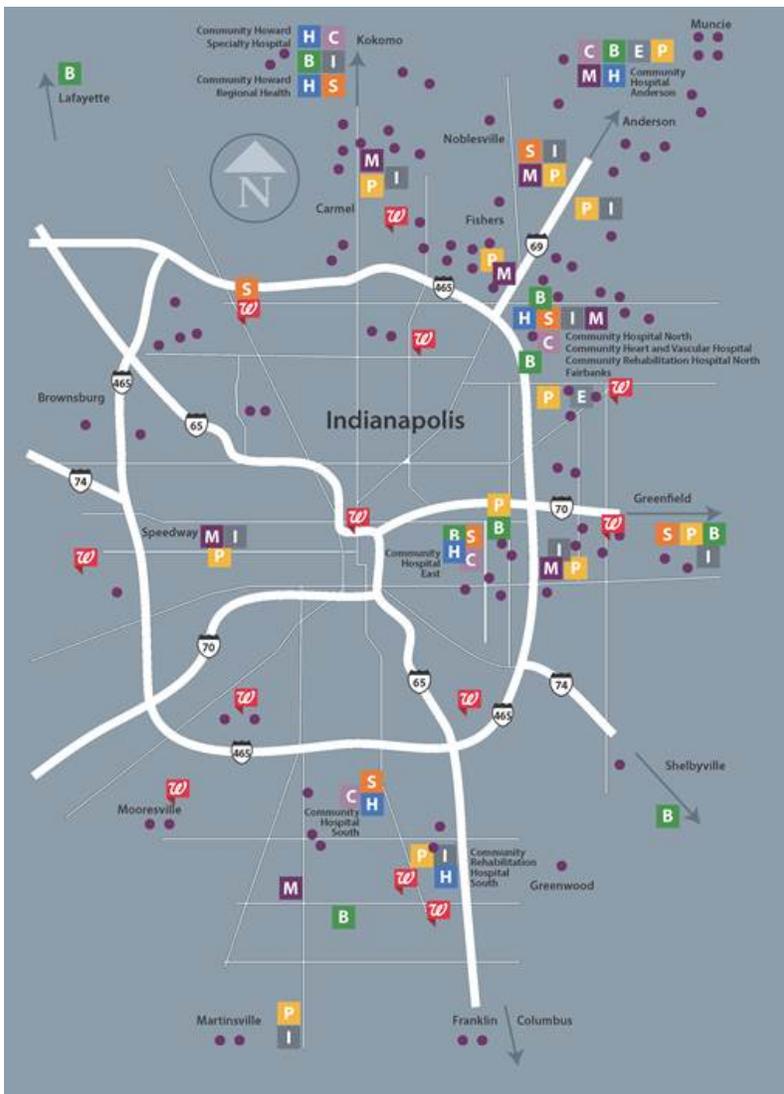
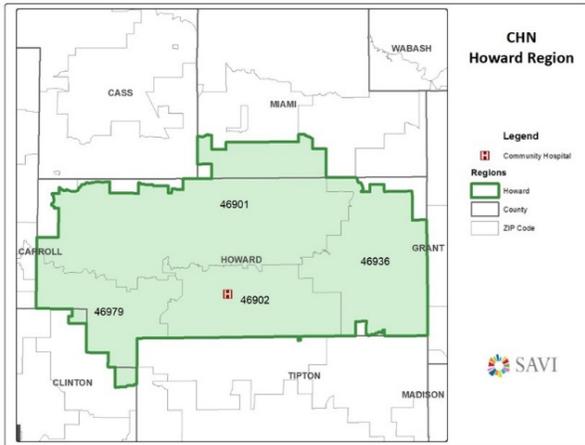


CHNw defined the community served by Community Hospital Anderson (the **Anderson Region**) to include ZIP codes 46001, 46011, 46012, 46013, 46036, 46044, 46051.



The Anderson Region includes significant portions of Madison County, Indiana.

For purposes of this CHNA, CHNw defined the community served by Community Howard Regional Health (the **Howard Region**) to include ZIP codes 46901, 46902, 46936, 46979.



A map of CHNw's services in the five regions: H-hospital, P-pavilion, S-surgery center, C-cancer center, M-urgent care, I-imaging, E-endoscopy, B-behavioral health, purple dot- physician's office