

## FOLLOW UP VISIT

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Patient's date of birth \_\_\_\_\_

Most recent ATEC score \_\_\_\_\_ Date done \_\_\_\_\_

ATEC subscores: I:      II:      III:      IV:

Describe what "good things" are happening since last visit:

What are your current concerns (including problem behaviors/aggression/self injury):

How has your child's health been since our last visit?

Has your child seen another health care provider since last seen by me?

Any obvious problems with allergies (nasal congestion, snoring, restless sleep, rashes)? Are the symptoms well controlled? Please describe:

Describe your child's sleep patterns (any trouble falling asleep?)  
Staying asleep? How restless is your child? Any snoring? Does  
s/he stop breathing during the night?  
Does s/he wake rested?  
Any late afternoon fatigue or hyperactivity?

Is your child generally calm or generally very hyperactive? Which?

How has your child's language been developing? Please describe expressive and receptive language problems and whether you have noticed improvement. If improved, what has helped?

How is your child's eye contact?

Any problems with sound sensitivity?

Light sensitivity?

Any problems with transitions?

Any mood swings?

Any difficulty calming down when upset?

How much of a problem is anxiety?

Any repetitive or obsessive behaviors or speech? Please describe

Describe your child's stools:

Frequency:

Consistency:

Color:

Smell (foul, normal, etc.):

Quantity (large or small):

Potty-trained? For stool? For Urine? Any bedwetting?

Describe your child's diet:

Gluten free? Casein free? SCD? GAPS? How long?

List protein sources:

List Carbohydrate sources:

List Fruits and Vegetables commonly eaten:

List what your child drinks:

Does your child swallow pills? Y N

Please list all medications and supplements and their doses, or check all doses in MyChart and list any differences:

Current Detox therapy: Sauna—Y N Epsom salt bath---Y N  
Detox foot bath—Y N

Any other specific questions you have for this visit?