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COMMUNITY HEALTH
Programs for cancer patients & their caregivers

T’AI CHI  PLEASE CALL 317.499.3083 TO RESERVE YOUR SPOT
SOUTH - **New Session Begins Monday, July 1st** Call to reserve your spot!
(Held in the 1st Floor Community Room - 1440 E County Line Road Indianapolis, IN 46227)
NORTH - **Next Session Begins Monday, September 9th** Call to reserve your spot!
(Held in 1st Floor Shell Space - 7979 N Shadeland Avenue Indianapolis, IN 46250)

MASSAGE THERAPY (LIMITED TO COMMUNITY HEALTH PATIENTS ONLY)
SOUTH - Every Tuesday  •  9:00am-4:00pm & Every Thursday • 9:00am-2:30pm
*Massage services limited to Community Health Oncology Patients Only.
(Please call Faith @ 317.499.3083 to schedule. Held at 1440 E County Line Road Indianapolis, IN 46227)
NORTH - Every Monday & Thursday  •  9:00am-2:00pm & Every Wednesday • 11:00am-5:30pm
*Massage services limited to Community Health Oncology Patients Only.
(Please call Faith @ 317.499.3083 to schedule. Held at 7979 N Shadeland Avenue Indianapolis, IN 46256)
EAST - Every Thursday  •  9:00am-1:00pm
*Massage services limited to Community Health Oncology Patients Only.
(Please call Faith @ 317.499.3083 to schedule. Held in Radiation Oncology at 1500 N Ritter Avenue Indianapolis, IN 46219)

BUILDING STRENGTH EXERCISE CLASS  PLEASE CALL 317.257.1505 FOR INFORMATION.
SOUTH - Every Wednesday  •  10:00am-11:00am
(Held in the 1st Floor Community Room - 1440 E County Line Road Indianapolis, IN 46227)

YOGA  PLEASE CALL 317.257.1505 FOR INFORMATION.
SOUTH - Every Wednesday  •  5:00pm-6:00pm
(Held in 1st Floor Community Room - 1440 E County Line Road Indianapolis, IN 46227)
NORTH - Second and Fourth Tuesday  •  6:00pm-7:00pm
(Held in 1st Floor Shell Space - 7979 N Shadeland Avenue Indianapolis, IN 46250)

SUPPORT GROUP  PLEASE CALL 317.257.1505 FOR A BRIEF INTERVIEW.
SOUTH - SUPPORT GROUP  |  Third Thursday  •  6:00pm-7:30pm
(Held in 1st Floor Conference Room - 1440 E County Line Road Indianapolis, IN 46227)
SOUTH - PROSTATE SUPPORT GROUP  |  Third Wednesday  •  6:30pm-8:00pm
(Held in 1st Floor Conference Room - 1440 E County Line Road Indianapolis, IN 46227)
SOUTH - WOMEN’S SUPPORT GROUP  |  First Thursday  •  6:00pm-7:30pm
(Held in 1st Floor Conference Room - 1440 E County Line Road Indianapolis, IN 46227)
NORTH - PATIENT SUPPORT GROUP  |  Second & Fourth Wednesday • 5:30pm-7:00pm
(Held in 1st Floor Community Room - 7979 N Shadeland Avenue Indianapolis, IN 46250)
NORTH - BREAST SUPPORT GROUP  |  First Tuesday • 6:00pm -7:30pm
(Held in 1st Floor Community Room - 7979 N Shadeland Avenue Indianapolis, IN 46250)
NORTH - LEUKEMIA LYMPHOMA SUPPORT GROUP  |  First Tuesday • 6:00pm -7:30pm
(Held in 1st Floor Community Room - 7979 N Shadeland Avenue Indianapolis, IN 46250)
EAST - PATIENT SUPPORT GROUP  |  Every other Wednesday • 2:00pm-3:30pm
(Held in 3rd Floor Community Room [Rm 310] - 7910 E Washington Street Indianapolis, IN 46219)

ART THERAPY  PLEASE CALL 317.257.1505 FOR INFORMATION.
SOUTH - ART THERAPY Every Friday • 10:00am-11:30am
(Held in 1st Floor Community Room - 1440 E County Line Road Indianapolis, IN 46227)
NORTH - *Infusion Only* Day & time will vary
EAST - *Infusion Only* Day & time will vary

New Workshop Series: Thriving after Cancer
This series will discuss topics of Nutritional, Physical, Emotional and Financial Wellness. Please visit eCommunity.com/survivorship for the latest workshop schedule and locations.