General instructions

The following instructions contain important information about your prep and your procedure. In order to have a successful procedure, please read and follow these instructions completely.

If you need to reschedule, please provide a 72 hour notice by calling 317.621.1800, Monday – Friday, 7 am – 4 pm.

Within 7 days prior to procedure you can expect:
• Pre-operative call: The nurse will call you to answer any questions and go over your instructions.
  • Please notify the nurse if you are allergic/sensitive to the metal NICKEL.

Day of procedure:
• Female patients will have a reproductive history review.
  A urine pregnancy test will be done before the procedure unless you have had a hysterectomy or if you are post-menopausal and have not had a menstrual period in at least 12 months.

• Refusal of a urine pregnancy test WILL result in the cancellation of your procedure.

• Transportation: You MUST arrange to have a responsible adult (age 18 or over) bring you to the facility and stay in the facility throughout your visit. Arriving alone WILL result in the cancellation of your procedure. It is unsafe and illegal to drive while under the effects of sedation.

MEDICATIONS
For colonoscopies, please discontinue any oral iron supplements, or vitamin supplements that contain iron, 7 days prior to your procedure.

Do not take aspirin on the day of your procedure.

Please notify our staff if you take any blood thinners. We will contact the physician who manages these to obtain permission for you to hold them for this procedure. DO NOT STOP THESE MEDICATIONS ON YOUR OWN.

If you are diabetic, please contact the physician who manages these specific medications for recommendations on the day of the prep as well as the day of the procedure.

Please hold all weight loss medications for 24 hours prior to your procedure.

You may continue all other medications including the day of your procedure with minimal water.

SEE OTHER SIDE →
Day of procedure:
• Please plan on your stay at our facility lasting at least 2 hours.
• Please bring photo ID and insurance card.
• You will see the physician just prior to your procedure.
• You most likely will not remember talking with the physician after your procedure due to the effects of your sedation. You will be given written discharge instructions and procedure results which will include information on diet, activity and medications.
• Please leave all jewelry, valuables and piercings at home.
• Please note that weapons are not permitted on the premises, even with a permit.

After your procedure
• For the rest of the day, you will not be able to drive or return to work. Normal activities may be resumed the following day.

PLEASE NOTE OUR LOCATION
The Community Endoscopy Center is located on the historic Fort Benjamin Harrison campus, on the east side of Indianapolis, just minutes from I-465.

From the South and East:
• Take I-465 North to the Shadeland/56th Street exit.
• Stay to the right, and take the 56th Street ramp.
• Turn right (East) onto 56th Street to the Fort Benjamin Harrison campus.
• After going through the stoplight at Franklin Road, you will go approximately 1/4 mile.
• We are on the right, or south, side of the street.

From the North:
• Take I-465 South to the 56th Street exit (East).
• Take 56th Street East to the Fort Benjamin Harrison campus.
• After going through the stoplight at Franklin Road, you will go approximately 1/4 mile.
• We are on the right, or south, side of the street.