









# Morning Colonoscopy with MoviPrep

**Note:** Follow this prep and discard prep included in MoviPrep box

Use this prep if you are scheduled to arrive for your colonoscopy in the morning (before 12:00 noon)

Please see reverse side or page two for your prep instructions if your procedure is scheduled in the afternoon








<p><b>1 week before your colonoscopy</b></p> <p>→</p>	<p><input type="checkbox"/> Pick up</p> <ol style="list-style-type: none"> <li>1. Movi Prep (RX)</li> <li>2. Dulcolax (OTC)</li> <li>3. Fleet enema (OTC)</li> <li>4. Clear liquids such as             <ul style="list-style-type: none"> <li>• popsicles</li> <li>• broth</li> <li>• Jello</li> <li>• apple juice</li> <li>• coffee</li> <li>• tea</li> <li>• soda</li> </ul> </li> </ol>	<p><input type="checkbox"/> Contact your doctor if any changes in your medical condition, medications or if you take</p> <ul style="list-style-type: none"> <li>• Coumadin</li> <li>• Plavix</li> <li>• Aspirin</li> <li>• Pradaxa</li> </ul> <p>by calling 317-841-8090 ext 229.</p>	<p><input type="checkbox"/> Stop taking</p> <ul style="list-style-type: none"> <li>• aspirin (except for baby aspirin)</li> <li>• anti-arthritis medication</li> <li>• Ibuprofen or blood thinning drugs</li> </ul> <p><input type="checkbox"/> Check with the prescribing doctor prior to stopping these drugs.</p>	<p><input type="checkbox"/> If you take more than 500 mg of vitamin C per day, you must continue to take the vitamin C every day, including the day of your colonoscopy.</p>	<p><input type="checkbox"/> Do not take iron, herbal supplements or vitamin E . You may continue taking multi-vitamins including those containing iron until the day of your procedure.</p>	<p><input type="checkbox"/> Read prep instructions</p>
<p><b>1 day before your colonoscopy</b></p> <p>→</p>	<p></p> <p><input type="checkbox"/> 8:00 am-Bedtime</p> <p>Drink Liquids that <u>are not red</u> in color. This includes, popsicles, broth, Jello, apple juice, coffee (no creamer), tea, soda or water.</p> <p><i>Drink 8 oz of liquid each hour to avoid dehydration.</i></p> <p><b>You may not eat any solid foods until after your procedure</b></p>	<p> <input type="checkbox"/> 4PM</p> <p>Take 4 Dulcolax tablets.</p> <p>(Effects are usually within several hours)</p> <p>Note: If you have chronic diarrhea, ulcerative colitis, or had difficulty with Dulcolax, do not take Dulcolax.</p>	<p> <input type="checkbox"/> 5:00 pm—Mix solution</p> <ul style="list-style-type: none"> <li>• Empty 1 pouch A and 1 pouch B into the container provided</li> <li>• Fill with tap water or Gatorade</li> <li>• Shake to dissolve</li> <li>• Chill for no longer than 30 minutes.</li> <li>• Stay near your toilet</li> </ul>	<p> 5:30 pm</p> <p>Begin drinking</p> <p>The MoviPrep container is divided by 4 marks. Every 15 minutes, drink solution to the next mark until gone. Finish at 6:30 pm</p>	<p> <input type="checkbox"/> 7:00 pm</p> <ul style="list-style-type: none"> <li>• Empty 1 pouch A and 1 pouch B into the container provided</li> <li>• Fill with tap water or Gatorade</li> <li>• Shake to dissolve</li> <li>• Chill for no longer than 30 minutes</li> </ul>	<p> <input type="checkbox"/> 7:30 pm</p> <p>Every 15 minutes, drink solution to the next mark until gone. Finish at 8:30 PM</p> <p><input type="checkbox"/> 12:00 Midnight: Nothing by mouth <b>Note: IF YOU HAVE NAUSEA OR VOMITING WHILE DRINKING THE SOLUTION, STOP.</b> Purchase an enema bag and Dulcolax suppository. 4 hours before your colonoscopy, give yourself warm tap water enemas (2 pints at one time). Continue every hour until the colon is clear of stool. Give yourself a Dulcolax suppository 1 hour before leaving home.</p>
<p><b>Day of colonoscopy</b></p> <p>→</p>	<p></p> <p>Nothing by mouth after midnight or colonoscopy will be rescheduled.</p>	<p><input type="checkbox"/> 2 hours prior to leaving home: Pour out contents of Fleet enema and fill with warm tap water. Give yourself an enema.</p> <p><input type="checkbox"/> 10 minutes later Repeat process</p>	<p> <input type="checkbox"/> Have a driver take you to your Colonoscopy. Driver must remain at the Center during the entire procedure and drive you home</p>	<p>On _____</p> <p>Arrive at: _____</p> <p><input type="checkbox"/> Surgery Center Plus 7430 N. Shadeland Ave Suite #100-first floor, Indpls (317) 841-8005</p> <p><input type="checkbox"/> Community Hosp N 7150 Clearvista Dr. Indpls</p> <p><input type="checkbox"/> Community Hosp E. 1500 N. Ritter Ave. Indpls</p> <p><input type="checkbox"/> Riverview Hosp 395 Westfield Road, Noblesville</p> <p>Other: _____</p>		

# Afternoon Colonoscopy with MoviPrep

**Note:** Follow this prep and discard prep included in MoviPrep box

Use this prep if you are scheduled to arrive for your colonoscopy in the afternoon (after 12:00 noon).

Please see reverse side or page one for your prep instructions if your procedure is scheduled in the morning

<b>1 week before your colonoscopy</b>	<input type="checkbox"/> Pick up 5. Movi Prep (RX) 6. Dulcolax (OTC) 7. Fleet enema (OTC) 8. Clear liquids such as <ul style="list-style-type: none"> <li>• popsicles • broth</li> <li>• Jello • apple juice</li> <li>• coffee • tea • soda</li> </ul>	<input type="checkbox"/> Contact your doctor if any changes in your medical condition, medications or if you take <ul style="list-style-type: none"> <li>• Coumadin • Plavix</li> <li>• Aspirin • Pradaxa</li> </ul> by calling 317-841-8090 ext 229.	<input type="checkbox"/> Stop taking <ul style="list-style-type: none"> <li>• aspirin (except for baby aspirin)</li> <li>• anti-arthritis medication</li> <li>• ibuprofen or blood thinning drugs</li> </ul> <input type="checkbox"/> Check with the prescribing doctor prior to stopping these drugs.	<input type="checkbox"/> If you take more than 500 mg of vitamin C per day, you must continue to take the vitamin C every day, including the day of your colonoscopy	<input type="checkbox"/> Do not take iron, herbal supplements or vitamin E. You may continue taking multi-vitamins including those containing iron until the day of your procedure.	<input type="checkbox"/> Read prep instructions
<b>1 day before your colonoscopy</b>	 <input type="checkbox"/> 8:00 am-Bedtime Drink Liquids that <u>are not red</u> in color. This includes, popsicles, broth, Jello, apple juice, coffee (no creamer), tea, soda or water. <i>Drink 8 oz of liquid each hour to avoid dehydration.</i> <b>You may not eat any solid foods until after procedure</b>	 <input type="checkbox"/> 4PM Take 4 Dulcolax tablets. (Effects are usually within several hours) Note: If you have chronic diarrhea, ulcerative colitis, or had difficulty with Dulcolax, do not take Dulcolax.	 <input type="checkbox"/> 5:00 pm— Mix solution <ul style="list-style-type: none"> <li>• Empty 1 pouch A and 1 pouch B into the container provided</li> <li>• Fill with tap water or Gatorade</li> <li>• Shake to dissolve</li> <li>• Chill for no longer than 30 minutes.</li> <li>• Stay near your toilet</li> </ul>	 530 pm Begin drinking The MoviPrep container is divided by 4 marks. Every 15 minutes, drink solution to the next mark until gone. Finish at 6:30 pm	NOTE: IF YOU HAVE NAUSEA OR VOMITING WHILE DRINKING THE SOLUTION, STOP. Purchase an enema bag and Dulcolax suppository. 4 hours before your colonoscopy, give yourself warm tap water enemas (2 pints at one time). Continue every hour until the colon is clear of stool. Give yourself a Dulcolax suppository 1 hour before leaving home.	
<b>Day of colonoscopy</b>	 <input type="checkbox"/> 5:00 am Empty 1 pouch A and 1 pouch B into the container provided and fill with tap water or Gatorade (not red), shake. Every 15 minutes drink the solution down to the next mark until gone. You must have contents consumed by 6:00 am	 Nothing by mouth 6 hours prior to your procedure or it will be rescheduled.	<input type="checkbox"/> 2 hours prior to leaving home: Pour out contents of Fleet enema and fill with warm tap water. Give yourself an enema. <input type="checkbox"/> 10 minutes later Repeat process	 <input type="checkbox"/> Have a driver take you to your Colonoscopy. Driver must remain at the Center during the entire procedure and drive you home	On _____ Arrive at: _____ <input type="checkbox"/> Surgery Center Plus 7430 N. Shadeland Ave Suite #100-first floor, Indpls (317) 841-8005 <input type="checkbox"/> Community Hosp N 7150 Clearvista Dr. Indpls <input type="checkbox"/> Community Hosp E. 1500 N. Ritter Ave. Indpls Riverview Hosp 395 Westfield Road, Noblesville Other: _____	