

## Preoperative Instructions for outpatient abdominal surgery

### Should I take my medication prior to my surgery?

- Stop taking aspirin (except baby aspirin), anti-arthritis, or blood thinning drugs at least 7 days prior to your surgery and 2 weeks after surgery. Consult your prescribing doctor before stopping any medication. If you are taking *Coumadin*, *Plavix* or *Aspirin* notify your physician by calling 317-841-8090 extension 229.
- *Do not take insulin or anti-diabetic medications morning of your surgery.* Notify the clinic staff that morning that you have not taken any anti-diabetic medications.
- You *may* take heart, seizures and/or steroidal medications as usual on the morning of surgery with a small sip of water.

### What other concerns should be addressed prior to my surgery?

- Notify the doctor/nurse if you have heart valve problems, a pacemaker, arterial grafts or previous endocarditis. You may need pre-op antibiotics.
- If you are pregnant or suspect you may be pregnant notify the doctor/nurse. If you have a fever or congestion notify the doctor or nurse.
- Wear comfortable clothes and leave your valuables at home.
- **Bring a responsible adult driver to accompany you, and to remain during the procedure** and to drive you home. *A cab driver alone is not acceptable.* Arrange for someone to stay with for the first 24 hours.

### **NO EATING, DRINKING OR SMOKING FOR 8 HOURS PRIOR TO SURGERY.**

Due to possible serious complications, eating or drinking anything may require your procedure to be cancelled.

**Day of Procedure:** \_\_\_\_\_

#### **Preparation:**

Take following medications with a small sip of water: \_\_\_\_\_

**Report to outpatient registration at (time):** \_\_\_\_\_.

**Location:**  Surgery Center Plus     Community Hospital North     Community Hospital East  
7430 N. Shadeland                      7150 Clearvista Parkway                      1500 N Ritter Ave  
Suite # 100                                      317-621-5004                                      355-5487  
317-841-8005

Other: \_\_\_\_\_

**Please note:** If you cancel or reschedule your procedure, a 48 hour notice is required or you will be subject to a \$100 fee (\$25.00 physician fee and \$75.00 facility fee.)

**Post operative appointment Date:** \_\_\_\_\_

Time: \_\_\_\_\_

**Location:**  North Office                       East Office                       Noblesville Office  
7430 N. Shadeland #100                      1539 North Post Road                      18051 River Ave