

What is the Bridges to Health Program?

Bridges to Health (BTH) is an **educational** and **monitoring** program designed to help you and your loved ones who are covered under Community Health Network insurance better manage any or all of these conditions:

- Asthma
- Diabetes
- High Cholesterol
- Smoking Cessation

What are the benefits?

- **Free** education session
- Regularly scheduled consultations with pharmacists who are specially trained to help patients use their medications in the most effective ways possible
- Patients receive cost savings on medications related to the above conditions and diabetic testing supplies at copays ranging from **\$0-20 per prescription** (see chart below for some examples; although all medications for the disease state are discounted)*
- **Examples** of copay discounts

- Asthma

Medication	Cost with BTH	Cost at Walgreens without BTH	Cost at outside pharmacy
Advair Diskus®	\$0	\$40	\$50
ProAir® HFA	\$0	\$40	\$50
Symbicort®	\$10	\$40	\$50

- Diabetes

Medication	Cost with BTH	Cost at Walgreens without BTH	Cost at outside pharmacy
Humalog®	\$0	\$40	\$50
Lantus®	\$0	\$40	\$50
Januvia®	\$10	\$40	\$50

- High Cholesterol

Medication	Cost with BTH	Cost at Walgreens without BTH	Cost at outside pharmacy
Atorvastatin	\$0	\$5	\$15
Crestor®	\$10	\$40	\$50

- Smoking Cessation – all smoking cessation medications are covered free of charge for up to 32 weeks based on patient success and follow-up

*Prescriptions must be filled at a Walgreens Pharmacy to get Bridges to Health copay discounts.

Requirements:

- Must be an employee or family member who is covered by a Community Health Network sponsored medical plan
- Complete registration form (on back)
- Complete preliminary education class(es)
- Obtain baseline lab tests (if applicable) and any subsequent lab tests as recommended by national treatment guidelines
- Begin and maintain regularly scheduled appointments with a program pharmacist conveniently located at or near your primary care physician's office

Allow us to help you get better control of your disease state!

For more details, please call 855-832-7438 or 317-355-6913 or email BridgesToHealth@eCommunity.com.

Please circle all programs in which you would like to enroll:

Asthma

Cholesterol

Diabetes

Smoking Cessation

Patient Name: _____ Date of Birth: _____

Patient Address: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Preferred e-mail address: _____

Primary Care Physician: _____

Insurance Plan: Gold _____ Silver _____ Insurance ID Number: _____

Requirements of Participation:

- Must be an employee or family member who is covered by a Community Health Network sponsored medical plan
- Complete preliminary education class(es)
- Obtain baseline lab tests (if applicable) and any subsequent lab tests as recommended by national treatment guidelines
- Begin and maintain regularly scheduled appointments with a program pharmacist conveniently located at or near your primary care physician's office
- Please allow 2-3 business days to be contacted by the program coordinator to set up initial appointment(s).
- Medication co-pay waivers will be enacted after initial appointment(s) and baseline labs are completed. Please be aware that it may take 4-6 weeks for completion of all activities and activation of waivers.

Please sign to verify above information is correct, you have read and agree with the requirements of participation as outlined above and you give consent to be contacted by Bridges to Health:

Sign here _____

Please send completed form to BridgesToHealth@eCommunity.com or fax to 317-355-6846.