

PREPARATION

Upper Endoscopy

Esophagogastroduodenoscopy Technique: A fiber optic flexible scope is inserted through the mouth after the patient is sedated. The scope is about the diameter of a pen and has a light source at the end so that the physician can see the lining of the pharynx, esophagus, stomach and first portion of the small bowel (duodenum).

- 1. Do not eat any solid food after 8 pm the evening before your procedure.**
2. If your procedure is before noon, you may have clear liquids until midnight the evening before your procedure. DO NOT have anything after midnight. You may brush your teeth but do not swallow any liquid.
3. If your procedure is after noon, you may have clear liquids until 6 am the morning of your procedure. DO NOT have anything by mouth after 6 am. You may brush your teeth but do not swallow any liquid.