

CONTACT INFORMATION

Pre-operative nurse:
317.621.1855

Endoscopy Center scheduling
(or reschedule):
317.621.1800

Monday — Friday | 7 am to 4 pm
If you need to reschedule, please
provide 72 hours notice.

Physician office:
317.355.1144 or 317.621.6900
Monday — Friday | 9 am to 4:30 pm

Physician after-hours
answering service:
317.631.3466

Pre-registration:
317.621.1040

Billing questions:
317.621.0300

APPOINTMENT INFORMATION

Procedure date

Arrival time

Procedure time

TEXT REMINDERS

To receive a cell phone text
reminder for your appointment,
please text CHN to 622622.

The following instructions contain important information about your prep and your procedure. In order to have a successful procedure, please read and follow these instructions completely.

7 days prior to your procedure:

- **Pre-operative call:** The nurse will answer any questions and go over your instructions.
 - a) Please notify the nurse if you are allergic/sensitive to the metal NICKEL.
- **Female patients will have a reproductive history review.** A urine pregnancy test will be done before the procedure unless you have had a hysterectomy or if you are post-menopausal and have not had a menstrual period in at least 12 months.
- **Pre-registration call:** Staff will confirm your insurance information.
- **Transportation:** You **MUST** arrange to have a responsible adult (age 18 or over) bring you to the facility and stay in the facility throughout your visit. Arriving alone **WILL** result in the cancellation of your procedure. It is unsafe and illegal to drive while under the effects of sedation.

MEDICATIONS

Please notify our staff if you take any blood thinners such as apixaban (ELIQUIS), cilostazol (PLETAL), clopidogrel (PLAVIX), dabigatran (PRADAXA), dipyridamole (AGGRENOLX OR PERSANTINE), pentoxifylline (TRENTAL), prasugrel (EFFIENT), rivaroxaban (XARELTO), ticagrelor (BRILINTA), ticlopidine (TICLID), or warfarin (COUMADIN OR JANTOVEN). We will contact the physician who manages these to obtain permission for you to hold them for this procedure. **DO NOT STOP THESE MEDICATIONS ON YOUR OWN.**

Any heart, blood pressure, asthma/COPD, and seizure medications are to be taken with a small amount of water on the morning of your procedure.

If you are diabetic, please contact the physician who manages these specific medications for recommendations on the day of the prep as well as the day of the procedure.

SEE OTHER SIDE →

5 days prior to your procedure

- Do not eat whole kernel corn as it may interfere with the function of the scope.

1 day before your procedure:

- **Prep:** If you are having a colonoscopy and are unable to complete your prep or if you are not having clear to slightly yellow watery stools after you complete the prep, you **MUST** call the physician. See contact information for the physician's number.

Day of procedure:

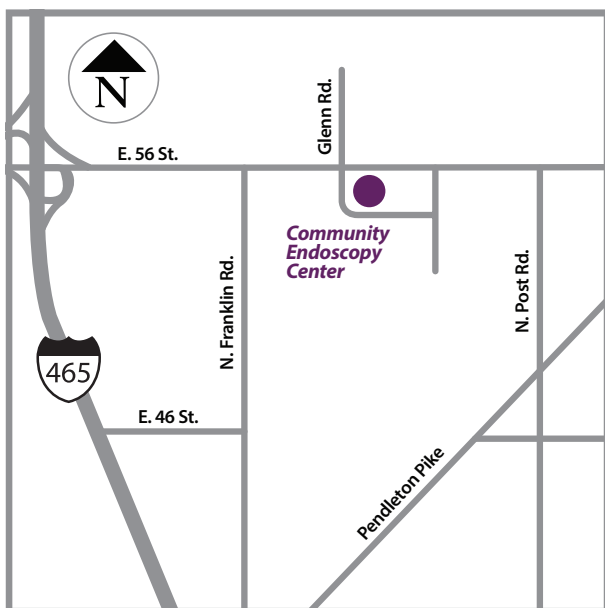
- Please plan on your stay at our facility lasting at least 2 hours.
- Please bring photo ID and insurance card.
- You will see the physician just prior to your procedure.
- You most likely will not remember talking with the physician after your procedure due to the effects of your sedation. You will be given written discharge instructions and procedure results which will include information on diet, activity and medications.

After your procedure

- For the rest of the day, you will not be able to drive or return to work. Normal activities may be resumed the following day.

PLEASE NOTE OUR LOCATION

The Community Endoscopy Center is located on the historic Fort Benjamin Harrison campus, on the east side of Indianapolis, just minutes from I-465.



From the North:

- Take I-465 South to the 56th Street exit (East).
- Take 56th Street East to the Fort Benjamin Harrison campus.
- After going through the stoplight at Franklin Road, you will go approximately 1/4 mile.
- We are on the right, or south, side of the street.

From the South and East:

- Take I-465 North to the Shadeland/56th Street exit.
- Stay to the right, and take the 56th Street ramp.
- Turn right (East) onto 56th Street to the Fort Benjamin Harrison campus.
- After going through the stoplight at Franklin Road, you will go approximately 1/4 mile.
- We are on the right, or south, side of the street.

CLEAR LIQUID DIET

- Water
- Tea, coffee
- Carbonated beverages (may have dark colored soda)
- Fruit flavored drinks
- Jell-O
- Apple juice, white grape juice
- Lemonade (no pulp)
- Broth (chicken, beef, or vegetable),
- Gatorade and popsicles.
- Hard candy, sugar, artificial sweeteners, honey and salt.

You may NOT have the following as part of the clear liquid diet:

- Red or purple liquids
- Dairy
- Coffee creamers
- Smoothies
- No corn 5 days prior