



## Free! A One-Year Supply of Prenatal Vitamins

During pregnancy, your nutrition needs will change significantly throughout pregnancy and breast feeding. Even if you are watching your diet and making sure to eat right, you are likely to need more of certain vitamins and minerals than you might usually get. To help make sure you and your baby get what you need – wherever you are in your journey—before you conceive, during pregnancy, and after you deliver, getting the right nutritional support is essential for your health and your baby's development. Therefore, one of the most important things you can do is to take a prenatal vitamin every day.

Now you can get a full year prescription absolutely free! Simply call, or come by a Wellspring Pharmacy. Bring your prescription for prenatal vitamins, or your empty bottle, and present this coupon or mention it to one of Wellspring's pharmacists. Our pharmacist will get your prescription filled for you and give you all the information you need.

Who is eligible? Any female that is pregnant and whose doctor recommends they take a prenatal vitamin supplement.

What is covered? A generic prenatal vitamin—check with our pharmacist to see if your vitamin is covered.

How do I get started? Ask your doctor for a prescription or tell us who your doctor is and will be happy to call for authorization.

Are all brands of vitamins covered? No, not all vitamin suppliers participate in our program.

[www.eCommunity.com/Wellspring](http://www.eCommunity.com/Wellspring)  
Hours

7 a.m. to 6 p.m. Monday thru Friday  
9 a.m. to 1 p.m. Saturday

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