

Health Blessings

*The Lord bless you
And keep you
The Lord make His face shine upon you
And be gracious to you
The Lord turn His face toward you
And give you peace.
Numbers 6:24-26*

Community Health Network
Parish Nursing & Health Ministries

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Talking the same language

We are fortunate at this time to be partnering with Carolyn Kirkendall on a special project as she works on her Master's degree at Indiana University. Primary goals are to review our documentation system to measure the impact of what you are doing in your congregations and communities while capturing the importance of relationships you are building. At the center of your stories is how faith connects with each of these relationships. We are naming this project "talking the same language".

Your feedback is essential as a new documentation form is developed (hopefully more user friendly and more meaningful for all of us). Then, Healthy People 2010's Leading Health Indicators-Priorities for Action will provide guidance for our work on this project with the hope that we will gain insight into determining evidence based best practices within parish nursing and health ministries. Check out the Healthy People web page at <http://www.healthypeople.gov> for further information and resources.

To provide further guidance in capturing your stories, Carolyn has visited via phone with Laura Rydholm, author of the DIARY form and other documentation research. Enclosed in this newsletter you will find a DIARY (Data, Interpretation, Action, Response, Yield) form. We are asking you to take a few moments to share one of your stories with us using this method. You can copy the form and email your stories to us if that is easier than mailing it. We are looking forward to your feedback.

This quarter you have completed 604 blood pressure screenings with 26 referrals. You have worked 432 hours. At \$30/hr you have donated \$1,296 of valuable professional time! Your parish nursing activities also include H1N1/flu prevention education as well as group programs on CPR, weight loss, walking, blood donor drives, bereavement, marriage and financial workshops, work with refugees etc. Most important, you have integrated faith as you connected body, mind and spirit through your work and relationship building. Thank you for all you do to make a difference!!

2009

Opening Doors to Healthier Faith Communities

Goals:

1. *Health Ministries class*
2. *Healthy Beginnings*
3. *Human Adventures of ME*
4. *Kids on the Block Puppets*
5. *AIDS Awareness*

UMCOR/Community Health Parish Nursing & Health Ministry Health Ministry Class

The first two day UMCOR/Community Health Network Workshop was held at Westfield United Methodist Church (UMC) in Westfield on Sept 2nd & 16th. Sandy Reilly, Parish Nurse at Westfield UMC hosted and assisted with the event. Seven Churches from District 5 & 6 completed the workshops, including: Cumberland UMC, Cumberland-Wendy Roberts; Epworth UMC, Indianapolis-Lucinda Higgs Lautz; First UMC of Sheridan-Rev. Carol Fritz; Grace UMC, Franklin-Christine Gilmore, Mohawk UMC, Greenfield-Janet Bearhope; Honey Creek UMC, Greenwood-Christi Sprinkle; and Windfall UMC, Windfall -Pastor Chris Ellis, Phyllis Mullins and Tina Mullins. Instructors were: Sherry McIntyre, Coordinator Health Ministries & Parish Nursing, Community Health Network and Parish Nurse at Amity UMC, Cheryl Larson, Parish Nurse Facilitator, Community Health Network, and Marge Ohl, Parish Nurse at Old Bethel UMC. These workshops were structured to assist United Methodist churches in setting up Health Ministry Programs in their own congregations.



Birthday Celebrations

October

- 1 Laure Reed
- 2 Carol Julian
- 11 Delores Franklin
- 25 Julie Petty
- 26 Miriam Riley
- 27 Gloria Schneeman
- 30 Dottie Soller

November

- 17 Cheryl Singer
- 29 Lucy Matthews

December

- 7 Holly Blondell
- 10 Theresa Shively
- 15 Nancy Foster
- 16 Bobbi Morrin
- 17 Pat Quattrocchi
- 22 Donita Scott

- 29 Mary Julius
- 31 Molly May



Westberg Parish Nursing Symposium



Attending the symposium: (left to right) Ellen Brock, Mary Lewis, Cheryl Larson, Ruth Ann Dellacca, Sherry McIntyre, Pat Quattrocchi, Linda Deardorff, Michele Tyring, and Jan Erlenbaugh Gaddis (St. Francis Hospital)

“Opening Doors to Wholeness” was the theme for the 23rd Annual Westberg Parish Nurse Symposium. Keynote Speakers and their addresses included: Julie Russell, RN, MA, is Executive Director Kansas Health Ethics, Inc. Wichita, KA. As a nurse dramatist, Julie shared “Who’s Knocking? Finding Room for the Most Vulnerable” through touching scenarios that reach across the gaps in health care and of ways we can serve. Tieraona Low Dog, MD, Director of Education Integrative Medicine Program University of Arizona in Tucson, discussed “Living in the Balance: Strategies for Optimal Well-Being”. Sheltered Reality, from St. Louis MO, provided ministry with a “message of personal empowerment, character building, and success in a changing world” through percussion, choreography and music. Philip Gulley, MDIV, Author and Quaker Pastor at Fairfield Friends Meeting House in Indiana, entertained us with his stories of church activities and health and about his meeting a parish nurse.

ResourcesAids

Awareness Congregational Action information:

www.worldaidscampaign.org-packet of materials to download

Alliance.ch/hivaid_ adventcal.jsp-prayer calendar to place on church web site

<http://www.ealliance.ch/newsletters.jsp>-bulletin insert

H1N1 Resources:

www.pandemicflu.gov

www.flu.gov

Mark your calendar:

Oct. 10: Indiana Aids Walk & Ride,
www.indianaaidswalk.org or call 317.630.1805

Oct. 17: Making Strides Against Breast Cancer 5K-White River State Park
(1.800.ACS.2345)

Dec. 1: World AIDS Day

Dec. 6: Celebrate AIDS Awareness in churches

November 17– Quarterly Mtg. CHE
6:02p.m.



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The mission of Community's Parish Nurse and Health Ministry Program is to promote an integration of faith and health through positive lifestyles and activities within the faith community. Parish Nurses and Health Ministry leaders seek to reach out to those who would benefit from involvement in their religious community. The goal is to model a holistic way of health, uniting body, mind and spirit through self-care for the physical, emotional, spiritual and social needs of life, and to assist others to do the same.

Health Ministry and Parish Nursing is practiced within a faith community and is based on the assessed needs of an individual congregation. Working with the pastor, church staff and health ministry committee to integrate faith and health in the congregation, the focus is on health promotion, health maintenance and illness prevention.

Nature XXVII, Autumn

By Emily Dickinson

The morns are meeker than they were,
The nuts are getting brown;
The berry's cheek is plumper,
The rose is out of town.

The maple wears a gayer scarf,
The field a scarlet gown,
Lest I should be old-fashioned,
I'll put a trinket on.

