

## What to Do on the Birth Day (Community Hospital North)

- Call your doctor before you leave home. He or she will notify the Maternity Unit that you are en route.
- Wait to call family and friends until you have been evaluated at the hospital (other than your support person, or those who will be caring for your other children or pets).
- Do not eat or drink on the way.
- Follow signs to the Hospital Main Entrance, and use the free valet service.
- Wheelchairs are located inside, if desired.
- Do not stop at the registration area in the lobby.
- Take the stone elevators behind the Information Desk to the 4<sup>th</sup> floor - unless your doctor has directed you to the 5<sup>th</sup> floor.
- Proceed to the glass OB Registration Booth on the 4<sup>th</sup> floor to check in. If you don't see anyone in the booth, use the silver doorbell/intercom on the wall near the doors and wait for the doors to open automatically.
- You typically will be directed to the "Triage" room for evaluation before being escorted to the "LDRP" ("Labor, Delivery, Recovery, Postpartum") room.
- If you have a Cesarean, the birth will take place in one of the Surgery Suites on the maternity unit. You will return to the LDRP for recovery and postpartum care.
- Your baby will visit the nursery for testing before going home, but other exams, bath, etc., are done at the bedside as baby "rooms in" with the parents.
- You will be given a passcode to share with your visitors. This is the only way to access the patient rooms from the waiting room.
- Ask your nurse about current visiting policies.

Best Wishes!!