

Hook Rehabilitation Services

What makes Hook Rehabilitation unique?

- Home to the most comprehensive continuum of care for the rehabilitation of persons with brain injuries in the state of Indiana
- Daily on-site involvement of clinical psychology and neuropsychology as leaders of the treatment teams
- A holistic approach to care, with treatment based on the patient and family's physical, social, and emotional needs
- Intensive therapy is reinforced through day-to-day activity
- Team focused rehabilitation is used for each individual's care
- Success is applauded and celebrated as patients return to their family and community life
- Multiple staff members with more than 20 years' experience in treating people with neurological disorders
- Hook athletics promotes involvement of patients and families in athletic, social and educational activities
- Immediate access to a full spectrum of medical services if needed

Established in 1974, Hook Rehabilitation Center was the first inpatient rehabilitation center in Indiana. The Commission on Accreditation of Rehabilitation Facilities (CARF) accredits Hook Rehabilitation Center for comprehensive rehabilitation in both the inpatient and outpatient settings. Hook has also received special designation from CARF for the following rehab programs: brain injury rehab for adolescents and adults and stroke rehab for adolescents and adults.

Hook Rehabilitation Center is a 54-bed comprehensive program dedicated to providing for the rehabilitation needs of individuals who sustain physical disabilities and/or cognitive disabilities. With both inpatient and outpatient services, we help people achieve their highest level of success and support them in returning to their family and community. To arrange a visit and tour or for additional information about Hook Rehabilitation services please call us at 317-355-5946 or 800-551-4665 (Hook) or visit our website hookrehab.com.

Ranked among the nation's most integrated health care networks, Community Health Network has more than 90 sites of care and nearly 500 integrated physicians throughout central Indiana. This includes Community Hospitals East, North and South in Indianapolis and Community Hospital Anderson; The Indiana Heart Hospital, part of Community Heart and Vascular; Indiana Surgery Centers; Community Physicians of Indiana; Community Home Health Services; MedCheck walk-in care centers and MedCheck Express convenience clinics; employer health services; nursing homes; and other health care facilities. Community Health Network is committed to getting you well and back to your life.

Hook Rehabilitation Center
1500 North Ritter Avenue
Indianapolis, IN 46219

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CSK35206-0910-1000



*The path
to recovery*

The Hook Rehabilitation team

Hook Rehabilitation Center, with inpatient services located at Community Hospital East and outpatient services at Fort Benjamin Harrison in Indianapolis, has assembled an outstanding and dedicated staff to address each patient's individual goals. The core team for each patient is composed of a physiatrist (a physician specializing in rehabilitation), rehabilitation nursing, a clinical neuropsychologist, a physical therapist, an occupational therapist, a speech language pathologist, a recreational therapist and a case manager. The patient and his/her family are integral parts of the team and are encouraged to participate at all levels of their recovery.

Acute unit

The Hook acute rehabilitation unit is a 42-bed inpatient program designed for the individual who is medically stable and can tolerate at least three hours of therapy a day. In addition to physiatrists, this program also has a physician who specializes in internal medicine to help address overall health issues to help the recovery process. Acute rehabilitation integrates physician, nursing and therapy skills to address the specific needs of patients who have complex rehabilitation requirements.

Brain injury rehab unit

The Hook Rehabilitation brain injury unit is a 12-bed unit consisting of two specialized treatment programs – acute brain injury rehabilitation and neurobehavioral rehabilitation. The acute rehabilitation program focuses on both cognitive and physical rehabilitation. The post acute neurobehavioral program focuses on the behavioral and cognitive aspects of a brain injury that often prevent patients from returning home independently. These units, although on the same floor, consist of two distinct treatment teams and specialized treatment space.

Brain injury outpatient day treatment program

The brain injury day treatment program is one of the first holistic brain injury programs in the country, and remains one of the few programs of its type nationally. Its foundation is in brain-behavioral relationships established in neuropsychological evidence-based practice. This foundation includes behavior, awareness, cognition and emotion. These inter-related factors are constantly integrated into the clients' individual and group therapies, ensuring the highest level of success for each person in all areas: independence in the home, independence in the community, success on the job, and return to a productive lifestyle. The outpatient clinic is located on the historic Ft. Benjamin Harrison campus. The off-site location helps to facilitate the transition of newly acquired skills from the hospital environment to the community and includes easy access to restaurants and shopping.

Semi-independent living program

The semi-independent living program is located within a neighborhood midway between Community Hospital East and the outpatient clinic. The program is a transition from hospital to home supporting the skills learned in the outpatient setting with the goal of returning to independent living. The semi-independent living program is supervised 24 hours a day by trained staff. Each client must demonstrate readiness to participate in the complexities of daily living including medication management, grocery shopping, meal planning and preparation, cleaning and laundry, as well as in enjoying their leisure time and following a daily schedule. All clients living in the semi-independent living home must be participating in the outpatient day treatment program and are transported there daily.

Family involvement/education

Patients and families are important members of the rehabilitation team and are vital to the process of goal setting, treatment plan development and discharge planning throughout the course of the rehabilitation program. The Hook Rehabilitation Center staff offer information and educational opportunities for families and are readily available to answer questions. Booklets, videos, brochures, and web site suggestions are also available thanks to the generosity of the Helen Englehart family.

The outpatient day treatment program hosts a patient and family education day on a monthly basis. In addition, a stroke support group led by a psychologist is offered once a month at Community Hospital East. Brain injury support group information can be accessed on our website hookrehab.com.

Hook athletics

The mission of Hook athletics is to change lives by providing new challenges and encouraging individual wellness. The program involves participants with disabilities in adaptive athletic opportunities, educational clinics and social events. Program offerings are two to four times each month and are typically free for participants. Some annual events include overnight camping adventure, golf, bocchia, bowling, euchre tournament and casino night. To be involved in Hook athletics as a participant, volunteer or sponsor, please call 317-355-5281 or e-mail karguello@eCommunity.com for more information.